

missbactive@gmail.com

Derriant 24:7 Gym

CRISTINA BABIRA

Fitness Coach

Oakleigh, VIC



Fitness Coach

Certificate III & IV in Fitness | Advanced Nutrition Coaching
Bachelor of Applied Science (Psychology) | Diploma of Health
Science | Bachelor of Naturopathy/Clinical Nutrition (Current)

SPECIALTIES

- ▶ Hypertrophy
- ▶ Strength training
- ▶ Body re-composition
- ▶ Weight loss
- ▶ Behaviour change

@missbactive

0424 350 332

Oakleigh