Denium 14:7 Gyun MELTON

GROUP FINESS TIMETABLE

			N	IAIN ROOM			
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM							
':00 AM							
30 AM						LesMills BODYPUMP KAINE	
2:30 AM	THT		STRENGTH & CONDITIONING	HIIT STRENGTH		SPIN	LesMills BODYCOMBA
D:00 AM	KRYSTLE		KRYSTLE	KRYSTLE		KAINE	CHELSEA
:00 PM			ZVMBA TAMARA				
:30 PM	STRENGTH & CONDITIONING OSAS						
:00 PM		STRENGTH CIRCUIT OSAS	Lesmills BODYPUMP KAINE				
:30 PM	Lesmills BODYPUMP BRON						
:45 PM							
:00 PM			SPIN KANE				
:30 PM	STANSA CHERIE			EXTREME HIP-HOP BIG C			
8:00 PM							
			C	YM FLOOR			
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
:30 AM							
:30 AM							
D:15 AM							
:00 PM					BOXFIT OSAS		
		BOXFIT					

OSAS