



# WELCOME BACK!

To keep everyone protected - including infants, toddlers and children who are too young to be vaccinated - **we continue to require masks in all our spaces.** This applies to all staff, customers and class attendees older than 2 years.

Below are the procedures that have been put in place for our retail & classroom spaces, going beyond federal & state requirements. We appreciate your patience and support during this time!

## **PLEASE NOTE: Live Virtual Classes vs In Person Classes**

Most classes are still virtual at this time. A few more in-person will be added for the summer months soon, most others will begin in the fall.

All in-person offerings will have IN-PERSON in the class title.

**View current in-person offerings at**

<https://www.naturalresources-sf.com/collections/in-person-classes-groups>



## **CLASSES + CLASSROOM**

**In-Person Requirements** – For all in-person classes we require that students wear a mask. Students must self-attest to being vaccinated, and/or to having no known exposure to or symptom of COVID-19 (no cough, fever, or other symptoms), for 14 days from the onset and until they are fever free for at least 24hrs.

**Online Registration Required** – We are requiring that students **pre-register for all in-person classes** in order for us to prepare sufficiently for class with limited staff. **Drop-in are NOT allowed.** You can register for in-person classes & groups through our [website](#). If you have a membership with us please [request registration here](#) to receive your discount.

**Waitlists** – If a class is full, you can add yourself to the waitlist. You will be notified by email if space becomes available. Please be sure to immediately sign up as spaces are filled on a first come first serve basis. Add [classes@naturalresources-sf.com](mailto:classes@naturalresources-sf.com) to your contact list to avoid emails ending up in your spam.

**Waivers** – There is a new waiver that everyone must sign before they attend class in person. It will be included in the welcome email sent before each class (please check your spam). You can [access it here](#) if you cannot find the email. Please fill out before coming to class to speed up the check in process.

**We Recommend You Bring Your Own Supplies** – Please bring whatever nursing pillow, mats and blankets, etc you need for you and baby to be comfortable. Our supply may be unavailable or limited.

**No Eating / Limit Drinking in Class** – We are scheduling shorter classes at first to avoid the need for snacking or drinking during classes. We ask that you do not eat in class and limit drinking. Please replace your mask immediately between sips.

**Social Distancing Within the Classroom** – Our class sizes and the number of classes scheduled back-to-back in person will be significantly reduced to allow for increased personal space and ample air circulation.

**Cancellation Policy** – Our normal [cancellation policy](#) applies. All classes must be cancelled (for store credit) 10 days prior to the start of class. We ask for everyone's commitment to being considerate and canceling all class reservations in a timely manner so other families can participate in the class if you are unable to.



## ENTIRE SPACE (store & classroom)

**Staff and Self Checks** – If any staff or students tests positive for COVID-19, feel unwell, have a cough, fever, or symptoms of COVID-19, we are asking those individuals to stay home for 14 days from the onset and until they are fever free for at least 24hrs.

**Masks + Social Distancing** – We are requiring staff and visitors to wear a face-covering in our entire space until further notice. Please respect the personal space of others.

**Please Wash or Sanitize Hands Often** – There will be hand sanitizer at the entrance, the desk and in the classroom. We will ask that you please use it often or wash your hands at one of our three sinks (in our kitchenette area, and in bathrooms).

**Access to Amenities** – Access to restrooms, changing tables & nursing/feeding area is available, we just ask that you please respect the personal space of others when in these areas.

**Space Updates** – Air purifiers have been added to our classroom and store as an additional safety measure. We also have CO2 monitors to access air circulation in the store, classroom & bathrooms.

**Continued Cleaning Diligence** – We will continue frequent disinfecting of high touch areas.