

CATALOG 2023



BEAUTY – MASSAGE BLENDS & ESSENTIAL OILS

100% PURE & NATURAL



Bringing nature's goodness to your body at an affordable price!!

Susana's Secret Inc., is an American company, based in the State of Illinois. Created to bring nature's goodness to the beauty, skin and hair care products you use every-day!

We offer you exquisite essential oils, of the highest quality and 100% PURE & UNIQUE natural skin care products, at reasonable prices!

Our effective natural formulas are based on essential oils from herbs, roots, and fruits from all over the planet. We travel the world to find oils and plants of the highest quality, from reliable sources, with extraordinary properties and aromas.

Our goal is to revitalize and improve the ancestral beauty treatments of Ecuador and those of the rest of the world, putting them within easy reach, these ancient recipes...that REALY work...

All of Susana's Secret products have been tested for several years... by Susana herself, with amazing results! We strongly believe once you compare the quality and benefits of our products especially the ones you use in your daily routine, you will find out we are one of the best alternatives on the market!

We are passionate people, working hard to deliver truthfully safe, effective, and delicious products for your health and beauty pleasure! PLEASE GIVE US A TRY!

Growing with the same dedication and integrity, as Mother Nature makes our ingredients!



BEAUTY & MASSAGE OIL BLENDS



100% PURE & NATURAL

All our products are proudly bottled in the U.S.A.



GINGER-ARGAN- Organic Blend Divine Body Oil

100% Pure, Therapeutic-Grade Oil Blend 1.69 FL Oz (50 ml)

DESCRIPTION

GINGER-ARGAN Organic Blend- Divine Body Oil, an extraordinary combination of 100% Pure Organic-Virgin Argan Oil from Morocco & Organic Ginger Oil (CO2 extracted for full aroma) from Asia. Containing natural Essential Nutrients, Antioxidant and Anti-Inflammatory Properties. It is just amazing the sensation of pleasure you feel, when YOU apply it all over your body. Susana has searched the world and found these exquisite ingredients; that she has combined into this luscious Organic Ginger-Argan Blend. Enjoy it!!

Benefits: Moisturize the Skin, Reduce Signs of Skin Aging. Treat and prevent Stretch Marks/cellulite/fatness. Absolutely, your skin will experience a fabulous change! You will feel and look SEXY & GORGEOUS!!

Suggested use: Apply generously all over your body, especially after a shower with slightly damp skin. Apply all over your breasts & body to calm and relieve pain. It is highly recommended for daily use, especially before romantic activities, for its scent & warming ginger! IT IS JUST SOMETHING DIVINE!!!!

Ingredients: Organic **Argan** oil- cold pressed & deodorized, & **Zingiber** officinale (Organic **Ginger**) root oil- CO2 extracted.

CAUTION: KEEP OUT OF REACH OF CHILDREN!
NOT FOR INTERNAL USE! AVOID EYE CONTACT!
Test a small area of skin overnight before using
on a large area. IF PREGNANT OR LACTATING,
CONSULT YOUR HEALTHCARE PROVIDER,
BEFORE USING!



ARGAN- Organic Moroccan Oil Skin-Hair-Nails

100% Pure, Therapeutic-Grade Cold Pressed Oil 1.69 FL. Oz (50 ml)

DESCRIPTION

ARGAN- Organic Moroccan Oil- Skin-Hair-Nails, The best of nature! Extracted from the nuts of the Argan tree (Argania spinose L), cold pressed & deodorized. Although native to Morocco, it is now used across the globe for a variety of culinary, cosmetic and medicinal applications. Argan oil contains essential nutrients, rich in vitamin E (tocopherol), fatty acids (COQ10), melatonin, plant sterols, antioxidants and having anti-inflammatory properties.

Benefits: Top rated oil for Skin, Hair and Nail health! Excellent to nourish/moisture skin and treat a number of skin conditions like acne (by preventing pore clogging), may reduce signs of skin aging, protect from sun damage and improves wound healing. Often used to prevent & treat stretch marks.

Suggested use: Apply generously all over your body for beautiful Lustrous Skin, Hair and Nails! For healthy and shiny hair, add a few drops of oil to your daily shampoo/conditioner or apply directly to your hair, massage the oil into your scalp for up to 30 minutes for even better results. For severe damaged skin apply oil generously two or three times a day. Use a few drops of oil as a makeup remover.

Ingredients: Organic **Argan** oil- cold pressed & deodorized.

CAUTION: KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



ROSEHIP- Organic Extra Virgin Oil Rosa canina

100% Pure, Therapeutic-Grade Cold Pressed Oil 1.69 FL Oz (50 ml)

DESCRIPTION

ROSEHIP- Organic Extra Virgin Cold Pressed Oil, has been highly valued since ancient times for its many healing properties. It is especially helpful for those with sensitive skin! Rosehip oil is derived from the seeds of the **wild rose bush** (Rosa canina), it is a popular ingredient in skincare, for its hydrating and anti-aging benefits. Rosehip oil contains a high amount of provitamin A (mostly beta-Carotene), essential fatty acids (linoleic acid or omega-6, and α linoleic acid or omega-3) which promotes collagen and elastin levels to improve cell regeneration. It also contains phenols that have antiviral, antibacterial, and antifungal properties.

