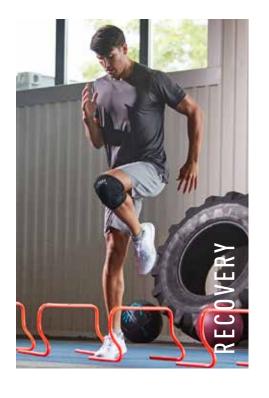
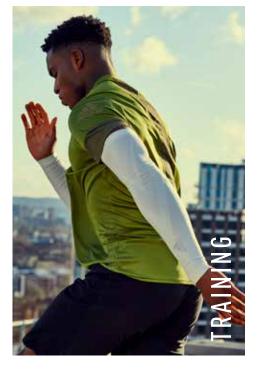




ADIDAS 2022 TRAINING EQUIPMENT









RECOVERY

PAGE // 3

TRAINING

PAGE // 15

YOGA

PAGE // 34

BOTTLES

PAGE // 45

Rollers and Accessories: 4 Supports and Wraps: 7 Gloves: 11 Compression: 16 Training Accessories: 18 Weight Lifting: 21 Mats: 24 Skipping Ropes: 26 Weighted Apparel: 27 Bands and Tubes: 29 Gym Balls: 33 Slam Balls: 33 Mats: 35 Blocks: 39 Accessories: 40 600mL Performance Bottles: 45 900mL Performance Bottles: 45





TEXTURED FOAM ROLLER







Helping to relieve muscle fatigue, the
Foam Roller's hollow plastic core provides
targeted pressure with a dense foam
surface for comfort. Massaging your
muscles to improve blood and oxygen
flow, the roller helps increase mobility and
accelerate recovery.

- 38 cm length, 14 cm diameter
- Accelerates recovery
- Dense foam surface
- Hollow plastic core
- Relieves tight tissue

Blue ADAC-11501BL

RRP \$79.95ea



Compact and lightweight, the mini roller targets tight tissue with focused pressure; increasing mobility and accelerating recovery. The raised bobbled texture also massages the muscles, promoting blood flow and releasing tense tissue.

- Bobbled texture helps massage muscle and promote blood flow
- Lightweight and compact

- Compact size helps target tightness with focused pressure
- Dense foam retains shape
- Helps ease muscle discomfort

18cm Grey Camo ADAC-11504GR 33cm Black ADAC-11505BK

18cm Grey Camo RRP \$54.95ea 33cm Black RRP \$79.95ea







Helping to alleviate aches and pains, the adidas Massage Ball releases tight tissue with focused pressure.

8.3 cm in diameter, the ball can be used anywhere on the body, rolling seamlessly for smooth and effective treatment.

The Massage Ball combines the perfect amount of compression, stability and pressure for optimised treatment.

- 8.3 cm diameter
- Helps alleviate aches and pains
- Release tight tissue with focused pressure
- Responsive cork with a PU outer

Black ADTB-11607

RRP \$29.95ea



Built to release tight tissue, the roller targets aches and pains. The roller's seven rotating balls have a grooved texture for effective treatment across a larger surface area.

Ideal for the larger muscle groups, the roller is also fit for more focused massage; allowing you to enhance each workout both pre and post-session.

- Grooved foam handles
- Ideal for releasing tense tissue
- Massages aches and pains
- Seven rotating massage balls

Red ADTB-11608

RRP \$44.95ea



TARGETS AND RELIEVES TIGHT TISSUE







Helping to relieve tight tissue, the Double Massage Ball provides tailored pressure to increase blood flow and accelerate muscle recovery.

- Dual-ball design
- Hollow TPR construction
- The dual-ball design creates two points of pressure for more targeted back, arm and leg massages
- Promotes blood flow
- Targets and relieves tight tissue

ADTB-11609

RRP \$29.95ea









Ergonomically designed, bolsters the joint
without restricting movement. Ideal for
all sports and training types, the durable
nylon trim secures the support whilst the
breathable moisture wicking material
maximises comfort.

•

M

Ankle – (Measuring around the ankle bone) S 203mm – 216mm M 216mm – 229mm L 229mm – 241mm XL 241mm – 254mm.

