

Fig.1

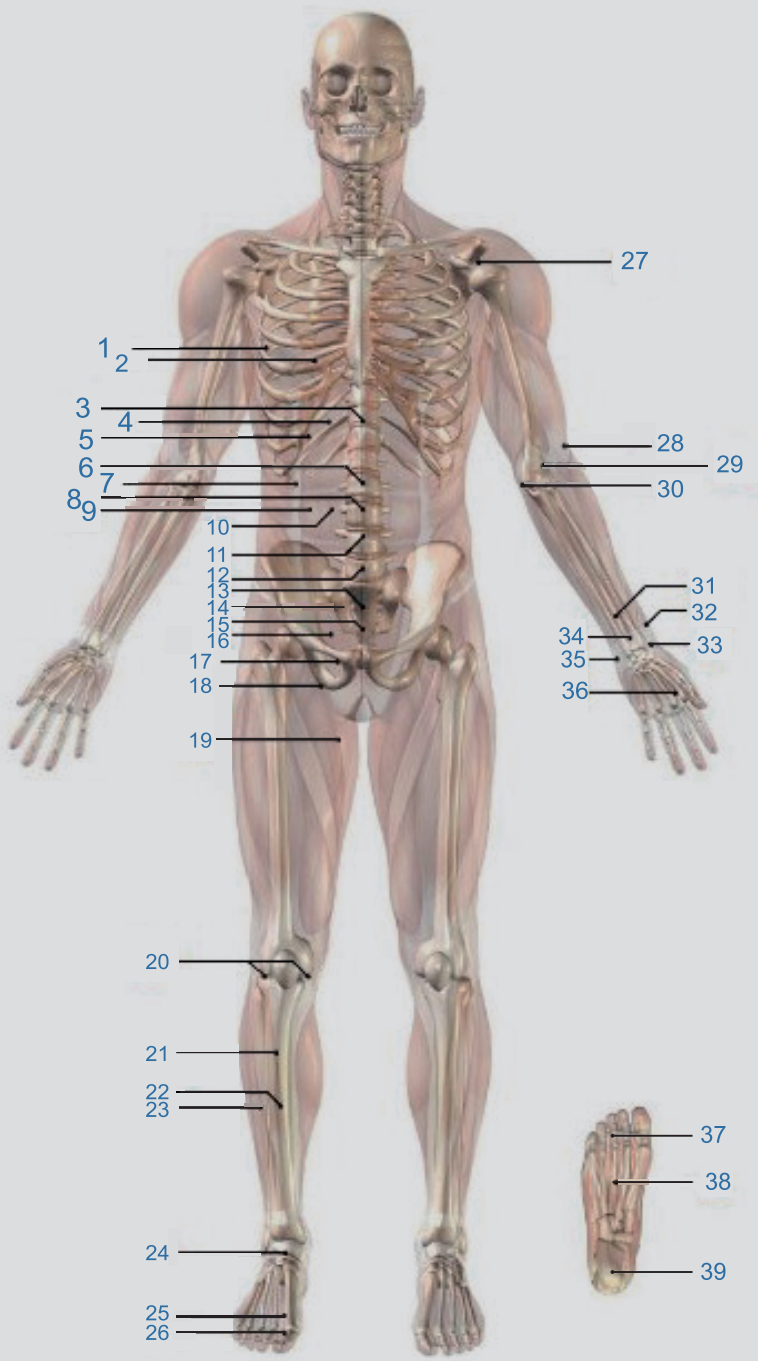


Fig.2