Benefits: Moisturizes, exfoliate and brightens the skin. It may help improve collagen, reduce scars, acne lesions, fine lines, wrinkles and stretch marks and for cell regeneration. May also reduce skin pigmentation/discoloration/inflammation, and protect against sun damage. It is a dry oil that easily absorbs into the skin.

Suggested use: Applied straight onto the skin or face as needed. It can be used as a carrier oil for other, more potent facial oils. Add a few drops of rosehip in face and body creams, lotions, massage oils, face and body oils; to nourish the skin.

Ingredients: Rosa canina (**Rosehip**) oil- cold pressed.

CAUTION: CONCENTRATED, KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!

Storage: Store in a cool, dark place. You can also store it in your refrigerator.



Hand of God ™ MASSAGE OIL Muscle Aches - Joint Pain

100% Pure, Therapeutic-Grade Oil Bend 2 FL Oz (59.15 ml)

DESCRIPTION

"HAND OF GOD"- Massage Oil, for Muscle Aches, Joint Pain and Arthritis. It replaces our VapRoil label; it is the same formula but improved with mint! Is a delicious combination of Cherry kernel oil with the vaporous warming sensation of Eucalyptus, Ginger, and a touch of Mint. It is just amazing! Cherry Kernel Oil is naturally high in Oleic and Linolenic fatty acids, antioxidants, Vitamin A and E content, and natural tocopherols. Plus the known remedy properties of Eucalyptus (for pain) and Ginger (for inflammation).

Benefits: Absolutely great for muscle aches, joint, arthritis & rheumatism pain! Also, to fight fatigue, relieve chest congestion & cough! Great for the Skin!

Suggested Use: Massage for a few minutes into skin for muscle aches and pains. Rub on chest for congestion. Heat up romantic activities...with or without a partner:)

Ingredients: Prunus avium (Cherry Kernel) virgin oil- cold pressed, Eucalyptus globulus (Eucalyptus) leaf oil- steam distilled, Zingiber officinale (Organic Ginger) root oil- CO2 extracted, & Mentha arvensis (Japanese Mint) oil- steam distilled.

CAUTION: KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!

Storage: Store out of direct sunlight or UV light.



COCO-POWER ™ Organic Liquid COCONUT *MCT Oil Medium Chain Triglycerides

100% Pure, Therapeutic-Grade Heat Pressed Oil 2 FL Oz (59.15 ml)

DESCRIPTION

"COCO-POWER"- Organic Liquid Coconut *MCT Oil, an extraordinary Superfood for long lasting energy. It is a natural oil odorless with a light consistency and is extracted from the Coconut pulp by a heat pressed method. Its scientific name is Cocos nucifera. It has been used in a variety of applications because of its extraordinary medicinal and beauty properties.

Benefits: It could be used as a supplement to improve Brain and Body functions. Great to moisturize the skin and for several skin issues like irritation, acne, eczema, psoriasis, dermatitis, Candida and other fungal infections. Non-greasy and absorbs easily into the skin. It can be used also as a carrier/ massage oil with your favorite essential oil. You can use also in cooking, (smoothies, salads & coffee).

Suggested use: Use daily as an energizing or uplifting supplement. Use also as a carrier oil to create a custom blend of your favorite essential oil or as a natural makeup remover. Great for all skin types.

Ingredients: Organic Fractionated *Cocos nucifera* (Coconut) oil; also known as Organic Coconut CT Medium Chain Triglycerides) oilheat pressed.



HAIR RESTORE ™ Rosemary & Mint Treatment For Thinning & Greying Hair

100% Pure, Therapeutic-Grade Essential Oil Blend 1 FL Oz (30 ml)

DESCRIPTION

"HAIR RESTORE"- Rosemary & Mint Treatment-For Thinning & Greying Hair. Is a powerful herbal oil blend! Containing the restorative oils of Grapefruit Seed and Sweet Almond; in addition to Rosemary and Mint oils!

Benefits: Fill out thinning hair, Stimulate Hair Growth, for Gray Hair- to Darken Hair, kill lice. Treat oily hair, dandruff & Alopecia areata (condition where your immune system attacks your hair follicles, leading to sudden hair loss).

Suggested use: For abundant & bright hair, apply directly to your scalp or add into your daily shampoo/conditioner by adding 5 full droppers of oil per 1 oz. (30ml) of hair care product. For gray hair, apply generously in the area as needed.

