

THE MARKET

Locally-sourced, organic ingredients direct from our suppliers.
Restocked daily.

HOUSEHOLD

TOILET PAPER	\$1.75/1 ROLL
LAUNDRY DETERGENT ...	\$26/170 OZ BOTTLE
DISH SOAP	\$2.50/25 OZ BOTTLE
TISSUES	\$1.50/1 BOX 100 SHEETS

PRODUCE

BANANAS	\$2.00/POUND
AVOCADOS	\$2.00/EACH
BARTLETT PEARS	\$1.25/EACH
GRANNY SMITH APPLES	\$1.25/EACH
HONEYCRISP APPLES	\$1.00/EACH
TOMATO	\$1.50/EACH
HOTHOUSE CUCUMBER	\$2.50/EACH
CELERY HEARTS	\$4.00/PACK
BUTTERNUT SQUASH	\$2.25/POUND
ORGANIC SPRING MIX	\$4.50/5 OZ
RED ONION	\$1.50/POUND
YELLOW ONION	\$1.00/POUND
SPRING GREENS	\$5.00/POUND
ROMAINE HEARTS	\$4.00/3 PACK
WATERMELON RADISH	\$4.00/POUND

PANTRY

STEEL CUT OATS	\$1.75/POUND
QUICK COOKING ROLLED OATS (GF)	\$4.50/POUND
ALMONDS SLICED	\$13.00/POUND
WALNUTS	\$15.00/POUND
PECANS	\$18.00/POUND
PUMPKIN SEEDS	\$10.00/POUND
FLAX SEEDS	\$4.00/POUND
ORGANIC RAW HEMP HEARTS ..	\$14.00/POUND
CHIA SEEDS	\$6.00/POUND
CONFECTIONERS SUGAR	\$2.50/16 OZ BOX
BROWN SUGAR	\$2.50/16 OZ BOX
SUGAR IN THE RAW	\$8.00/32 OZ BOX
BAKING SODA	\$3.00/32 OZ BOX
DRIED BLUEBERRIES	\$14.00/POUND
CRYSTALLIZED GINGER	\$6.00/POUND
DRIED CRANBERRIES	\$6.00/POUND
CHILEAN FLAME DRIED RAISIN ..	\$6.00/POUND
ALL PURPOSE FLOUR	\$3.00/POUND
WHOLE WHEAT FLOUR	\$4.00/POUND
GRANOLA BAR PACK (GF)	\$26.25/PACK
PENNSYLVANIA RAW WILDFLOWER HONEY	\$10.50/1LB JAR
SPINDRIFT SPARKLING WATER	\$12.00/8 PACK





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COFFEE + TEA

- COFFEE BEANS (PERU, GUATEMALA, COLUMBIA, TRAVELERS BLEND)**.....\$14.00/12 OZ BAG
- EARL GREY TEA**.....\$3.00/1 OZ
- ENGLISH BREAKFAST TEA**.....\$3.00/1 OZ
- SENCHA TEA**.....\$7.00/1 OZ
- HIBISCUS TEA**.....\$2.50/1 OZ
- GINGER LEMON TEA**.....\$3.00/1 OZ
- CHAMOMILE TEA**.....\$3.50/1 OZ
- MASALA CHAI TEA**.....\$3.50/1 OZ
- ROOIBOS TEA**.....\$2.50/1 OZ
- MATCHA TEA POWDER**.....\$10.00/1 OZ

PLANT BASED (VEGAN)

- VEGGIE PROSCIUTTO**.....\$6.00/3 OZ PACK
- PLANT BASED "TURKEY" DELI SLICES**.....\$7.00/2.5 OZ PACK
- PUMPKIN SEED PESTO TOFU "MOZZARELLA"**.....\$4.00/14 OZ PACK
- HUMMUS**.....\$4.00/8 OZ CONTAINER
- ALMOND BUTTER**.....\$12.50/16 OZ JAR
- PEANUT BUTTER**.....\$3.50/16 OZ JAR

UNITED BY BLUE FAVORITES

- HERB ROASTED CHICKEN**.....\$5.00/POUND
- BRINED & ROASTED TURKEY BREAST**.....\$16.00/2 POUNDS
- HOUSE PREPARED MAPLE PEPPER BACON (COOKED)**....\$10.00/POUND
- UNCOOKED BACON**.....\$8.00/POUND
- HOUSE PREPARED BISON SAUSAGE PATTIES**.....\$15.00/4 PACK
- FROZEN GROUND BISON**.....\$20.00/POUND
- WHOLE EGGS**.....\$2.00/HALF DOZEN
- TURKEY NOODLE SOUP**.....\$10.00/1 QUART
- WHITE BEAN VEGETABLE SOUP**.....\$10.00/1 QUART
- GRAIN SALAD (WILD RICE, DRIED CRANBERRIES, WALNUTS, HERBS, OLIVE OIL)**.....\$4.50/12 OZ
- THE FIX OATMEAL**.....\$8.00/POUND
- SMOOTHIE PACK (4 ASSORTED FROZEN SMOOTHIE MIXES), ALT MILK OF CHOICE**.....\$28.00/1 PACK





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DAIRY + ALT MILK

ALMOND MILK.....	\$5.00/32 OZ
SOY MILK.....	\$5.00/32 OZ
OAT MILK.....	\$5.00/32 OZ
COCONUT MILK.....	\$5.00/32 OZ
VEGAN BUTTER.....	\$6.00/15 OZ TUB
BUTTER.....	\$5.00/POUND
SLICED SHARP WHITE CHEDDAR CHEESE.....	\$10.50/POUND
SLICED WHITE AMERICAN CHEESE.....	\$5.50/POUND
WHOLE MILK.....	\$8.00/GALLON
PLAIN CREAM CHEESE.....	\$5.00/POUND
HOUSEMADE VEGGIE CREAM CHEESE.....	\$8.00/POUND
HOUSEMADE SCALLION CREAM CHEESE.....	\$8.00/POUND
ORGANIC GREEK YOGURT.....	\$10.00/32 OZ JAR

HOW TO ORDER



1. Next Day Pickup:

Email TheMarket@UnitedByBlue.com
by 3pm for next day pickup by noon

2. Same Day Pickup:

Call 267-457-3114 for current
availability and to place your order
for same day pickup

3. Delivery:

Place your order via our GrubHub page