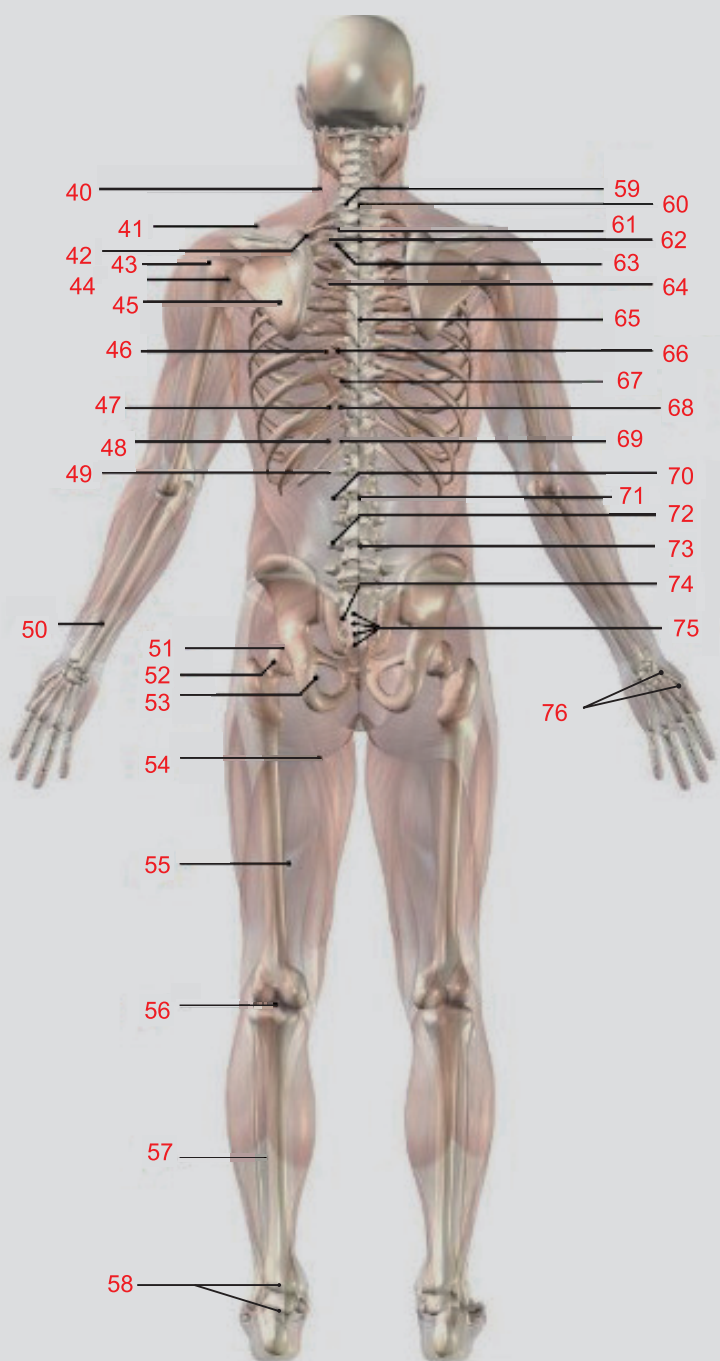
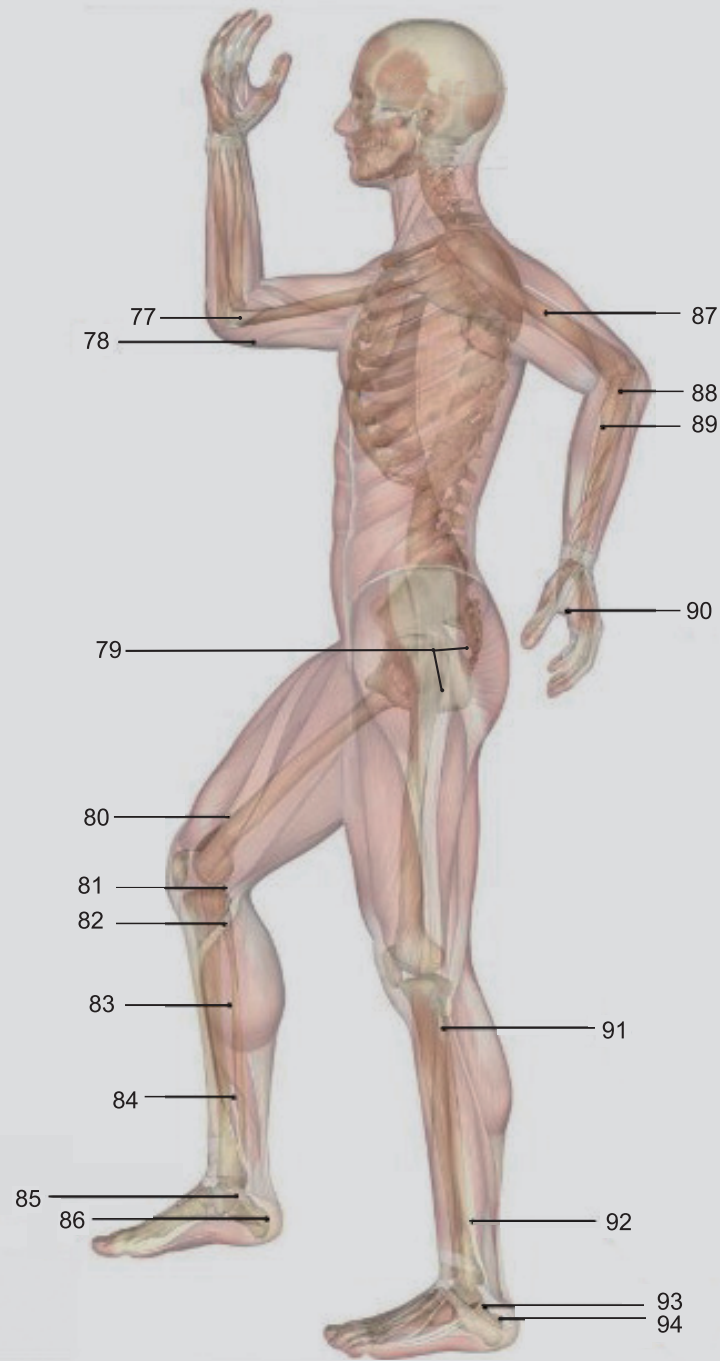