Ingredients: Rosmarinus officinalis (Rosemary) leaf oil- steam distilled, Citrus paradisi (Organic Grapefruit) seed oil- cold pressed, Prunus amygdalus dulcis (Sweet almond) oil- cold pressed & Mentha arvensis (Japanese mint) oil-steam distilled.

CAUTION: CONCENTRATED, KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



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THIEF & ROBBERS ™ Germ Warrior

100% Pure, Therapeutic-Grade Essential Oil Blend 1 FL Oz (30 ml)

DESCRIPTION

"THIEF & ROBBERS"- Germ Warrior, is a powerful Essential Oil Blend made with five oils (Clove, Lemon, Cinnamon, Eucalyptus & Rosemary), with a divine citrus-herbal aroma; that became famous during the Black Plague (1342-1353). Thieves applied these combination of oils to keep them from catching "the Plague" when thieving and robbing the houses of the deceased; when they were caught, the king demanded the formula to spare their lives! In modern days these same oils are available and are known as killers of virus, bacteria or mold, when exposed to the oil. Our version smells better than Thieves Oil by Young Living.

Benefits: Get rid of "old house" mold or mildew smells, or to just cleanse the air... especially in times of sickness! Fights infection-causing pathogens in the air to help boosts immune and respiratory health! Also kills fingernail fungus. **Suggested use:** To eliminate muggy/ musty/ moldy odors and cleanse, use in water/oil Diffusers (3-5 drops per 100 ml of water), at home or in your workplace; or when the allergens in the air are high. You can also create a room cleaning mister with 30 drops to 1 oz. water, spray to freshen areas of the house or in places that smell musty, moldy or muggy!

Ingredients: Syzygium aromaticum (Clove) bud oilsteam distilled; Citrus Limon (Lemon) peel oil- cold pressed, Cinnamomum cassia (Cinnamon) bark oilsteam distilled, Eucalyptus globulus (Eucalyptus) leaf oil- steam distilled & Rosmarinus officinalis (Rosemary) leaf oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKIN-REACTS STRONGLY TO SUNLIGHT & ULTRAVIOLET LIGHT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



PURIFICA ™ Clean & Freshen

100% Pure, Therapeutic-Grade Essential Oil Blend 1 FL Oz (30 ml)

DESCRIPTION

"PURIFICA" (Purification)- Clean & Freshen, is a potent Essential Oil Blend, created to keep your home smelling amazingly fresh and clean, without using harsh synthetic chemicals and is made of six oils (Citronella, Lavandin, Lemongrass, Rosemary, Myrtle, and Tea Tree), with a rich, citrus-floral aroma. The raw material sources for these blends come from many exotic countries like India, Ecuador, Indonesia, Spain and others. "Purifica" is our version of Young Living's Purification.

Benefits: Wonderful blend to keep your entire home, car or any other place smelling deliciously fresh and clean. **Suggested use:** To keep away unwanted odors from cooking, laundry, pets or anything else use in water/oil Diffusers (5-10 drops per 100 ml of water) or create a room cleaning mister with 20-30 drops to 1 oz. water. Add a few drops to dryer to give your laundry clothes a wonderful smell. Add a few drops on cotton balls and stash them anywhere you need additional freshness.

Ingredients: Cymbopogon nardus (Citronella) oil- steam distilled, Rosmarinus officinalis (Rosemary) leaf oil- steam distilled, Cymbopogon flexuosus (Lemongrass) oil- steam distilled, Melaleuca alternifolia (Tea tree) leaf oil- steam distilled, Lavandula hybrid (Lavandin) oil- steam distilled, & Myrtus communis (Myrtle) oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKINSHOULD BE DILUTED WITH A CARRIER OIL. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



UPLIFT ™ Energetic Blend

100% Pure, Therapeutic-Grade Essential Oil Blend 1 FL Oz (30 ml)

DESCRIPTION

"UPLIFT"- Energetic Blend, is an energizing Essential Oil Combination, highly refreshing and elevating! Made of Rosemary, Lemon and Lemongrass, it has an absolutely delicious pinecitrus aroma that brings peace-of-mind and happiness. Oil sources for these blends come from many exotic countries like India, Ecuador, Indonesia and Spain.

Benefits: Simply inhaling enhances the mood! The citrus and herbs scents in this oil combination, may increase your serotonin levels (the happy chemical), may relieve sadness-depression symptoms, may reduce anxiety-nervousness. May also help to reduce stress, increase mental alertness, fatigue, anger, frustration and headaches.

Suggested use: Smell deep to feel THE UPLIFT! Use In water/oil Diffusers (5-15 drops per 100 ml of water) or create a room mister with 20-30 drops to 1 oz. water to bring balance and harmony.