- Breathable fabric
- Moisture wicking material
- Reinforced nylon trim

S ADSU-12411RD

M ADSU-12412RD

L ADSU-12413RD

XL ADSU-12414RD

RRP \$19.95ea









Ergonomically designed, the adidas
Knee Support bolsters the joint without
restricting movement. Ideal for all sports
and training types, the durable nylon trim
secures the support whilst the breathable
moisture wicking material max comfort.

Measure around the centre of the knee: S 320mm – 350mm M 350mm – 380mm L 380mm – 410mm XL 410mm – 440mm

- Breathable fabric
- Moisture wicking material
- Reinforced nylon trim

S ADSU-12421RD

M ADSU-12422RD

L ADSU-12423RD

RRP \$19.95ea









Ergonomically designed, the adidas
Elbow Support bolsters the joint without
restricting movement. Ideal for all sports
and training types, the durable nylon trim
secures the support whilst the breathable
moisture wicking material max comfort.

Measure around the centre of the knee: S 218mm - 246mm M 246mm - 260mm L 260mm - 284mm XL 284mm - 303mm

- Breathable fabric
- Moisture wicking material
- Reinforced nylon trim

S ADSU-12431RD

M ADSU-12432RD

L ADSU-12433RD XL ADSU-12434RD

RRP \$19.95ea

WRIST SUPPORT







Ergonomically designed, the adidas
Wrist Support bolsters the joint without
restricting movement. Ideal for all sports
and training types, the durable nylon trim
secures the support whilst the breathable
moisture wicking material maximises
comfort.

Measure around the centre of your wrist: S 107 - 185 mm M 185 - 200 mm L 200 - 230 mm XL 230 - 250 mm

- Breathable fabric
- Moisture wicking material
- Reinforced nylon trim

S ADSU-12441RD

M ADSU-12442RD

L ADSU-12443RD

XL ADSU-12444RD

RRP \$19.95ea







Engineered for performance and recovery; the adidas Aeroready Support helps you move freely and recover faster.

Worn during sports or training sessions, the Knee Support provides strategic reinforcement without restricting movement. Wearing the support minimises your risk of over-extension whilst reducing swelling post-exercise.

- Aeroready encourages airflow
- Dual compression kinesiology band
- Non-slip silicone inlay

S ADSU-13321

M ADSU-13322

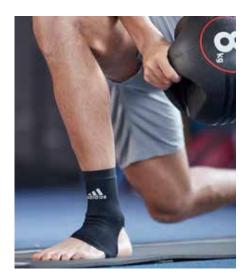
L ADSU-13323

XL ADSU-13324

RRP \$44.95ea

PERFORMANCE ANKLE SUPPORT







Engineered for performance and recovery; the adidas Aeroready Support helps you move freely and recover faster.

Featuring a silicone grip, the Aeroready Support stays put throughout your session; allowing you to focus solely on maximising your performance.

The kinesiology band delivers total structure and support.

- Dual compression kinesiology band
- Moisture wicking Coolmax yarn
- Non-slip silicone inlay

S ADSU-13311

M ADSU-13312

L ADSU-13313

XL ADSU-13314

RRP \$44.95ea



STRATEGIC REINFORCEMENT







Worn during sports and training sessions, supports and wraps strategically reinforce the relevant joint without over restricting movement. Use them out on the field, in the gym or on rest days.

Applying the wrap the day after a big match or training session can also help reduce the onset of muscle soreness.

STRATEGIC REINFORCEMENT - Fit for all sports and training styles, the Universal Wrap strategically bolsters your joints without restricting movement.

ELASTICATED THUMB LOOP - Fitted with an elasticated thumb loop, the Short Support Wrap creates a bonded fit for total wrist reinforcement and stabilised performance.

VELCRO FASTENING - Providing a secure fit, the Wrap's Velcro fastening stays put throughout your workouts.

ONE SIZE DESIGN - One size fits all, the Universal Wrap delivers total wrist support for any size.

