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Deviant 24:7 Gym

THAO

PHAM

BRAYBROOK



PERSONAL TRAINER

Cert IV PT | Cert III Gym Instructor | Nutrition & Diet for Exercise Professionals | Master of Business Management

SPECIALTIES

- ▶ Fat loss & body transformation
- ▶ Strength & body composition
- ▶ Small group training
- ▶ Nutritional guidance

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