Fig.3



Acupuncture Treatment Points

Conditions that may be assisted	Guide to treatment points	Conditions that may be assisted	Guide to treatment points	Conditions that may be assisted	Guide to treatment points
Abdominal pain	3, 4, 5, 6, 7, 8, 9, 10, 12, 14, 16, 18, 22, 24, 47, 48, 49, 68, 82, 83, 88, 89, 92	Arthritis pain in neck/cervical/area	59, 60	Dislocated shoulder pain	27, 41, 43
Abundant expectoration(cough)	23	Arthritis pain in shoulder joint	27, 43, 44	Dizziness	24, 25, 26, 88, 93
Achilles tendon pain	58	Arthritis pain in wrist	33, 34, 35	Diarrhea	3, 4, 5, 6, 7, 8, 9, 13, 21, 45, 72, 74, 88, 89
ACL injury pain	20, 56, 81	Back pain	40, 42, 54, 55, 56, 57, 59, 60, 61, 62	Elbow & arm swelling and pain	28
Ankle joint pain	23, 93, 94	Back stiffness	44, 60	Fever and headache	61
Ankle joint weakness	24	Breast pain	1, 2	Fibromyalgia pain	directly on the painful area
Amenorrhea (absence of period by age 16)	16, 80	Buttock/gluteus/muscle pain	53	Foot pain	25, 26, 37, 38, 39
Amnesia	35, 64	Carpal tunnel pain	31, 32, 33, 34, 35, 36	Golfer's elbow pain	77, 78, 88
Anorexia	4	Cheek/Jaw pain & swelling	45, 84	Hamstring pain and stiffness	54, 55, 56
Arm pain	41, 43, 44, 87, 89	Chest pain	33	Headache	23, 24, 25, 26, 32, 37, 38, 39, 59, 60, 71, 78, 90, 93
Arm stiffness	87, 88, 89	Chest/hypochondrium distention and swelling	25, 46, 91, 92	Heat stroke	38
Arthritis pain in ankle	24, 93	Cold and pain from cold	41, 42, 61, 63	Heel pain	39, 94
Arthritis pain in elbow	77, 78, 88	Constipation	3, 5, 9, 10, 14, 21, 23, 49, 54, 72, 74	Hemiplegia	21, 43, 50, 56, 84, 87, 88, 90, 91
Arthritis pain in hip	51, 52	Crus ache(between knee & foot)	22	Hernia	17, 18, 81
Arthritis pain in knee	20, 56	Cough relief	1, 2, 23, 28, 32, 33, 40, 59, 61, 62, 63	Hip pain	51, 52, 79
Arthritis pain in lower back	72, 73, 74, 75	Dise disease pain (rupture, herniation,degeneration)	59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75	Indigestion	3, 5, 21, 69

