DermaWand

BEAUTY GUIDE





www.DermaWand.com

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INSTCBGR12 RevA01 1222



ATTENTION: Read this manual before using this product. Failure to follow the instructions and safety precautions in this manual can result in serious injury. Keep this manual in a safe location for future reference.



MADE IN CHINA

IMPORTANT SAFEGUARDS

When using electrical products, especially when children are present, basic safety precautions should always be followed, including the following:

WARNING: READ ALL INSTRUCTIONS BEFORE USING. DANGER: To reduce the risk of electrocution:

- Always unplug DermaWand® immediately after using.
- Do not use DermaWand® while bathing.
- Do not place or store DermaWand® where it can fall or be pulled into a tub or sink.
- Do not place DermaWand® in or drop into water or other liquid.
- Do not reach for DermaWand® that has fallen into water. Unplug immediately.
- DermaWand[®] is a sealed unit, do not attempt to open the case. If damaged, call Customer Care.

WARNING: To reduce the risk of burns, electrocution, fire, or injury to persons:

- DermaWand[®] should never be left unattended when plugged in an outlet.
- Close supervision is necessary when DermaWand® is used near children or invalids.
- Use DermaWand[®] only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate DermaWand[®] if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Arrange to return DermaWand[®] to a service center for examination and repair by calling Customer Care.
- · Keep the cord away from heated surfaces.
- Never use DermaWand® while sleeping or drowsy.
- · Never drop or insert any object into any opening of the DermaWand®.
- Do not use DermaWand[®] outdoors or operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use DermaWand® near flammable liquids or substances.
- Connect DermaWand[®] to a properly grounded outlet only. This product has a
 polarized plug (one blade is wider than the other). As a safety feature, this plug
 will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet,
 reverse the plug. If it still does not fit, contact a qualified electrician. Do not
 attempt to defeat this safety feature.
- Do not use DermaWand[®] if you are pregnant, plan to become pregnant, if you have broken capillaries or other skin condition.
- Do not use DermaWand[®] in mucous membranes (eyes, ears, nose, mouth).
- Do not use DermaWand® internally.
- Dry hands completely before using DermaWand®.
- Do not hold DermaWand[®] at the tip or by the bulb. Keep your hand behind the flange.
- Do not use DermaWand® if the bulb is broken.

SAVE THESE INSTRUCTIONS

DEFINITIONS

DANGER indicates a hazardous situation which, if not avoided, will result in death or serious injury. WARNING indicates a hazardous situation which, if not avoided, could result in death or serious injury. CAUTION indicates a hazardous situation which, if not avoided, could result in minor or moderate injury. NOTICE is used to address practices not related to personal injury.

This equipment complies with FCC Rules, Part 15 and Industry Canada's ICES-003 for a Class B Digital Device. Operation is subject to two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference that may cause any undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

Do not modify this product in any way. Any changes or modifications not expressly approved by the manufacturer could void the user's authority to operate the equipment.

We would love to hear from our DermaWand fans!

If you love your DermaWand, share your story with at Info@brandstreetmarket.com and get special deals on other great products and get the latest buzz.



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Broken Bulbs

The glass bulb is not covered by the DermaWand[®] product warranty. Always replace the safety cap over the bulb when not in use. Be careful not to drop your DermaWand[®] when using because the bulb may break. In the event that the bulb becomes broken, contact Customer Service at (800) 390-9584 for assistance. Please see below for more information on refund policy and procedures.

Return Policy & Procedures

Your DermaWand[®] comes with a 30 day money back guarantee. If you are not completely satisfied and wish to return your product within the first 30 days of receiving it, please contact customer service at (800) 390-9584 to obtain a Return Authorization -Monday through Friday between 10:00 am to 4:00 pm EST.

- Your 30 day trial period begins upon receipt of your DermaWand[®] as confirmed by the tracking number associated with your shipment.
- Return requests must be authorized by a customer service representative in order to validate your Return Authorization and issue a return label.
- Refunds for qualified returns will be issued within 30 days of receipt of your DermaWand[®] and will be applied to the original method of payment used.
- Refer to your Packing Slip for additional Return Policy details.



Get Ready to Engage Your Senses!

When you use your DermaWand, the experience will surround you.

- **TOUCH/FEEL** As you use your DermaWand you will experience a tingling sensation that will increase as you turn up the toning dial. Follow the instructions in this guide closely to ensure you increase the intensity safely.
- **SOUND** While using your DermaWand[®], you will hear a low humming sound, like white noise.
- SIGHT When using your DermaWand, the tip of your DermaWand[®] will glow as the technology gets to work!

You may also experience some very mild skin redness which is normal. It is very **IMPORTANT** that you apply a good topical cream **BEFORE** you use your DermaWand. If you experience moderate redness, stop using your DermaWand for a couple days until the redness goes away. Begin again on a lower setting, making sure you apply a good moisturizer before and after the treatment. We also caution against the use of high concentrations of AHA, glycolic acid or other abrasive products. (Note: If you experience excessive redness or swelling, cease use.)

Results will vary from person to person depending on age, how long you use it and how often; however, if you are patient, you can see results in as little as a week! And with continued use, you will be amazed.

Getting Started

Review this guide to learn all the techniques for the best results.

