



Nourishing Nutrients

WHOLESALE

REFERENCE GUIDE



About Us

Nourishing Nutrients was created out of sheer desperation to bring "premium" but affordable Organic Superfoods into the market.

The small family ran business is trying to make a difference to peoples lives, noticing that some organic products were semi-affordable, but they certainly weren't the premium quality of the product.

Wanting premium organic and organic quality superfoods to be affordable to everyone. We source our products from countries with the highest and best quality products.

Nourishing Nutrients, as the name depicts, concentrate on sourcing the purest nutrients with the least amount of altering, that are all derived from nature, or as our motto "Sourced from Nature".

www.nourishingnutrients.com







Nourishing Nutrients



Sourced from Nature



Organic Mushroom Powder

Mushroom extract powder is derived from Ancient Chinese Medicinal Techniques. Lion Mane, Reishi, Wood Ear & Shiitake has been shown to improve mood- focus & lower stress, while Cordyceps & Chaga increase your stamina. All 10 real mushrooms are Immunity boosting & cell health supporting.



Supports
Brain Health



Energy
Booster



Decrease
Stress Levels



Mood
Enhancer



Immune
Support



Detoxifies

Pearl Powder

Pearl powder, esteemed for its anti-aging properties, is believed to bolster skin elasticity, diminish fine lines and wrinkles, and promote a radiant complexion. Its rich mineral content, encompassing calcium, magnesium, and amino acids, potentially supports bone health and aids in injury recovery. Additionally, as an antioxidant, pearl powder may fortify hair and nails. Our enzymatically hydrolyzed Freshwater pearl powder ensures -optimal nutrient absorption and bioavailability, offering versatility in application, whether mixed with foods and beverages or incorporated into skincare routines.



Hair & Nails



Skin Health



Bone Health



Healthy Sleep



Antioxidants





Organic Perilla Seed Extract

Organic Perilla Seed Extract, sourced from the perilla plant native to East Asia, is renowned for its potential health benefits. Organic perilla seed extract with organic rosemary leaf extract preserves all beneficial properties through hot water extraction. Rich in rosmarinic acid, a powerful flavonoid, it offers relief for oral health, constipation, and itchy skin.



Allergy Support



Cognitive Support



Antioxidant



Digestive Health



Boost Immunity



Macular Health

Organic Black Cumin Seed Oil

Black cumin oil is perfect to use internally and externally. Great for immunity boosting, blood sugar stabilization, joint pain relief and excellent on your skin to naturally soften, strengthen, and firm. Calms inflamed itchy skin and some studies even suggest it may be useful against scars and to prevent scar formation on wounds. For hair, It is shown to help increase hair growth and reduce dandruff.



