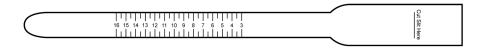


METHOD 1 - PAPER SIZER

- 1. Carefully cut out the paper sizer below. Cut through the area marked "cut slit here" for the ruler to slide through.
- 2. Wrap the sizer around your finger with the numbers facing out and slide the rounded end through the opening.
- 3. For more accurate results, pull the sizer tight over the widest part of your finger. This could also be your knuckle.
- 4. Read the number that lines up next to the slit. This is your ring size.



TIPS

- Measure your finger later in the day when it is at its largest.
- Avoid measuring your finger when it is cold, this is usually the smallest.

METHOD 2 - MEASURE AN EXISTING RING

- 1. Choose a ring that fits your finger already.
- 2. Pleace the ring over the circles below by matching the inside of the ring with the closest circle.
- 3. If the ring falls between two sizes, select the larger size.



