livfitmindandbody@gmail.com

Dervium 14:7 Gym



PERSONAL TRAINER

Certificates III & IV in fitness | N.D. Food Science | F.D. in Psychology | Currently Studying B.S. Psychological Science | ANB State Champion & 2x1st Ms Fitness

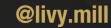
SPECIALTIES

- Completion Prep
- Strength & Conditioning
- Corrective Exercise Specialist
- Prevention & Rehab Exercise
- BDD & Disorder Eating Support
- Post Competition Health Protection

0428 169 880



PORT ADELAIDE





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