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Deviant 24:7 Gym

ELLA
DUNGEY
MELROSE PARK



PERSONAL TRAINER

**Certificate III & IV in Fitness | State diving coach |
State and National diving representative | IFBB
bodybuilder**

SPECIALTIES

- ▶ Fat Loss
- ▶ Muscle gain
- ▶ Strength training
- ▶ Nutritional guidance
- ▶ Vegetarian and vegan diets

MELROSE PARK



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@elladungeyfit