Ingredients: Citrus Limon (Lemon) peel oil- cold pressed, Rosmarinus officinalis (Rosemary) leaf oil- steam distilled; & Cymbopogon flexuosus (Lemongrass) oil- steam distilled

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE ON THE SKIN- REACTS STRONLY TO SUNLIGHT & ULTRAVIOLET LIGHT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



MINT MELODY ™ Focus & Calming

100% Pure, Therapeutic-Grade Essential Oil Blend 1 FL Oz (30 ml)

DESCRIPTION

"MINT MELODY"- Focus & Calming, is a fabulous stimulating & invigorating Essential Oil Blend! With a refreshing minty aroma. Made of Japanese mint, Spearmint and Wintergreen, It's melody of aromas brings peace-of-mind and concentration! Oil sources for these blends come from many exotic countries like India, Indonesia and Spain.

Benefits: It can help for calm & focus. Simply inhaling enhances the mood! The minty scents in this oil combination, may increase your serotonin levels (the happy chemical), may relieve sadness, depression anxiety & nervousness. May also help to reduce stress, increase mental alertness, fatigue, anger, frustration and headaches.

Suggested use: Diffuse for calming and Focus. Apply it topically 1% or less (in a carrier oil) to fatigued muscles or chest for breathing issues, for a cooling sensation. May also help to treat digestive distress (2-5 drops in a glass of water). Add a few drops to hot bathwater and enjoy the revitalizing scent and soothing aromatic steam.

Ingredients: Mentha arvensis (Japanese Mint) oil- steam distilled, Mentha spicata (Spearmint) leaf oil- steam distilled & Gaultheria procumbens (Wintergreen) leaf oil- steam distilled.

CAUTION: CONCENTRATED, KEEP OUT OF REACH OF CHILDREN! FOOD GRADE AT CONCENTRATIONS OF 1% OR LESS-when added to foods or beverages. AVOID EYE CONTACT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING! NOT INTENDED FOR USE ON INFANTS.



LEMON-LIME Energizing & Invigorating

100% Pure, Therapeutic-Grade Essential Oil Blend 1 FL Oz (30 ml)

DESCRIPTION

LEMON-LIME- Energizing & Invigorating, is a bright and refreshing Essential Oil blend! With an absolutely delicious citrus aroma that brings energy and happiness. Made of Italian lemon and Mexican lime.

Benefits: Commonly used in aromatherapy because of its refreshing, energizing and uplifting aroma. Simply inhaling feel energized, enhances the atmosphere and the mood! Help to find mental clarity, reduce stress, anxiety and depression, ease morning sickness, improve cold symptoms, relieve pain, and more. Also improve skin, treat acne, and heal wounds.

Suggested use: Diffuse it to create a bright and uplifting environment. Use it during your nighttime skin and hair care routine (ADD ONLY 1-2% TO A CARRIER OIL OR BODYCARE PRODUCT) to help reduce the appearance of aging. Add a few drops to your conditioner for a great scent. Mix it with your cleaning products.

Ingredients: Citrus limon (Italian **Lemon**) peel oil- cold pressed & Citrus aurantifolia (**Lime**) oil-cold pressed.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! FOOD GRADE AT CONCENTRATIONS OF 1% OR LESS-when added to foods or beverages. AVOID EYE CONTACT! DON'T USE ON THE SKIN BEFORE SPENDING TIME OUTSIDE- REACTS STRONLY TO SUNLIGHT & ULTRAVIOLET LIGHT! DON'T USE PURE ON THE BODY, IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



ESSENTIAL OILS







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ITALIAN LEMON Citrus limon

100% Pure, Therapeutic-Grade Cold Pressed Oil 1 FL Oz (30 mL)

DESCRIPTION

ITALIAN LEMON Cold Pressed Oil, a natural ingredient that serves as a home health remedy. It's extracted from the peel of fresh lemon, using a "cold-pressing" process. It smells delicious! **Lemon Oil** is considered as a natural anti-inflammatory and antimicrobial agent. Is well-known for its cleansing and purifying properties. It is a popular ingredient in several household products.

Benefits: Its bright and refreshing citrus aroma enhances your atmosphere. May help you boost your mood, find mental clarity, reduce stress, and more. Commonly used in aromatherapy because of its refreshing, energizing and uplifting aroma.

Ingredients: *Citrus Limon* (**Lemon**) peel oil- cold pressed.

Suggested Use: Diffuse it to create a bright and uplifting environment (3-5 drops per 100 ml of water). Use it during your nighttime skin and hair care routine (ADD ONLY 1-2% TO A CARRIER OIL OR BODYCARE PRODUCT) to help reduce the appearance of aging. Add a few drops to your conditioner for a great scent. Mix it with your cleaning products. Keep on your hand for its clean, energizing, and invigorating aroma. To have spot free dishes out of the dishwasher, add a few drops to your dishwasher soap container.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! FOOD GRADE AT CONCENTRATIONS OF 1% OR LESS-when added to foods or beverages. AVOID EYE CONTACT! DON'T USE ON THE SKIN BEFORE SPENDING TIME OUTSIDE- REACTS STRONLY TO SUNLIGHT & ULTRAVIOLET LIGHT! DON'T USE PURE ON THE BODY, IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



LIME *Citrus aurantifolia*

100% Pure, Therapeutic-Grade Cold Pressed Oil 1 FL Oz (30 mL)

DESCRIPTION

LIME Cold Pressed Oil, is a refreshing and energizing essence. Made from the peel of fresh limes by cold pressing. It has a pleasant and invigorating citrus aroma and great cleansing and purifying properties; because its high limonene content.

