

4EAT & 5EAT Transmission Mount Insert For various Model Applications

Thank you for purchasing CKE Subaru Specialty Products Transmission Mount Insert for your car. Installation of this product should be performed by persons experienced with installation of performance aftermarket parts or a qualified technician. If vehicle needs to be supported to gain access for installation, always support vehicle safely. Improper support of vehicle may result in injury, death or damage to property. CKE SSP accepts no responsibility for damage or injury due to installation errors. Please read and understand the installation instructions before attempting installation. If you have any questions regarding installation, contact the technical department at chris.ckessp@gmail.com.

NOTES for SUSPENSION INSTALLATION

Installation of this performance product is a modification to your vehicle suspension. After installation, the vehicle handling may be different than unmodified, factory suspension. Avoid abrupt maneuvers, always operate the vehicle with caution even when new vehicle dynamics are realized and accepted. Failure to operate the vehicle safely can result in serious injury or death. Do not operate the modified vehicle unless you are confident it can be done safely. Some combinations of vehicle modifications are restricted by your Country, State or Municipality.

The Purchaser/Installer is responsible for legality and safety of the vehicle being modified.

1. Support Vehicle safely to gain working clearance.
2. Support the transmission.
3. Remove any obstructing heat shields and disconnect the exhaust hanger to the transmission.
4. Loosen the (6) bolts, (3) per side, for the transmission cross-member. (17mm)
Loosen the (3) lower nuts from the trans mount through the transmission cross-member.
5. Remove the (6) cross-member bolts, the (3) mount nuts. Remove the cross-member.
6. Remove the (4) 10 mm bolts from the cross member to the transmission. Raise the transmission 1" and remove the transmission mount.
7. Lubricate the insertion side of the open mount with synthetic grease. Freezing the insert for 15 minutes can aid with insertion.
8. Press bushing in with bench vise.
9. Reverse steps 6-1 for complete install.

