

KNOOPS

Expertly crafted
chocolate drinks

Allergen food facts
March 2024



Overview

At Knoop's, the safety of our customers is of the highest importance to us. This guide will provide nutritional and allergen information for core product range in our Knoop's Stores and our retail range. Please ensure you take extra care to identify all the possible allergens present in our food, if you require support please ask one of our Knoopologists.

Within this guide it will provide information on the following 14 allergens:

- Cereals Containing Gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut)
- Peanuts
- Tree Nuts (Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut, Queensland Nut)
- Egg
- Milk
- Soya
- Fish
- Crustaceans
- Sesame
- Celery
- Mustard
- Peanuts
- Sulphur Dioxide and Sulphites

It is important to let you know that we cannot guarantee any of our products are suitable for those with allergies due to a high risk of cross contamination. Our vegan chocolates and bakery items are made to a vegan recipe but are not suitable for those with a dairy allergy as there is a risk of cross contamination in our stores due to the number of chocolates we use.

Please do contact us on hello@knoops.co.uk and we will be happy to help with any questions you have.



Allergens - Bakery

	Vegetarian	Vegan	Milk	Soya	Cereals Containing Gluten	Specify Cereal	Eggs	Crustaceans	Fish	Peanuts	Celery	Mustard	Sulphite	Sesame	Lupin	Molluscs	Tree Nuts	Specify Nuts
Hazelnut Cannoli	Yes	No	Yes	Yes	No		MCT	No	No	Yes	No	No	No	MCT	No	No	Yes	Almond, Peanuts, Hazelnut
Ricotta Cannoli	Yes	No	Yes	Yes	No		MCT	No	No	No	No	No	No	MCT	No	No	Yes	Almond, Pistachio
White Choc Cannoli	Yes	No	Yes	Yes	No		MCT	No	No	No	No	No	No	MCT	No	No	Yes	Almond, Pistachio
Pistachio Cannoli	Yes	No	Yes	Yes	No		MCT	No	No	No	No	No	No	MCT	No	No	Yes	Almond, Pistachio
Chocolate Cannoli	Yes	No	Yes	Yes	No		MCT	No	No	Yes	No	No	No	MCT	No	No	Yes	Almond, Peanuts, Hazelnut
Marshmallow	Bovine Gelatine		No	No	No		No	No	No	No	No	No	No	No	No	No	No	
41% Honeycomb	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
Blueberry Bakewell	Yes	Yes	MCT	Yes	Yes	Wheat	MCT	No	No	No	No	No	MCT	MCT	No	No	Yes	Almonds
Raspberry Bakewell	Yes	No	Yes	MCT	MCT		Yes	No	No	No	No	No	MCT	MCT	No	No	Yes	Almonds
Raspberry Cheesecake Brownie	Yes	No	Yes	Yes	Yes	Wheat	Yes	No	No	No	No	No	MCT	MCT	No	No	MCT	
Banoffee Traycake	Yes	No	Yes	Yes	Yes	Wheat	Yes	No	No	No	No	No	MCT	MCT	No	No	MCT	
Lemon Drizzle	Yes	No	Yes	MCT	Yes	Wheat	Yes	No	No	No	No	No	Yes	MCT	No	No	MCT	
Honeynut Cruch	Yes	No	Yes	MCT	Yes	Wheat, Oats	MCT	No	No	No	No	No	MCT	MCT	No	No	Yes	Almonds and Hazelnuts
Super Granola	Yes	Yes	MCT	MCT	Gluten Free Oats		MCT	No	No	No	No	No	Yes	MCT	MCT	No	Yes	Almonds and Hazelnuts
Carrot Cake	Yes	Yes	MCT	Yes	Yes	Wheat	MCT	No	No	No	No	No	MCT	MCT	No	No	Yes	Walnuts and Hazelnuts
Pastel de Nata	Yes	No	Yes	MCT	Yes	Wheat	Yes	No	No	No	No	No	MCT	MCT	No	No	MCT	
70% Single Origin Sea Salt Brownie (Tanzania)	Yes	No	Yes	MCT	MCT		Yes	No	No	No	No	No	MCT	MCT	No	No	Yes	Almonds
Cinnamon Bun	Yes	Yes	MCT	Yes	Yes	Wheat, Rye	MCT	No	No	No	No	No	MCT	MCT	No	No	MCT	
Almond Croissant	Yes	Yes	MCT	Yes	Yes	Wheat	MCT	No	No	No	No	No	MCT	MCT	No	No	Yes	Almonds
Hot Cross Bun Marshmallow	Bovine Gelatine		No	No	No		No	No	No	No	No	No	No	No	No	No	No	