**Please note that this pressure point chart is for recommendation and reference purpose only . Do not discontinue your treatment prescribed by the doctor.*

Conditions that may be assisted	Guide to treatment points
Scelagia (leg pain)	52
Sciatica (pain from back to leg(s))	51, 52, 53, 54, 55, 56, 74
Skier's thumb pain	76
Spin splints pain	21, 22, 23, 24, 82, 83, 84
Shoulder pain/frozen shoulder	22, 27, 40, 41, 42, 43, 44, 59, 89
Spasm	22
Spine and back stiffness	48, 60, 62
Stomach ache	4, 21, 29, 31, 34, 48, 65
Tendinitis pain	20, 27, 30, 31, 43, 56, 77, 79, 88, 93, 94
Tennis elbow pain	77, 78, 87, 88, 89
Throat pain and swelling	28, 31, 82, 88, 90
Tinnitus	50, 84
Turf toe pain	25, 26
Unconsciousness	38
Upper arm joint pain	43
Upper arm numbness	42
Vertex pain	18
Vomiting	1, 4, 29, 31, 36, 46, 47
Waist pain	54, 55, 56, 57, 93
Weight reduction	9
Wrist pain	33, 34, 35

Conditions that may be assisted	Guide to treatment points
Insomnia	35, 38, 64, 85
Knee pain/knee joint pain	20, 22, 91
Leg pain	52, 56, 57, 93
Lower back pain (lumbago)	49, 52, 70, 71, 72, 94
Lower limb paralysis/numbness	20, 52, 73
Lumbosacral pain	73, 74, 75
Meniscus injury pain	20, 56, 81
Menstruation irregularity	11, 14, 17, 19, 70, 73, 75, 80, 83, 85, 86
Menstruation pain	11, 13, 16, 23, 73, 80, 83, 84, 86
Migraine	92
Nausea	47
Neck and pain pain/stiffness	32, 40, 41, 42, 44, 60, 92
Nerve pain-intercostal, radial	30, 65, 66
Neurasthenic (fatigue, weakness)	12, 66, 84, 90
Neuropathic foot pain	37, 38, 39, 58, 93, 94
Paralysis	43, 57
Paralysis of lower limbs	51, 55, 73
Paralysis of upper limbs	27, 89
Plantar fasciitis foot pain	38, 93, 94
Rotator cuff pain	27, 41, 42, 43, 44, 87
Scapula (shoulder blade) pain	42, 45, 64