Using your DermaWand[®], it is recommended that you use your DermaWand[®] in two phases.

Phase 1 is the 3 Minute Sweep. This phase involves general sweeps across your entire face and is recommended to be completed twice daily as a minimum.

Phase 2 are the Facial Exercise Routines. These exercise routines are targeted to specific areas of your face. We recommend these exercises to all users to maximize your DermaWand[®].

FOREHEAD: Apply a hydrating moisturizer and apply moderate pressure with the DermaWand®, pulling the skin of the forehead toward the hairline with a slight zig-zag movement. Once you arrive at the hairline, hold the wand on the skin keeping the skin taut for 15 seconds. Do this exercise three times on each side of the face beginning at the



inner edge of the eyebrow, then the center of the eyebrow, and lastly from the outer edge of the eyebrow.

BETWEEN THE EYEBROWS: Apply a hydrating

moisturizer and use the wand to perform zig-zag movement from the top to the bottom. Repeat this exercise for 45 seconds.

THE SECOND PASS: Once you have completed the 11 exercises, do a second pass lasting no more than 4 minutes, concentrating on your problem areas.

Once you have completed your DermaWand[®] treatment, be sure to replace the cap over the bulb and store your DermaWand in a safe, dry location.

IMPORTANT

Always apply a good cream or lotion to your skin before using your DermaWand[®]. For general facial and forehead area use a hydrating moisturizer, and for the eye area, including crows feet, use an eye cream.



UNDER EYE LINES: Apply a good eye cream before this exercise. Move the wand from the inner corner of the eye and with a single motion glide to the outer corner of the eye. Do this exercise for 30-40 seconds, and then repeat on the other eye. DO NOT USE THE TONING DIAL ANY HIGHER THAN LEVEL 3 FOR THIS EXERCISE.



CROWS FEET: Apply a good eye cream before this exercise. Perform circular motions while holding the wand in this area. Do this for 30-45 seconds on each side.



EYEBROW AREA: Apply a hydrating moisturizer then go from the inner edge of the eyebrow and slowly glide the wand up to the hairline. Repeat this motion from the center edge of the eyebrow to the hairline, and then from the outer edge of the eyebrow to the hairline. Repeat this triple exercise 5-6 times on each eye.

3 Minute Sweep Treatments

Follow these steps twice daily (morning and evening).

- **STEP 1:** Before beginning treatments, thoroughly cleanse your face with your favorite cleanser and rinse with warm water.
- STEP 2: Completely pat your face dry after cleansing and rinsing.
- **STEP 3:** Apply Pre-Face or your favorite hydrating moisturizer (an amount the size of a nickel) onto clean fingertips and gently layer over your entire face, giving special attention to the delicate eye area.
- STEP 4: When using DermaWand[®] for the first time, turn dial to setting 1 Make sure to remove bulb cap first. Try it on the back of your hand first to experience the tingle sensation at the chosen intensity level. If your DermaWand[®] has not been used before, or if the DermaWand[®] has not been used for several days, it may take up to 1 minute for the bulb to glow.
- STEP 5: THAT UNIQUE SENSATION! Place bulb directly on your facial skin (remember to remove the cap) to experience the DermaWand® sensation. Always work on the lowest setting for the first few days until you get used to the sensation. When you no longer feel the same intensity (a gentle tingling feeling) of the stimuli, this is the signal that your skin is ready for the next level. Continue increasing the intensity on the dial a little bit at a time until you have reached your maximum comfort zone. The DermaWand® is effective even at the lowest setting, and your comfort setting depends on your skin's sensitivity.
- **STEP 6:** Now begin sweeping the DermaWand[®] over your entire face and neck with light pressure.
- **STEP 7:** After finishing your general sweeps, now begin some or all of the lifting exercises shown in this guide. The more exercises you perform each day, the quicker you will see the new you.

Facial Exercise Routines

Perform the following exercises twice a day in order to achieve maximum results.



FACE: Apply a hydrating moisturizer, and then sweep the wand all over your face and neck in either a linear or circular motion for 90 seconds. For very deep wrinkles, concentrate on those areas for an extra 30 to 40 seconds each time. Be patient, lines and wrinkles take longer to respond. Be sure that you are continually moving the DermaWand[®] around your face.

CHIN: Apply a hydrating moisturizer to the chin area. Now start in the middle, right under the chin, and move the wand outwards along the jawline up to the earlobe in small, close circular movements about the size of a quarter. Do this 30-45 seconds on each side.

WRINKLES AROUND THE MOUTH:

Apply a hydrating moisturizer and then on one side begin at the bottom center of the chin and move the wand up to the corner of the lips in a zig-zag motion. Repeat this exercise for 30 seconds and then do the other side for 30 seconds.

NASOLABIAL FOLDS: Apply a hydrating moisturizer, and then perform a zig-zag motion with the wand, beginning at the bottom and following the profile of the fold to the top. Do this exercise for 30-40 seconds on one side of the face, and then repeat on the other side.





CHEEKS: Apply a hydrating moisturizer and in a circular motion, move the wand from the corner of the nose all the way across to the corner of the front of the upper ear. Perform this exercise for 30 seconds, and then repeat on the other side of the face.

