

johnrcpt@gmail.com

Deviant 24:7 Gym

JOHN

CUSTODIO

MELTON



PERSONAL TRAINER

Certificate IV in Fitness | Boxing Skills & Fitness | First Aid and CPR

SPECIALTIES

- ▶ Calisthenics/Bodyweight strength
- ▶ Yoga
- ▶ Boxing
- ▶ Strength & Conditioning

MELTON



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