Derrium 14:7 Gym DERRIMUT

## GROUP FINESS TIMETABLE

MAIN ROOM							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	YOGA			YOGA			
8:30 AM	45 MIN – RAMONCITO			45 MIN – RAMONCITO			
9:00 AM			YOGA				
7.00 AM			45 MIN – JENIFER				
0.20 44					S) ZVMBA	YOGA	
9:30 AM					1 HR – JO	45 MIN – RAMONCITO	
		YOGA		ST ZVMBA			
10:00 AM		45 MIN – JENIFER		1 HR – FLORENCE			
10:15 AM							
10:30 AM					YOGA		
					45 MIN – JENIFER		
11:00 AM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7.00 PM							
7:30 PM	ST ZVMBA	ST ZVMBA			S) ZVMBA		
	1 HR – NINA	1 HR – TAMARA			1 HR – KYLIE		
7:45 PM			ST ZVMBA				
			1 HR – CHERIE				

