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Deviant 24:7 Gym

ADRIAN

COIRO

THOMASTOWN



STRENGTH COACH

BSESS w/ Distinction | Nat'l. Push Pull Record for Deadlift & Total 2023 (CAPO) | Myofascial Needling & Cupping Lv 1 | Pro Internships at ZNTH Rehab & ACE Performance

SPECIALTIES

- ▶ Powerlifting Coaching
- ▶ Strength and Conditioning
- ▶ Injury Management
- ▶ Body Recomposition
- ▶ Manual Therapy and Cupping

THOMASTOWN



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