



CONTENTS LIST - Hiker First Aid Kit

Qty	Item	Have	Need	Have	Need	Have	Need
x 2	Antiseptic Cleansing Wipes Single						
x 2	Antiseptic Cream Sachet 1g						
x 1	Conforming Bandage Premium Heavy Beige 10cm						
x 1	CPR Face Shield with Gloves in Pouch Keyring						
x 1	DuoDerm Extra Thin 9cm x15cm						
X 1	Emergency Thermal Blanket						
X 2	Eye and Wound Wash Saline 15ml						
x 1	First Aid BumBag - Green						
x 1	First Aid Guide Leaflet DL						
x 1	Gauze Swabs 7.5cm x 7.5cm (3)						
X 1	Gloves Nitrile PF Large Pair						
x 1	Instant Ice Pack - 80g						
x 1	Koda Energy Gel Sachet 45g - Lemon Lime						
x 1	Non Adherent Dressing 7.5cm x 10cm						
x 1	Non Adherent Eye Pads White - 5.5 x 7.7cm						
x 1	Non Woven Micropore Paper Tape 1.25cm x 5m						
x 1	Plastic Plasters Env (10)						
x 1	Splinter Probes (5)						
x 1	Stainless Steel Universal Shears with Plastic Tip 15cm						
x 1	Sunscreen Ultra Protect SPF50+ Sachet 10ml						
x 1	Triangular Bandage Non Woven White - 110cm x 110cm						
x 1	Tweezers 7.5cm						
x 1	Wound Closure Strips - 3mm x 75mm (5)						
x 1	Wound Dressing White - 8cm x 10cm						

