



Focus Personal Fitness Studio Rate Card

www.focuspersonalfitness.com



focus
personal.**fitness**.studio

FOCUS PERSONAL FITNESS STUDIO

PERSONAL TRAINING

| | 60 Min | 45 Min | 30 Min |
|----------------|---------------|------------------|---------------|
| Single Session | \$76.65 | \$62.20 | \$57.95 |
| 5 Pack | \$365 (\$73) | \$300 (\$60.00) | \$275 (\$55) |
| 10 Pack | \$720 (\$72) | \$580 (\$58.00) | \$530 (\$53) |
| 20 Pack | \$1400 (\$70) | \$1120 (\$56.00) | \$1020 (\$51) |
| 25 Pack | \$1725 (\$69) | | |

NEW MEMBER START UP PACKAGE

(Only available to new members within 30 days of joining)

| | 60 Min | 45 Min | 30 Min |
|-----------------------|--------------|--------------|--------------|
| 5 Pack | \$315 (\$63) | \$240 (\$48) | \$160 (\$32) |
| Welcome Back (5) Pack | \$315 (\$63) | | |
| 5 Pack Semi-Private | \$240 (\$48) | | |

SEMI-PRIVATE TRAINING

| | 60 Min | 45 Min | |
|----------------|---------------|-----------------|--|
| Single Session | \$55.00 | \$44 | |
| 5 Pack | \$260 (\$52) | \$205 (\$41) | |
| 10 Pack | \$500 (\$50) | \$405 (\$40.50) | |
| 20 Pack | \$960 (\$48) | | |
| 25 Pack | \$1150 (\$46) | | |

GROUP TRAINING CLASSES

| | 45 Min | |
|-------------------|--------------------|--|
| Single Session | \$24.15 | |
| 5 Pack | \$103 (\$20.60) | |
| 10 Pack | \$178.50 (\$17.85) | |
| Unlimited Monthly | \$157.50 | |

FITNESS ASSESSMENTS

| | 60 Min | 30 Min |
|----------------|--------|--------|
| Single Session | \$80 | \$40 |

Prices subject to change without notice. HST is applicable to all prices.