

fitnesswithosas@gmail.com

*Deviant 24:7 Gym*

# OSAS

## OKUNZUWA

MELTON



**PERSONAL TRAINER**

**Certificate III & IV Personal Training | Level 1 Master Trainer | Certificate 4 in Training and Assessment | Kettlebell and Strength Trainer**

**SPECIALTIES**

- ▶ Weight loss / management
- ▶ Muscle gain
- ▶ Tone
- ▶ Strength
- ▶ Nutrition guide / Programming

MELTON



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