Fig.1

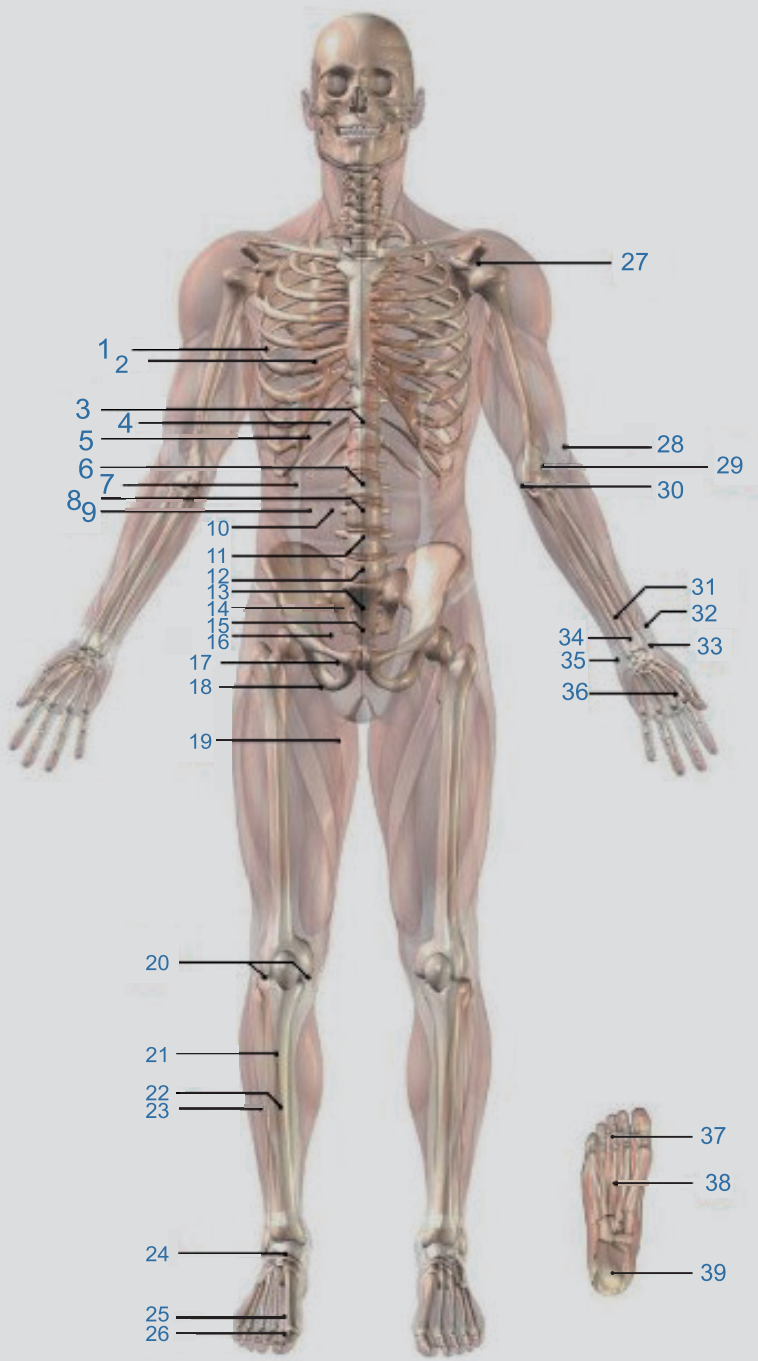


Fig.2

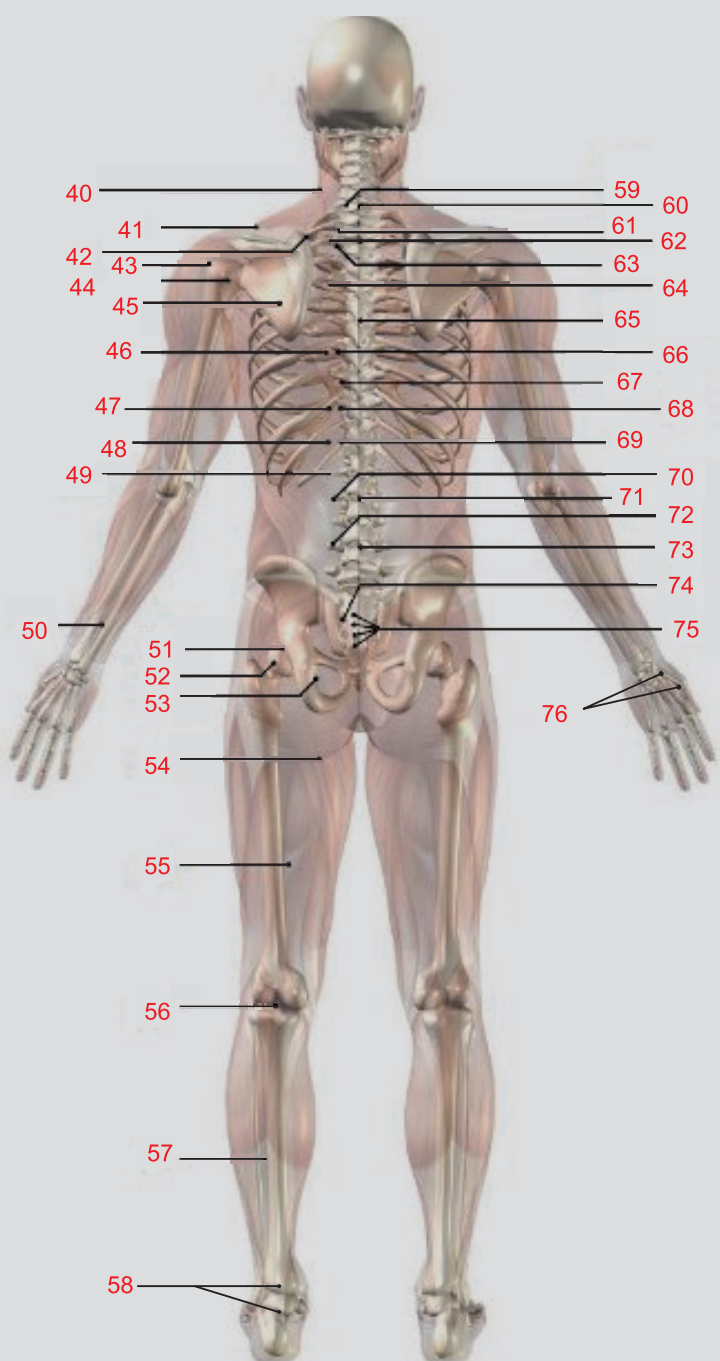
