Formula #: 1807 Rev #:1

Date: May 8, 2024



102-2440 Canoe Ave Coquitlam BC V3K 6C2 Canada

Gabapentin 10%, Diphenhydramine HCl 5%, Lidocaine HCl 2% in Transderma MultiMax Cream

Ingredients	Makes 100 g
Gabapentin	10 g
Diphenhydramine Hydrochloride	5 g
Lidocaine Hydrochloride	2 g
Ethoxy diglycol	5 mL
Transderma MultiMax Cream	qs 100 g

Notes:

If the final consistency of the cream is less than ideal, add Xenefix Derm600 in a dropwise fashion, mixing well between additions, until the desired consistency is achieved.

Application:

The combination of topical analgesics can be used for the treatment of neuropathic pain.¹⁻³

Compounding Procedure: 4-7

- 1. Calculate the required quantity of each ingredient for the total amount to be prepared
- 2. Accurately weight and/or measure each ingredient
- 3. In a glass mortar mix the powders together and reduce to a fine particle size. Passing the powder blend through a fine mesh sieve will ensure a uniform particle size.
- 4. Add the ethoxy diglycol to the powder to form a smooth paste
- 5. Incorporate Transderma's® MultiMax Cream Base geometrically with the paste to final weight; mix well
- 6. Shear force mixing (electronic mortar & pestle) and/or milling may be necessary to homogenously distribute the APIs throughout the base and facilitate the creation of a pharmaceutically elegant final preparation
- 7. Package and label

Packaging and Labelling:

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^{*}Propylene glycol may be substituted for the ethoxy diglycol.

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For external use only, keep away from eyes and mucous membranes, apply exact dose topically as directed. Store at controlled room temperatures.

Beyond Use Date:

30 days⁸

References:

- 1. Gabapentin. UpToDate. Waltham, MA.: UpToDate; 2024. www.uptodate.com. Accessed April 14, 2024
- 2. Diphenhydramine. *UpToDate*. Waltham, MA.: UpToDate; 2024. www.uptodate.com. Accessed April 14, 2024
- 3. Lidocaine. UpToDate. Waltham, MA.: UpToDate; 2024. www.uptodate.com. Accessed April 14, 2024
- 4. Loyd A. Amitriptyline Hydrochloride 2%, Carbamazepine 2%, Gabapentin 10%, and Ketoprofen 2% Transdermal Gel. *Int J Pharm Compd.* 2011;15:157
- 5. Amitriptyline Hydrochloride 10%, Baclofen 2.5% and Ketamine Hydrochloride 5% in Lipopen™ Ultra Base [Fagron Freedom]. *CompoundingToday*. Edmond, OK. International Journal of Pharmaceutical Compounding; 2024. www.compoundingtoday.com. Accessed April 14, 2024
- 6. Bupivacaine Hydrochloride 1%, Diclofenac Sodium 3%, Gabapentin 3%, Ketamine Hydrochloride 10%, Orphenadrine Citrate 5% and Pentoxifylline 3% in Versatile™ Cream [Fagron]. *CompoundingToday*. Edmond, OK. International Journal of Pharmaceutical Compounding; 2024. www.compoundingtoday.com. Accessed April 14, 2024
- 7. Cyclobenzaprine Hydrochloride 20-mg/g, Ketoprofen 200-mg/g and Lidocaine 100-mg/g in Lipoderm™ [PCCA]. *CompoundingToday.* Edmond, OK. International Journal of Pharmaceutical Compounding; 2024. www.compoundingtoday.com. Accessed April 14, 2024
- 8. National Association of Pharmacy Regulatory Authorities, Guidance Document for Pharmacy Compounding of Non-Sterile Preparations. June 2018

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