kyungoh830@gmail.com

Derriant 14:7 Gym



PERSONAL TRAINER

FISAF Int'l Cert | 2008 Mr. Seoul - 2020 WNC Bodybuilding 1st Place | Over 20 yrs of training | Over 10 yrs of coaching | Over 10 yrs of competition

0492 881 196

SPECIALTIES

- Muscle Building
- Weight Loss
- Bodybuilding Coaching
- Posing Coaching
- Nutrition Advice



7-14:7 Gym







