

Quick Oral Exam (QOE)

Name:

Date:

Teacher/Parents/Caregiver:

Grade:

Age:

Birth Date:

Examiner:

I. External Observations

1. Front View; Lips and Jaw at Rest; Respiration
Lips Consistently: Occluded; Parted, # of mms separated _____; Inconsistent; both
Labial Tissue: Closes comfortably; Unable to close; Lower lip postures under top teeth
Lower Jaw: Elevated appropriately; Lowered (more than 3 mms); Clenched
 Symmetrical Jaw-Line; Asymmetrical Jaw-Line (jaw postures off to one side)
2. Front View; Facial Shape: _____
 Average; Narrow; Wide
3. Profile View; Top Jaw to Bottom Jaw Relationship
 Vertically Straight; Convex; retrognathic mandible; Concave; forward mandible (Class III)
4. Respiration: Nose Breathes; Mouth Breathes; Both: _____

2. Observations During Speaking

1. Intelligibility During Conversation: 100%; 90%; 80%; 60% or below
2. Jaw Vertical Movement During Speaking: Appropriate; Excessive/Large; Minimal/Small
3. Jaw Lateral Movement During Speaking: Normal; Chronically veers ___Left, ___Right, ___Both
4. Tongue Surface: Don't see frequently (appropriate); Frequently see the tongue surface when talking
5. Tongue's Plane of Movement: Normal front- and back-tongue vertical mvmt; Horizontal mvmt;
 Jaw-driven tongue movement (tongue initiates minimal movement)

Comments:

3. Dentition

1. Dental Development Stage: Primary (baby); Permanent; Mixed Dentition (aged 5-13)
2. Occlusion: Teeth occlude normally in front and back _____
Vertical Dimension: Openbite, ___Anterior, ___Unilateral, ___Bilateral; Overbite
Horizontal Dimension: Overjet; Underbite (Class III); Crossbite
3. Diastema (space): Between Top Incisors; Between Bottom Incisors; Multiple Diastemas

Comments:

4. Direct Intra-Oral Observations

1. Tongue Appearance: Size is commensurate with size of mouth; Too large; Too small
 "Still" when at rest; Noticeable fasciculations (twitches/spontaneous moves)
2. Pharynx: Able to see; Size, ___Normal, ___Large, ___Small; Unable to see _____
3. Tonsils: Tonsils have been removed; Has tonsils; Appearance: _____
 Average to small size; fit well within pharynx; allows adequate room for base of tongue
 Large tonsils: ___fills pharynx, ___commensurate with size of pharynx (large tonsils in large pharynx)
4. The Lingual Frenum: Normal Appearance; Short and restrictive _____
5. The Labial Frenums: Normal Appearance; Bulky and intrusive on dentition _____

Comments:

5. Observations/Interactions with Dental Arch & Palate

1. Dental Arch (upper): Normal, Adequate Width; Abnormally Narrow; Abnormally Wide
2. Palatal Vault: Average Height; Abnormally High; Tongue has Difficulty Accessing; Flat
 Size/Shape of the Arch/Vault is NOT Adequate to Consistently Accommodating Tongue Interaction
3. Alveolar Ridge: Nicely rounded; Abnormally pointed; Rugae is ___bumpy, ___smooth
4. Palatal Appliance: No; Yes: ___palatal expander, ___reminder device (for tongue/digit)
 Has worn one in the Past; Dentist/Ortho plans to insert one in the Future
5. Lingual Interaction: Able to reach the palate to do a Tongue Pop; NOT Able to do Tongue Pop; Tongue
Resting Posture: ___on Top, ___at Midline, ___Low and forward, ___Off to one side

Comments:

Impressions; Areas to Investigate Further

Examiner

Date