R3FLEX

Hour / Month

Minute/ Date

Set Button
Hold down until blinking, begin to set using ON button.

On Button
Press once to show time. Press twice to show date.

Power:
Your REFLEX watch comes with two CR1616 batteries preinstalled. Change batteries when the LED luminosity is too weak.

Function:
1) Display mode: 12 hours (AM/PM)
2) Date mode: (month/day)

Displaying time:
Display the time by pressing the (ON) button once. The hours are marked on the left side of the watch and minutes are noted on the right side. The right side minutes are broken down into 10 minute increments on the top right (10, 20, 30, 40, 50) and individual minute counters are on the bottom right side marked from 1 to 9. There is also an AM/PM mode on the left side to indicate morning or afternoon.

Displaying the Date:
From sleep mode Press the (ON) button twice to display the date. Both AM and PM LED lights will be lit in date mode. The left line represents the month and the right side indicates day of the month. The right side will indicate increments of ten for the days on the top right for double digit dates and singular days will light up from the bottom right.

Setting the time:
To adjust the time or date, press the right (ON) button once, then immediately you push and hold the left botton (SET) until the lights on the left side begin to flash. Pressing the right button (ON) will add values to your mode. Keep pressing the (ON) button until it reads the correct hour. To skip over to minutes hold the (SET) button again until the minutes column begins to blink. Again, press the (ON) button until the correct minutes are shown. Hold down (SET) again to skip over to Date mode. Press the (ON) button until correct month is shown. Hold (SET) one last time until it switches over to the days of the month column and press the (ON) button until correct day of the month is indicated. Let watch sit for a few seconds and it will turn off into sleep mode