



Boxed Lunch Menu Options

Boxed Lunch #1: Includes choice of sandwich, choice of side salad, choice of dessert and choice of beverage

Boxed Lunch #2: Includes choice of wrap, choice of side salad, choice of dessert and choice of beverage

Boxed Lunch #3: Includes choice of three salads, choice of healthy roll, choice of dessert and choice of beverage

Sandwiches & Wraps Selection for Boxed Lunches #1 & #2:

All-Natural, Free-Range Turkey, Brie with Herbs, Honey Mustard, Lettuce & Tomato on French Bread.

Grilled Free-Range Chicken, Balsamic Glaze, Monterey Jack Cheese, Lettuce and Tomato on Sourdough Bread.

Black Forest Ham, Swiss Cheese, Dijon-Mayo, Lettuce and Tomato on Ciabatta Bread.

Citrus Veggie or Lemon Dill Tuna Salad with Sliced Cucumber, Sprouts and Tomato on Whole Grain Bread.

Veggie Burger, Greens, Tomato and Vinaigrette on Whole Grain Bread.

All sandwiches can be made into wraps using cucumber, spinach or whole wheat wraps.

99 Main Street, Southampton, NY 11968

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Salads Selection for Boxed Lunch #3:

Honey Mustard Chicken Salad
Grilled Balsamic Chicken Salad
Curry Chicken Salad
Traditional Chicken Salad
Lobster Salad *
Citrus Veggie Tuna Salad
Lemon Dill Tuna Salad
Shrimp Salad **
Tomato, Mozzarella and Basil Salad
Pasta Salad of the Day
Country Coleslaw
Classic Potato Salad
Fresh Fruit Salad
Sesame Snap Pea Salad

Side Salads Selection:

Pasta Salad, Country Coleslaw, Mixed Green Salad, Fruit Salad, Tomato & Mozzarella Salad, Small Bag of Chips, Apple, Orange or Banana

Desserts:

Brownie (without nuts), Chocolate Chip, Oatmeal Raisin or Gluten-Free Cookies

Beverages:

Bottled Water, Snapple Iced Tea, Coke, Diet Coke, Sprite, Diet Sprite, Orangina.

Healthy Rolls:

Whole Grain, French, Sourdough or Cornbread

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Price: \$17.95 each
* \$29.95 each for lobster salad
** \$24.95 each for shrimp salad

Boxed Breakfast:

The boxed breakfast includes choice of either fresh fruit salad or fresh yogurt and berries, choice of fresh baked pastry, orange juice* or bottled water and energy bar.

Price: \$11.95 each

* price is for Tropicana orange juice. Fresh squeezed orange juice is \$5.00 more.

Muffins:

Blueberry
Fat Free Blueberry
Apple Crumb
Corn
Low-Fat Health
Raisin Bran
Banana Oatmeal
Carrot

Pastries:

Scones
Croissants (Plain, chocolate, apple or almond)
Cinnamon Buns
Cheese Danish

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