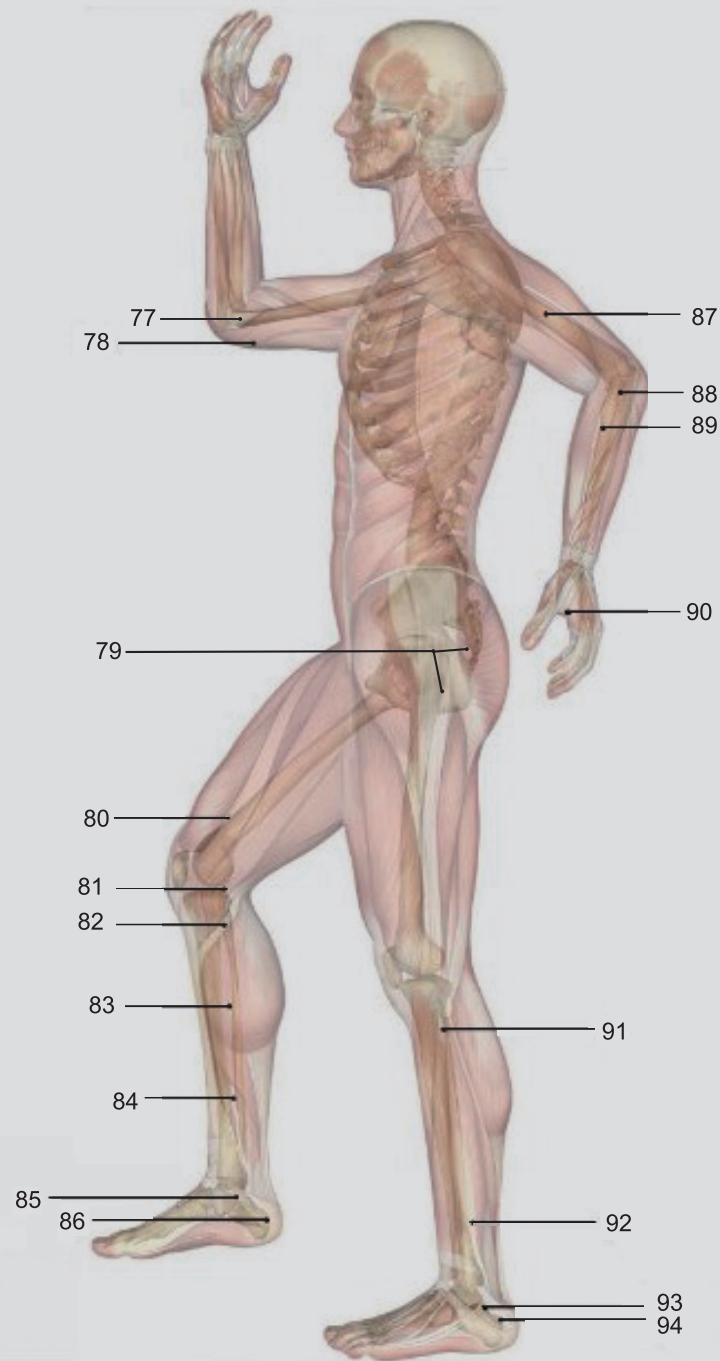


Fig.3



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