Derriemt 14:7 Gyan

## NIKOLA CANOSKI

Personal Trainer

Oakleigh, VIC



## **Personal Trainer**

Cert III and IV Fitness | Placed 2nd at ICN Victorian Championship | Bodybuilder

## **SPECIALTIES**

- Body Composition Specialist
- Comp / Photoshoot Prep
- Overcoming Gym Anxiety
- Strength Training
- ► Nutritional Education and Support
- Hybrid Model of Coaching