

ITCH TRACKER

's itch tracker

Your dog's name

100															
80															
60															
40															
20															
0															
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Day 15

Rate your dog's itch

Rate your dog's itch every day.

Day 1 is when you start giving your dog a healthy source of Omega 3s.

- 100** **Extremely severe:** dog is scratching, chewing, licking, almost continuously, it never stops.
- 80** **Severe:** prolonged episodes of scratching, and licking, mostly happen at night and also when eating, playing, or exercising.
- 60** **Moderate:** regular episodes of scratching while awake but no scratching occurs when eating, playing, exercising, or being distracted.
- 40** **Mild:** moderately frequent episodes of scratching and/or other symptoms. Occasional episodes at night.
- 20** **Very Mild:** occasional episodes of scratching during the day or at night.
- 0** **Normal:** woo hoo! My dog is not itchy.