

keblmc@gmail.com

Deviant 24:7 Gym

REBECCA

COTTE

COOLAROO



PERSONAL TRAINER

**Cert III & IV in Fitness | First Aid and CPR
| Certificate III in Event Management**

SPECIALTIES

- ▶ Weight loss
- ▶ Female fitness
- ▶ Teen fitness
- ▶ Strength & conditioning
- ▶ General fitness
- ▶ Boxing/kickboxing
- ▶ Pre/post natal
- ▶ General nutrition
- ▶ Bodybuilding
- ▶ Older age fitness

COOLAROO



@fitmamabec



0422 143 243

