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Derriant 24:7 Gym

HARRY

PHAM

THOMASTOWN



PHYSIQUE & STRENGTH COACH

Master of Physiotherapy Practice | ASCA Lvl 1 Strength & Conditioning Coach | Pre-Script Level 1 Coach | Lvl 2 Trigger Point Dry Needling (Management of Sports Injuries)

SPECIALTIES

- ▶ Management of acute and chronic musculoskeletal injuries
- ▶ Integrated injury management and training programs
- ▶ Specialised assessment and treatment of lifting related injuries
- ▶ F2F Strength and Physique training
- ▶ Exercise execution assessment and feedback

THOMASTOWN



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