

174 Hz Tuning Fork

The **174 Hz** frequency helps motivate organs to function at their optimal state while also giving them a sense of security, safety and love. This is a great tool for Biofield Tuning. This lower tone also works like a natural anesthetic by reducing pain.

This fork is also in the Solfeggio sets for the Missing 3 and the set of 9.

Benefits:

- Pain relief
- Natural anesthetic
- Promotes Security
- Promotes Love
- Increases Concentration
- Reduces emotional pain
- Elevates courage
- Promotes restoration
- Promotes organ health



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Application

Audio:

Activate fork on a hockey puck or mallet or heel of hand for weighted Fork. You can also use this on a body part like a knee or thigh although it will be a much more muted sound and won't ring as long as with an activator. Bring the tines within 3-6 inches from the ear. Take a deep breath during the ring time. Repeat again on the other ear. Do this as many times as desired.

Body:

For the unweighted fork activate the fork and point the tine at the desired area of the body. The tines should be 2-3 inches from the body.

For the weighted fork activate the fork and place the stem on the desired area of the body.

As the fork works as a natural anesthetic it should help to relieve pain. Do this as many times as desired or needed.

This also includes a handmade velvet carry bag. Don't forget to purchase a hockey puck or a mallet if needed.

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