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Deviant 24:7 Gym

MANOJ

MUKUNDA

MELTON



BODY RECOMPOSITION COACH

**Poliquin Level 1 & 2, Bio Signature Modulation
Level 1 | Certificate IV in Fitness | 2020
Australian National Champion – Men's Physique**

SPECIALTIES

- ▶ Competition Preparation
- ▶ Prehab/ Rehab, Posing
- ▶ Cardio vascular and Metabolic health
- ▶ Dealing with Gut inflammation, Irritable bowel syndrome (IBS), Irritable bowel disease (IBD), Hypertension and women's health.
- ▶ Online & In Person
- ▶ "Team One Academy" FB Community
- ▶ Team One Fitness App subscription

MELTON



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