

Hike and Mingle

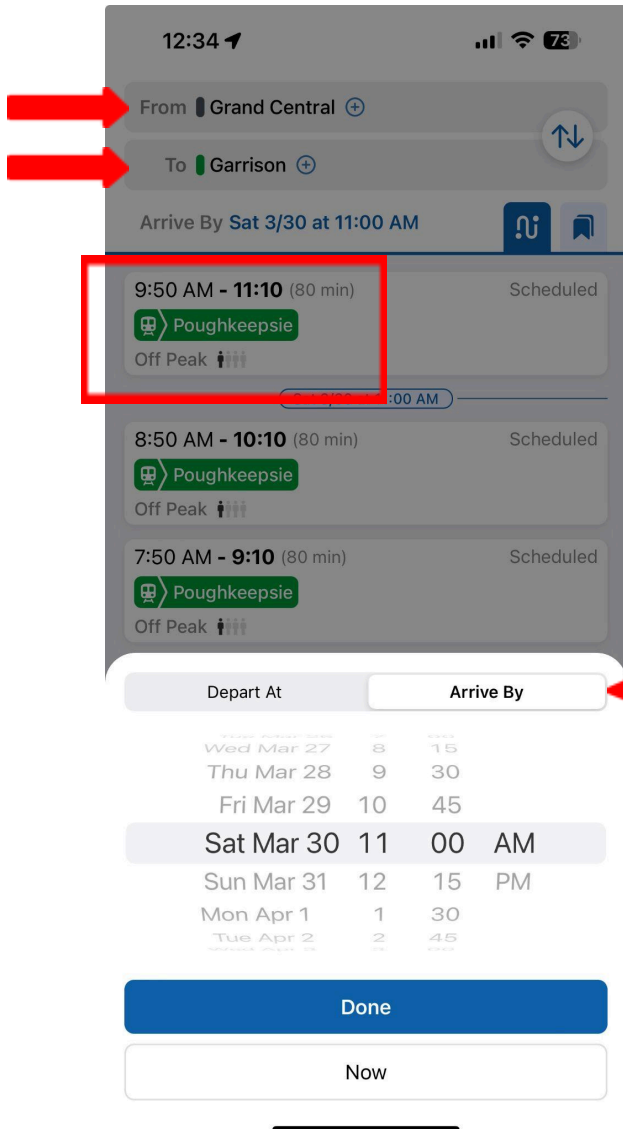
Guide to Using the MetroNorth to Hike in Hudson Highlands State Park

Step 1: Find the Metro North Station closest to your trail (ex: Arden Point and Glyncliff trailhead starts in the Garrison Station parking lot)

Step 2: Download the application MTA TrainTime



Step 3: Find the schedule departing from your home station (if in NYC, that will be Grand Central or Harlem 125th) that will get you to the station by the meeting time.



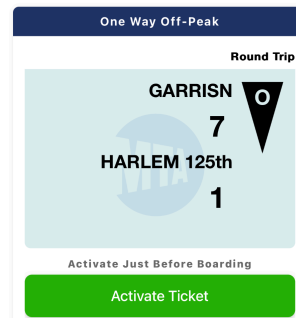
Step 4: Select schedule and purchase your ticket (pay attention to off-peak and peak timing as they have different pricing)

Step 5: Arrive at your departing station (give yourself no less than 10 minutes before departure time. Sometimes trains arrive/depart early or a little later, or track changes at the last minute).

Step 6: If you are in Grand Central, see which track the **Green Hudson line** is on for your scheduled departure time. Follow signs.

If you are at Harlem 125th station, the track number will be on the departure boards inside the station. All tracks are upstairs and outside.

Step 7: Select an empty seat once aboard. Activate your electronic ticket on the TrainTime app for the conductor to scan.



Ask them which side of the train the Hudson River will be on - you'll want to sit on that side for a beautiful ride!

Lastly, use the bathroom at the station and on the train!