Benefits: Its joyful aroma enhances your atmosphere! May help promote mental clarity, boost your mood, reduce stress, and more. Commonly used in aromatherapy because of its refreshing, energizing and uplifting scent.

Great to provide antioxidants to the skin, which may reduce dark spots. May also supports a healthy digestive system and weight management.

Suggested use: Diffuse it to create a bright and uplifting environment. Use it during your nighttime skin and hair care routine (ADD ONLY 1-2% TO A CARRIER OIL OR BODYCARE PRODUCT) to help reduce the appearance of aging. Add a few drops to your conditioner for a great scent. Mix it with your cleaning products. Keep on your hand for its clean, energizing, and invigorating aroma.

Ingredients: Citrus aurantifolia (Lime) oil- cold pressed.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! FOOD GRADE AT CONCENTRATIONS OF 1% OR LESS-when added to foods or beverages. AVOID EYE CONTACT! DON'T USE ON THE SKIN BEFORE SPENDING TIME OUTSIDE- REACTS STRONLY TO SUNLIGHT & ULTRAVIOLET LIGHT! DON'T USE PURE ON THE BODY, IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



ROSEMARY *Rosmarinus officinalis*

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

ROSEMARY Essential Oil, is known for its distinctive fragrance that is characterized by an energizing, evergreen, citrus-like, herbaceous scent. It is derived from the aromatic herb Rosmarinus officinalis, a plant belonging to the Mint family, which includes Basil, Lavender, Myrtle, and Sage.

Benefits: Powerful treatment oil which may help to: Fill out thinning hair, Stimulate hair growth, Darken hair, Treat oily hair, Treat dandruff, Treat Alopecia areata (a condition where your immune system attacks your hair follicles, leading to sudden hair loss). It may also help to: maintain oral health, sore gums, improve brain activity, provide respiratory relief, repel certain bugs, and eases stress.

Suggested use: For healthy scalp, abundant & bright hair, apply to your scalp diluted in a carrier oil. You can also add into your daily shampoo or conditioner by adding 1 to2 full droppers of oil per 1 oz. (30ml) of hair care product. To purify and cleanse, use in water/oil Diffusers (3-5 drops of oil per 100 ml of water) or create a room cleaning mister with 30 drops to 1 oz. water.

Ingredients: Rosmarinus officinalis (**Rosemary**) leaf oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SCALP/SKIN-SHOULD BE DILUTED WITH A CARRIER OIL! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



EUCALYPTUS *Eucalyptus globulus*

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

EUCALYPTUS Essential Oil, is derived from the Eucalyptus tree originally native to Australia; but now grown all over the world and used for their medicinal properties. The healing power comes from **Eucalyptus oil**, which is made from the tree's leaves that are dried, crushed, and distilled to release the essence! It has strong antimicrobial, decongestant, and expectorant properties. Is one of the main ingredients in many cold and flu medications.

Benefits: May help to relieve coughing, chest congestion, keep bugs away, treat wounds, breathe easier, control blood sugar, soothe cold sores, freshen breath, and ease joint pain.

Suggested use: To purify and cleanse, use in water/oil Diffusers (3-5 drops of oil per 100 ml of water) or create a room cleaning mister with 30 drops to 1 oz. water. Inhale the vapor for flu or chest congestion.

Ingredients: *Eucalyptus globulus* (**Eucalyptus**) leaf oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKINSHOULD BE DILUTED WITH A CARRIER OIL! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



JAPANESE MINT Mentha arvensis

100% Pure, Therapeutic-Grade 1 FL Oz (30 ml)

DESCRIPTION

JAPANESE MINT Essential Oil, a delicious essence, with a cool and refreshing smell and touch! Made from wild mint, a species in the mint (Lamiaceae) family and found in many temperate parts of the world. ... The highly fragrant leaves are triple steam distilled, to produce the highest quality Japanese mint essential oil!

Benefits: Its invigorating aroma can help to create a focused & uplifting environment when diffuse. May help for treating coughs and colds, reducing pain, improving mental function, and reducing stress. It is also promoted for topical use, like headache, muscle aches, joint pain, and itching.

