





be prepared!

Competition Checklist







Costumes & Related

- Costumes, Hair Accessories/Hats, Props
- All Tights: Convertible, Stirrup, Footless, Fishnet (All colours needed + Extras)
- Shoes: Jazz, Tap, Ballet, Turners, Socks
-  Body Glue, Sticky Costume Tape
-  Undergarments (Bras, Pasties, Nude Underwear/Thongs, Bodyliner)
- Wash Bag
- Plain Black Leotard
-  Warm-up Booties
- Studio Jacket
- Leg Warmers, Warmup/Coverup Pants
-  Foot Spray, Shoe Dryers
- Garment bags: one for each costume
- Makeup case/Caboodle with Mirror
- Rac'n'roll/ Dance bag



Makeup & Personal Care

- Face Moisturizer & Primer
-  Eye Shadow (In Comp Colours)
- Blush & Bronzer
- Eye Liner & Mascara
- Lip Liner, Lipstick & Glitter
-  Makeup Brushes, Beauty Blenders
- Tweezers, Eyelash Curler & Pencil Sharpener
- Q-Tips, Cotton Pads
- Floss & Toothpicks
-  Razor & Shave Bar/Cream
- Deodorant
- Body & Hand Lotion, Hand Sanitizer
- Nail File & Clippers
-  Makeup remover & face cloth



Items available at MOD Dancewear & Boutique

- Apolla socks & refresher spray
- FaceOff makeup remover cloths
- Grishko/Bloch warm up booties
- Stage Beauty Co. makeup and brushes
- Tspheres aromatherapy massage balls
- Kitsch eco friendly elastics, brushes, shave bars & razor
- Capezio blister pack, costume tape, shoe dryers & toe tape
- Kissed By Glitter body glue, rhinestone jewellery and hair supplies

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Competition Checklist

Hair Accessories + Jewellery



- Hair Brush & Comb
- Edge Comb/Flat Brush (for Flyaways)
- Gel, Hairspray & Empty Spray Bottle
- Curlers, Flat Iron and/or Curling Iron
- Ponytail Elastics
- No-Snag Braid Elastics & Elastic Cutter
- Hair Nets
- Bun Pins & Bobby Pins
- Bun Maker, Hair Extensions/Wigs
- Rhinestone Ponytail Elastic or Barrette
- Rhinestone Earrings
- Rhinestone Choker

Travel Essentials



- Water bottle or Travel mug
- Healthy snacks & drinks
- Cash (parking, vending machine, merch)
- Address & directions
- Neck pillow & eye mask

Add Your Own List:

- _____
- _____
- _____

Emergency + Just-In-Case



- Sanitary Products
- Sewing/Costume Repair Kit (Scissors, Needles, Thread, Stitch Ripper, Safety Pins, Extra Snap/Clasp, Elastic, Fabric Glue)
- Tide-To-Go/Clear Unscented Soap for Stain Removal
- Hair Dryer
- Clear Nail Polish & Remover
- First Aid Kit (Instant Ice/Heat Packs, Rubbing Alcohol, Band-Aids, Muscle Relief)
- Blister Pack, Toe Tape, Toe Spacers, Moleskin
- Small screw driver for taps
- Lint Roller, Steamer & Static Guard
- Paper with Emergency Contacts
- Phone Charger
- Apolla Shock Refresher Spray, Rosin
- Kinesiology Tape, Heated Tape
- Knee Pads
- Pain Meds, Gravol, Ginger Chews, Mints
- T-Spheres, Massage Balls

- _____
- _____
- _____

be prepared!

Garment Bag ID Tag

DANCER'S NAME: _____

ROUTINE NAME: _____

SHOES: _____

TIGHTS: _____

HAIR ACCESSORIES: _____

PROPS/EXTRAS: _____

STUDIO NAME: _____

*"All dreams are within reach. All you have
to do is keep moving towards them."*

-VIOLA DAVIS

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