Radiant Skin
and Hair



Digestive
Health



Immunity
Booster



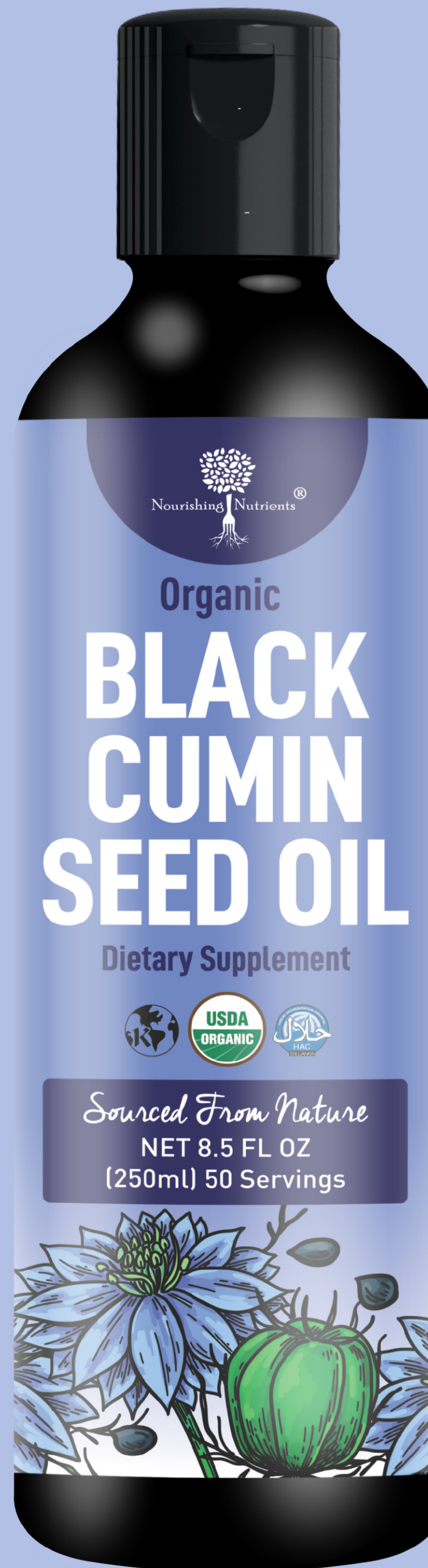
Increased
Energy

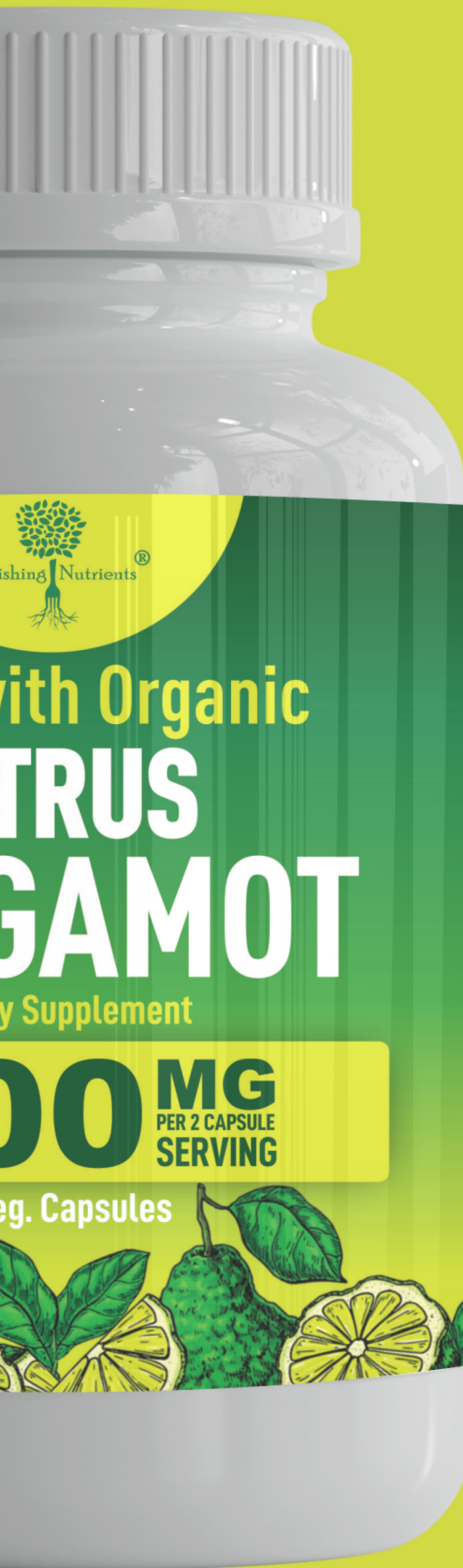


Weight
Loss



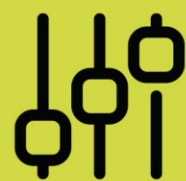
Helps Ease
Joint Pain





Organic Citrus Bergamot

Citrus Bergamot helps maintain healthy cholesterol levels, support balanced blood sugar and triglyceride levels, promote healthy weight management and help improve blood vessel function.



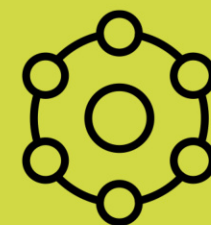
Healthy Triglyceride Levels



Improved Vessel Function



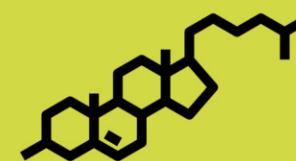
Stabilizes Blood Pressure



Antioxidant



Heart Health



Natural Cholesterol Control

Wild Caught Fish Eggs

Wild Caught Hoki Fish Eggs have natural occurring omega-3 fatty acids, eicosapentaenoic acid (EPA), and ocosahexaenoic acid (DHA), which are found to be essential for brain and heart health* and may reduce inflammation that can lead to chronic disease.* Studies have shown that it also contain a substantial amount of Vitamin B12 that helps the body to convert food into energy.



Supports
Cognitive
Function



Supports
Vision



Boosts
Immunity



Promotes
Development



Heart Health

Organic Fisetin

Fisetin is a powerful flavonoid that naturally helps clearing mental fog and enhance cognition, acts as a powerful antioxidant that helps support anti-aging, with high polyphenols that supports organ health, brain health, mood, blood pressure and blood circulation.



Powerful
Anti-aging



Antioxidant



Boosts Memory
and cognitive
function



Anti-
Inflammatory



Promotes
Longevity



Organic Gelatinized Black Maca

Black Maca increases memory & concentration, help promote rapid muscle growth & endurance. As an adaptogen, maca root extract can help balance your hormones, supporting stamina & lowers stress levels in both men & women.

Gelatinized Maca enhances absorption and eases digestion. unlike raw maca, which can cause bloating from starch.



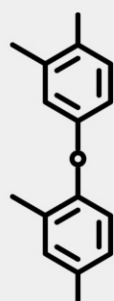
Endurance and Strength



Mood Enhancer



Improved Relations



Stabilizes Hormones



Memory and Concentration



Adaptogen



Note: Packaging may vary

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