Suggested Use: For focused & uplifting environment, use in water/oil Diffusers (3-5 drops of oil per 100 ml of water). Apply it topically 20% or less (in a carrier oil) to fatigued muscles or chest for breathing issues, for a cooling sensation. May also help to treat digestive distress (2-5 drops in a glass of water). Add a few drops to hot bathwater and enjoy the revitalizing scent and soothing aromatic steam.

Ingredients: *Mentha arvensis* (Japanese mint) oil- steam distilled.

CAUTION: CONCENTRATED, KEEP OUT OF REACH OF CHILDREN! FOOD GRADE AT CONCENTRATIONS OF 1% OR LESS-when added to foods or beverages. AVOID EYE CONTACT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING! NOT INTENDED FOR USE ON INFANTS.



CLOVE BUD Syzygium aromaticum

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

CLOVE BUD Essential Oil, is derived from the clove tree, native to Southeast Asia, although today it growing in other areas also. **Clove Oil** is produced by distilling the dried flower buds that are collected from the clove tree. Other parts of the tree, such as the stem and leaves, may also be used. Its color ranges from colorless to light yellow and has a strong, spicy aroma, has been used for centuries in a variety of applications.

Benefits: Antiseptic, anesthetic, fungicidal, and antiviral. Could be very effective against certain fungal infections. Eliminates parasites naturally, without unbalancing the pH of the intestinal flora and helps to strengthen it. Maintain oral health and sore gums. Great for toothache.

Suggested use: It can be used to maintain oral health and sore gums by gargling with a few ounces of water and 3-8 drops of oil. Don't use without diluting! For toothache, apply a drop to the aching tooth. To purify and cleanse, use in water/oil Diffusers (3-5 drops per 100 ml of water) or create a room cleaning mister with (10-30) drops to 1 oz. water.

Ingredients: *Syzygium aromaticum* **(Clove)** flower bud oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKINSHOULD BE DILUTED WITH A CARRIER OIL! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



CINNAMON *Cinnamomum cassia*

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

CINNAMON Essential Oil, is a powerful oil with a delicious aroma, extracted from the Cinnamon tree (Cinnamomum cassia) by steam distillation. For centuries it has been used in a variety of applications because its extraordinary medicinal properties. Modern science has now confirmed what people have known for ages.

Benefits: A variety for health and beauty. It can be used as an antibacterial and anti-fungal agent. It can also be used in aromatherapy as a relaxant. Some studies suggests that cinnamon has positive effects on brain functions and may alleviate pain. It is very strong and must be used sparingly. **Suggested use:** To purify and cleanse, use in water/oil Diffusers (2-5 drops of oil per 100 ml of water) or create a room cleaning mister with 10-20 drops to 1 oz. water.

Ingredients: *Cinnamomum cassia* (**Cinnamon**) Bark oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKIN! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



CITRONELLACymbopogon nardus

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

CITRONELLA Essential Oil, is a unique essence with a slight citrus aroma. Extracted from the leafy parts of the citronella grass plant (*Cymbopogon nardus*), a relative of lemongrass. This fragrant grass got its name from the French word meaning "lemon balm," due to its floral, citrus-like aroma. Has been widely used for centuries in aromatherapy and for a variety of beauty and medical purposes. It is a common element in perfumes, cosmetic and in outdoor bug repellant products.

Benefits: Considered one of the more effective <u>natural insect repellents</u>. It is a great product to add to your beauty routine or to refresh indoor and outdoor spaces. Its unique aroma create a pleasant atmosphere. It may also help with skin rashes, fungus, to lift mood, to fight fatigue, flu, muscle spasms, anxiety, & depression.

Suggested use: To purify and refresh indoor and outdoor spaces, to keep bugs away, use in water/oil Diffusers (3-5 drops per 100 ml of water). Add a few drops in household soups and beauty products. Dilute 1 drop of **Citronella Essential Oil** with 1 drop of coconut oil or any other carrier oil and apply to desired area as needed.

Ingredients: *Cymbopogon nardus* (**Citronella**) oilsteam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKIN- SHOULD BE DILUTED WITH A CARRIER OIL. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!

Storage: Keep in a cool, dark place.



LEMONGRASS *Cymbopogon flexuosus*

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

LEMONGRASS Essential Oil, is a powerful essence with a citrus-herb aroma. It is extracted from the leaves and stalks of the Lemongrass, a tropical grassy plant, originally from Asia and used in cooking and herbal medicine. For centuries has been used as a natural remedy, beauty and in aromatherapy. Often included as an ingredient of household and personal care products.

Benefits: A variety of health and beauty benefits. It aromatherapy it may help to lift mood, headaches, relieve stress, anxiety, depression and nervousness. It May also help cleanse and soften skin. Purifies the air from bad odors. Its sophisticated aroma create a relaxing-pleasant atmosphere.

