

nathanjay1000@gmail.com

Derriant 24:7 Gym

NATHAN KONSTANTINIDIS

AIRPORT WEST

PERSONAL TRAINER

**Certificates III & IV in Fitness | First Aid and CPR
| B.A. Journalism | Diploma of Screen & Media**

SPECIALTIES

- ▶ Boxing (Technique & Fitness)
- ▶ Kick-boxing (Technique & Fitness)
- ▶ Sports Performance Training
- ▶ Muscle Gain
- ▶ Weight Loss
- ▶ Boxing (Technique & Fitness)
- ▶ Kick-boxing (Technique & Fitness)
- ▶ Sports Performance Training
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- ▶ Weight Loss

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