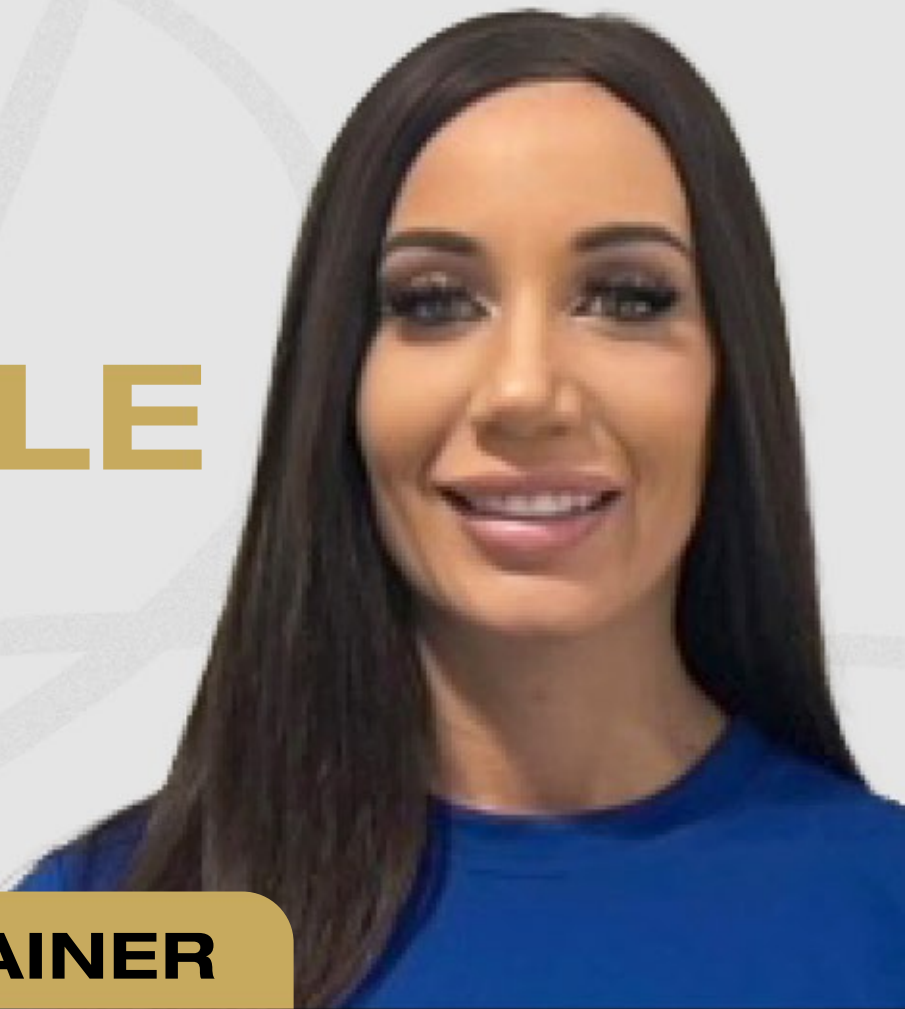


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Deviant 24:7 Gym

KRYSTLE SEMMENS

MELTON



PERSONAL TRAINER

**Certificate III & IV Personal Training | Cycle Excel Lv 2 Qualification |
MetaFit & MetaPower Coach | Bikini, Sports Model & Swimsuit
Bodybuilding Competitor | Cardio Boxing | Certificate IV in Nutrition**

SPECIALTIES

- ▶ Strength Training
- ▶ Weight loss
- ▶ Muscle Gain
- ▶ Improving overall fitness
- ▶ Core work
- ▶ Nutrition

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