Clothing and Equipment List

Items with a * are items that we have available to lend

Please note: for the backcountry part of the trip all the student’s personal equipment must fit in their backpack. This includes a subset of the clothing on this list, their sleeping bag, and pad.

Much of this equipment we have available to lend on a first come, first served basis. Please let us know ASAP what items you think you will need to borrow.

☐ *Footwear: Lightweight hiking boots. Sturdy running shoes are ok.
☐ An additional pair of light shoes are suggested for walking around camp. Please note that the only time it is ok to go barefoot on the trip is in a tent!
☐ 2 pr socks

Clothing: Not all of this will go on the “backcountry” part of the trip
☐ 1 pr shorts
☐ underwear
☐ 1 pr sweats or pants – loose and comfortable
☐ 2 T-shirts
☐ *1 pair long underwear top and bottom. Synthetic preferred.
☐ *1 wool or fleece sweater or sweatshirt of synthetic or fleece material.
☐ *1 warm jacket or sweater. We may be able to dispense with this depending on the weather just prior to the trip*.
☐ *1 set rain jacket and pants – coated nylon or gortex type. (Waterproof. Please do not skimp on rain gear. Each student MUST have WATERPROOF pants and jacket or a poncho. Inexpensive ponchos are available)*.
☐ *1 pr warm gloves or mittens
☐ *1 hat – wool or fleece*

Sun Protection:
☐ *1 hat with visor
☐ *1 pr sunglasses. You must have sunglasses.*
☐ *1 bandanna
☐ *1 sunscreen and lip balm, SPF 15 or higher

Sleeping Gear:
☐ *1 warm sleeping bag (no cotton!) with stuff sack. The lowest temperature we expect would be 25°F. Most likely it will be in the mid 40’s at night. We will provide these but if you have a good sleeping bag you are welcome to use it. *
☐ *1 sleeping pad for underneath sleeping bag. Foam pads work fine and are better than inflatable pads unless the inflatable is a Thermarest. Please do not bring a large Kmart air mattress type pad!*