



519-284-9900 www.vccandle.com

## Chakra Set

What You Need
Votive/Pillar Soy Wax
Essential Oils
Tealight Cups
Tealight Wicking for Soy Wax
Pipettes
Various Colours



## How To Make It

Prepare tealights as normal. Use corresponding colour and your own blend of the fragrances listed for that specific chakra. Use 15mls of essential oil per pound of wax.

Root Chakra (red): cedar, rose, ginger and basil

Sacral Chakra (orange): orris root, gardenia, damiana, bergamot and almond

Solar Chakra (yellow): <u>sandalwood</u>, saffron, musk, cinnamon, ginger, <u>lemon</u> and rosemary

Heart Chakra (green): lavender, <u>jasmine</u>, orris root, yarrow, marjoram, meadowsweet, spring rain and <u>pine</u>

Throat Chakra (sky blue): frankincense, benzoin, mace, magnolia, neroli, and gardenia

Third Eye Chakra (indigo): star anise, anise, saffron, clary, sage and cedarwood

Crown (violet): lotus, gotu kola, lavender and mint.