

orionhanbury.pt@gmail.com

Deviant 24:7 Gym

ORION HANBURY

MELROSE PARK



PERSONAL TRAINER

Cert. III & IV Fitness | AIF Nutrition coach | AIF Master Trainer | ASCA Strength & Conditioning Coach | DMA Cert. in Whole Body Massage | Kettlebell & TRX Specialist | L1 Thump Boxing

ICN SA Mens Physique Overall Champion 2023 | ANB SA Classic Physique Overall Champion 2023 | 2x ICN SA U23 Champion | 2nd Place ICN Nationals U23 | Top 5 ICN Australia & Oceania 2023

SPECIALTIES

- ▶ Lean Muscle Gain & Fat Loss
- ▶ Body Recomposition
- ▶ Resistance Training
- ▶ Online Programming & Nutritional Guidance
- ▶ Comp Prep

MELROSE PARK



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