Suggested use: To purify and freshen up your home's environment, use in water/oil Diffusers (3-5 drops per 100 ml of water) or create a room cleaning mister with 30 drops to 1 oz. water for clarity and relaxation. Add 3–4 drops to your cleaning products, dishes, or laundry to improve cleanliness. Dilute 1 drop with 1 drop of any carrier oil and apply to desired area as needed. Add up to 12 drops of essential oil to 1 teaspoon of any carrier oil. Mix into a warm bath or use for a massage after activity.

Ingredients: *Cymbopogon flexuosus* (**Lemongrass**) oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKIN- SHOULD BE DILUTED WITH A CARRIER OIL. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER. BEFORE USING!



TEA TREE *Melaleuca alternifolia*

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

TEA TREE Essential Oil, is a powerful essence, with an intense, clean aroma, obtained by steam distillation from the leaves of *Melaleuca alternifolia*, a small tree native to Queensland and New South Wales, Australia. It has been used for centuries as a traditional medicine by Aborigines because it's effective cleansing properties and refreshing scent.

Benefits: Natural and effective remedy that can be used for a diversity of things. In <u>Home Cleaning</u> (to make homemade household cleaners, air fresheners, eliminate musky odors, & as an insect repellent); <u>Homemade Remedy</u> (to treat coughs, colds, nail fungus, wound healing and may relieve Psoriasis); <u>Personal Care</u> (natural deodorant, mouthwash & Athlete's Foot) and <u>Beauty Routine</u> (skin care, acne, and hear-dandruff treatments).

Suggested use: For home cleansing and refreshing, use in water/oil Diffusers (2-5 drops per 100 ml of water) or create a room cleaning mister with 10-20 drops to 1 oz. water. To get rid of mold on fruits and vegetables, add a few drop of tea tree oil to water and rinse the products. Diluted some drops of tea tree oil with water to create mouthwash for bad breath and dental plaque.

Ingredients: *Melaleuca alternifolia* (**Tea tree**) leaf oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKIN- SHOULD BE DILUTED WITH A CARRIER OIL. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



ROSEHIP-Organic Extra Virgin Oil Rosa canina

100% Pure, Therapeutic-Grade Cold Pressed Oil 1 FL Oz (30 ml)

DESCRIPTION

ROSEHIP- Organic Extra Virgin Cold Pressed Oil, has been highly valued since ancient times for its many healing properties. It is especially helpful for those with sensitive skin! Rosehip oil is derived from the seeds of the **wild rose bush** (Rosa canina), it is a popular ingredient in skincare, for its hydrating and anti-aging benefits. Rosehip oil contains a high amount of provitamin A (mostly beta-Carotene), essential fatty acids (linoleic acid or omega-6, and α linoleic acid or omega-3) which promotes collagen and elastin levels to improve cell regeneration. It also contains phenols that have antiviral, antibacterial, and antifungal properties.

Benefits: Moisturizes, exfoliate and brightens the skin. It may help improve collagen, reduce scars, acne lesions, fine lines, wrinkles and stretch marks and for cell regeneration. May also reduce skin pigmentation/discoloration/inflammation, and protect against sun damage. It is a dry oil that easily absorbs into the skin.

Suggested use: Applied straight onto the skin or face as needed. It can be used as a carrier oil for other, more potent facial oils. Add a few drops of rosehip in face and body creams, lotions, massage oils, face and body oils; to nourish the skin.

Ingredients: Rosa canina (**Rosehip**) oil- cold pressed.

CAUTION: CONCENTRATED, KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!

Storage: Store in a cool, dark place. You can also store it in your refrigerator.



LAVANDIN *Lavandula hybrida*

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

LAVANDIN Essential Oil, is a strong essence with an herbaceous, sweet and floral aroma, similar to True Lavender but is not a "true" lavender. It is a hybrid between true lavender (Lavandula angustifolia) which grows at higher altitudes and spike lavender (Lavandula latifolia) which grows lower on the hillsides. Its appearance can vary some, but in general it is a larger plant than true lavender with woody stems. The flowers vary from blue like true lavender to more greyish, similar to spike lavender. It is grown in many countries, mainly in France and Spain.

Benefits: May help inflammation, respiratory and circulatory conditions. Fight germs, may reduce scarring, and stretch marks and other skin issues. Also may help to nervous tension. It has similar actions as true lavender but due to its higher concentration of camphor, it may not be as gentle enough to use on the skin as Lavender.

Suggested use: To create a relaxing environment. Use In water/oil Diffusers (5-15 drops per 100 ml of water) or create a room cleaning mister with 15-30 drops to 1 oz. water, it may also help for calming, sleeping and nervousness. Add a few drops to liquid soaps, fresheners, lotions, shampoos and skin care products for a classic scent. For massage dilute 1 drop with 1 drop of carrier oil and apply to desired area.

