alanayeatesfitness@gmail.comt

## Dumimnt 14:7 Gyan



ALANA
YEATES
NOARLUNGA

## PERSONAL TRAINER

## Gertificates III \& IV in Fitness | HLTAID011 Provide First Aid

## SPECIALTIES

$>$ Beginners

- Strength \& Conditioning
- Weight loss
- Nutritional Advice

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