Yes - Contains | No - Does not contain | MCT - May contain traces

Allergens - Chocolate

	Vegetarian	Vegan	Milk	Soya	Cereals Containing Gluten	Specify Cereal	Eggs	Crustaceans	Fish	Peanuts	Celery	Mustard	Sulphite	Sesame	Lupin	Molluscs	Tree Nuts	Specify Nuts
39% Ecuador	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
66% Mexico	Yes	Yes	No	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
75% Tanzania	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	
80% Dark Blend	Yes	Yes	No	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
29% White Blend	Yes	No	Yes	MCT	No		No	No	No	No	No	No	No	No	No	No	No	
35% Colombia	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
36% Milk Blend	Yes	No	Yes	MCT	No		No	No	No	No	No	No	No	No	No	No	No	
56% Dark Blend	Yes	Yes	MCT	MCT	No		No	No	No	No	No	No	No	No	No	No	No	
65% Colombia	Yes	Yes	MCT	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
72% Peru	Yes	Yes	MCT	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
85% Colombia	Yes	Yes	MCT	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
38% Oat M*ilk	Yes	Yes	oat	No	Gluten Free Oats		No	No	No	No	No	No	No	No	No	No	No	
66% Tabasco	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	
73% Philippines	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	
75% Solomon	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	
100% Philippines	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	
100% Solomon	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	
30% White Blend	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
34% Milk Blend	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
43% Venezuela	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
55% Dark Blend	Yes	Yes	MCT	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
64% Peru	Yes	Yes	MCT	No	No		No	No	No	No	No	No	No	No	No	No	No	
70% Dark Blend	Yes	Yes	MCT	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
80% Uganda	Yes	Yes	MCT	No	No		No	No	No	No	No	No	No	No	No	No	No	
96% Dark Blend	Yes	Yes	MCT	No	No		No	No	No	No	No	No	No	No	No	No	No	
70% Congo	Yes	Yes	MCT	No	No		No	No	No	No	No	No	No	No	No	No	No	
60% Venezuela	Yes	Yes	MCT	Yes	No		No	No	No	MCT	No	No	No	No	No	No	MCT	Traces
49% Dark Milk	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	



Yes - Contains | No - Does not contain | MCT - May contain traces



Allergens - Ice cream & sauces

	Vegetarian	Vegan	Milk	Soya	Cereals Containing Gluten	Specify Cereal	Eggs	Crustaceans	Fish	Peanuts	Celery	Mustard	Sulphite	Sesame	Lupin	Molluscs	Tree Nuts	Specify Nuts
Milk Choc Sauce	No	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
Dark Choc Sauce	Yes	Yes	MCT	No	No		No	No	No	No	No	No	No	No	No	No	No	
'KNOOPS' Chocolate Plaques	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
Jersey Gold Ice Cream Mix	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Plain Ice Cream Cones	Yes	Yes	No	Yes	Yes	Wheat	MCT	No	No	MCT	No	No	MCT	No	No	No	MCT	
Chocolate Ice Cream Cones	Yes	No	Yes	Yes	Yes	Wheat	MCT	No	No	MCT	No	No	MCT	No	No	No	MCT	
Gluten Free Ice Cream Cones	Yes	Yes	No	Yes	MCT		No	No	No	No	No	No	No	No	No	No	No	

Yes - Contains | No - Does not contain | MCT - May contain traces

Allergens - Milks

	Vegetarian	Vegan	Milk	Soya	Cereals Containing Gluten	Specify Cereal	Eggs	Crustaceans	Fish	Peanuts	Celery	Mustard	Sulphite	Sesame	Lupin	Molluscs	Tree Nuts	Specify Nuts
Whole Milk	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Semi-Skimmed Milk	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Skimmed Milk	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Cream	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Whole Milk	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Semi-Skimmed Milk	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Skimmed Milk	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Cream	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Oat Milk	Yes	Yes	No	No	Yes	Oats	No	No	No	No	No	No	No	No	No	No	No	
Organic Hazelnut Milk	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	Yes	Hazelnut
Barista Almond Milk	Yes	Yes	No	No	Gluten Free Oats		No	No	No	No	No	No	No	No	No	No	Yes	Almond
Barista Soya Milk	Yes	Yes	No	Yes	No		No	No	No	No	No	No	No	No	No	No	No	
Barista Coconut Milk	Yes	Yes	No	No	Gluten Free Oats		No	No	No	No	No	No	No	No	No	No	No	
Lacto-Free Milk	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	
Vegan Whipped Cream	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	



Yes - Contains | No - Does not contain | MCT - May contain traces

Allergens - Retail

	Vegetarian	Vegan	Milk	Soya	Cereals Containing Gluten	Specify Cereal	Eggs	Crustaceans	Fish	Peanuts	Celery	Mustard	Sulphite	Sesame	Lupin	Molluscs	Tree Nuts	Specify Nuts	
28% Retail Tube	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
34% Retail Tube	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
38% Oat M*ilk	Yes	Yes	oat	No	Gluten Free Oats		No	No	No	No	No	No	No	No	No	No	No	No	
43% Retail Tube	Yes	No	Yes	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
49% Retail Tube	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
54% Retail Tube	Yes	Yes	MCT	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
60% Retail Tube	Yes	Yes	MCT	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
65% Retail Tube	Yes	Yes	No	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
66% Retail Tube	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
70% Retail Tube	Yes	Yes	No	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
72% Retail Tube	Yes	Yes	No	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
80% Retail Tube	Yes	Yes	No	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
100% Retail Tube	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
Honeycomb Retail Tube	Yes	No	Yes	Yes	No		No	No	No	No	No	No	No	No	No	No	No	No	
Cacao Tea Tube	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
Marshmallow Retail Tube	Bovine Gelatine	No	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
Ground Retail Coffee	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
Retail Coffee Beans	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
Festive Spice Pouch	Yes	Yes	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	
Gingerbread Marshmallow	Bovine Gelatine	No	No	No	No		No	No	No	No	No	No	No	No	No	No	No	No	



Yes - Contains | No - Does not contain | MCT - May contain traces