BRAVE + boss
THE PODCAST
with Kristi Soomer

YOUR YEAR IN REVIEW

[worksheet]

Episode 6

How to use this Worksheet:

Set aside a blocak of 60-minutes with no distractions, and think back on the past year (or month, or week) that you want to review. Focus in on moments where you felt triumph, success and joy. As well as those moments where you made a mistake, failed, or learned from something. Try to find a balance of both!

WHAT YOU DID RIGHT

WHAT YOU DID WRONG