Ingredients: *Lavandula hybrida* (**Lavandin**) oilsteam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKIN- SHOULD BE DILUTED WITH A CARRIER OIL. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



GINGER Organic Zingiber officinale

100% Pure, Therapeutic-Grade CO2 Extracted Oil 1 FL Oz (30 ml)

DESCRIPTION

GINGER Organic Oil, a wonderful stimulating and warming essence, with a strong-spicy aroma. Extracted from the rhizome of the plant (zingiber officinale) by "CO2 extraction" for full aroma; isolating an additional 10 more therapeutic chemical compounds versus steam distillation. It is concentrated and thick with a dark red/yellow color. Ginger has been used by centuries as a natural remedy because of its extraordinary Anti-inflammatory properties.

Benefits: May kill bacteria, may reduce signs of skin damage and aging. Enhances hair growth. Eases nausea. May enhance concentration and may soothe and reduce stress, sadness, and anxiety. **Suggested use:** For steam inhalation, heat water and place it in a bowl, add a few drops (1 or 2) of oil, and inhale deeply. In a diffuser 2-5 drops per 100 ml or also in a spray it can to freshen the air in a room.

Ingredients: *Zingiber officinale* (**Organic Ginger**) root oil- CO2 extracted.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKINSHOULD BE DILUTED WITH A CARRIER OIL then test a small area of skin overnight before using on large area. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!



MYRTLE *Myrtus communis*

100% Pure, Therapeutic-Grade Essential Oil 1 FL Oz (30 ml)

DESCRIPTION

MYRTLE Essential Oil, is a relaxing & mentally centering essence; with a sweet and fresh aroma, obtained from the Myrtle plant (Myrtus communis) by steam distillation. Used since ancient times for its benefits! The Common myrtle; is native to the Mediterranean region in southern Europe. It is also cultivated in Macaronesia, and the Indian subcontinent. The plant is an evergreen shrub or small tree, growing to 16 ft tall (5 mt). The leaf is entire, 1.2- 2 inch (3–5 cm) long. The flower is like star with five white petals and sepals, and numerous stamens.

Benefits: Beautify and enhance the appearance of skin, control acne by balancing hormones. May recover vitality to enhance sex life for men and women. Used in homeopathy as a thyroid balancer/adaptogen. May help with anxiety, nervousness and depression.

Suggested use: For a pleasant uplifting aroma, use in water/oil Diffusers (3-5 drops per 100 ml of water). For beautify and enhance skin health. Dilute 1 drop with 1 drop of carrier oil and apply to desired area as needed. Use as deodorizer. Great to add to your beauty routine.

Ingredients: *Myrtus communis* (**Myrtle**) oilsteam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKINSHOULD BE DILUTED WITH A CARRIER OIL. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!

Storage: Do not store above room temperature.



PALO SANTO *Bursera graveolens*

100% Pure, Therapeutic-Grade Essential Oil-1 FL Oz (30 ml)

DESCRIPTION

PALO SANTO Essential Oil, is a spiritually powerful essence, having an uplifting aroma of pine, mint, and lemon. Extracted from the Palo Santo tree, which means "Holy Wood", one of the most fragrant woods in the world, known for its medicinal and therapeutic healing properties. It belongs to the Burseraceous citrus family which also includes Myrrh, Frankincense and Copal. This mystical tree grows in the tropical dry forest of Ecuador and Peru. The tree or fallen branches must lie dead for 4-10 years before the medicinal and mystical properties become alive; then it is harvested and distilled. Palo Santo contains high concentrations of D-limonene and monoterpenes. It has been used for centuries as a natural remedy and in a wide variety of spiritual and religious practices by the shamans of indigenous communities.

Benefits: Is often used to purify and cleanse spaces, for spiritual purification, and as a bug repellent. May also help in fighting of Colds, flu, headache, anxiety, depression, asthma, bronchitis, inflammation, arthritis, joint pain and may improve the immunological system.

Suggested use: To purify and environments! Use In water/oil Diffusers (3-5 drops per 100 ml of water) or create a room cleaning mister with 30 drops to 1 oz. water. Diffusing Palo Santo oil may also help to keep away mosquitoes, ward off colds, reduce stress, and for spiritual purification/energy cleansing. For massage, dilute 1 drop with 1 drop of carrier oil and apply to desired area as needed. Add a few drops in soaps, scrubs, and lotions to cleanse and moisturize the skin. Apply on the head two drops before yoga or meditation.

Ingredients: Bursera graveolens (Palo Santo) oil or holy wood oil- steam distilled.

CAUTION: HIGHLY CONCENTRATED, CARE SHOULD BE TAKEN! KEEP OUT OF REACH OF CHILDREN! NOT FOR INTERNAL USE! AVOID EYE CONTACT! DON'T USE DIRECTLY ON THE SKINSHOULD BE DILUTED WITH A CARRIER OIL then test a small area of skin overnight before using on large area. IF PREGNANT OR LACTATING, CONSULT YOUR HEALTHCARE PROVIDER, BEFORE USING!





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