- Dimensions 49(L) x 6(W) cm
- Elasticated design for extra support
- Elasticated thumb loop
- For performance and recovery
- Secure Velcro fastening

Black ADSU-13371 Red ADSU-13371RD

RRP \$34.95ea



CLIMALITE TECHNOLOGY









Stone L ADGB-12645 Stone XL ADGB-12646 Glory Pink S ADGB-12663 Glory Pink M ADGB-12664 Glory Pink L ADGB-12665 Glory Pink XL ADGB-12666 BREATHABLE MATERIAL - Made from ventilated material, the Essential Women's Gloves wick away sweat; keeping you cool and dry through each workout.

DURABLE SUEDE PALM - Fitted with a suede palm covering for total grip, the gloves maintain a natural feel for enhanced protection against abrasions.

ELASTICATED WRISTS - Engineered with an elasticated design, the Essential Gloves stay put throughout any session.

BUILT-IN RING PULL - Fitted with an integrated ring pull, the gloves are quick to remove between sets.

FOCUSSED TRAINING - Helping to kickstart your fitness regime, the Women's Essential Gloves keep your focus on each set for stronger training sessions.

- Breathable material encourages airflow
- Built-in ring pull for easy removal
- Elasticated wrists secure the fit
- Suede palm for enhanced protection and grip

RRP \$29.95/pair



AEROREADY TECHNOLOGY







Made from the latest Aeroready cooling technology, the Essential Adjustable Gloves wick away sweat to keep you cool and dry during your workout.

Built with a padded suede palm, the gloves maintain a natural grip and feel whilst enhancing protection and comfort. The adjustable strap helps to keep the gloves secure whilst the ring pull allows for easy removal.

RRP \$29.95/pair







Blue S ADGB-12433 Blue M ADGB-12434 Blue L ADGB-12435 Blue XL ADGB-12436 Blue XXL ADGB-12437



Pink S ADGB-12443
Pink M ADGB-12444
Pink L ADGB-12445
Pink XL ADGB-12446



ERGONOMIC PADDING







Made for high-end performance, adidas Elite Training Gloves offer total comfort and grip with a double wrist strap for additional support. The gloves built-in ventilation and thumb towelling material reduce irritation whilst dual ring pull's offer quick and easy removal.

ELITE PERFORMANCE - Designed for high-end performance.

DOUBLE WRIST WRAP - An elasticated

Velcro fastening helps tailor your fit with a
double wrist wrap for total security.

ERGONOMIC PALM PADDING - Increased ergonomic padding allows greater grip and protection.

PUSH EACH WORKOUT - Preparing you to push each workout, adidas Elite Training Gloves encourage elite performance.

- Dual ring pulls
- Ergonomic palm padding
- Fits hands with a circumference of 20 - 21.5 cm around the palm (not including the thumb)
- Integrated thumb towelling
- Wraparound Velcro fastening

Black S ADGB-14223 Black M ADGB-14224

RRP \$44.95/pair

















Neoprene coated with a cast iron core, adidas Dumbbells help strengthen and tone; broadening your exercise potential with 1 – 4 kg options to scale the difficulty. An established training cornerstone; dumbbells are built for both isolated and compound movements, allowing you to diversify your workouts and hit any goal. With a durable neoprene coating around a cast iron core, the adidas Dumbbells' hard wearing construction allows for repeated usage and lasting performance whilst reducing floor damage.

Featuring a unique hexagonal design, the adidas Dumbbells are made to prevent rolling once set down for added safety, ease of storage and increased training functionality.

- Weights: 1 kg / 2 kg / 3 kg / 4 kg
- Supplied as a pair
- Hexagonal structure prevents rolling for added safety and ease of storage
- Ideal for both isolated and compound movements
- Durable design Neoprene coated with a cast iron core

1 kg ADWT-11401

2 kg ADWT-11402

3 kg ADWT-11403

4 kg ADWT-11404

1 kg RRP \$24.95ea

2 kg RRP \$39.95ea

3 kg RRP \$59.95ea

4 kg RRP \$79.95ea











Black S/M ADSL-13323BK Black L/XL ADSL-13325BK Grey S/M ADSL-13323GR Grey L/XL ADSL-13325GR White S/M ADSL-13323WH White L/XL ADSL-13325WH **BOOST PERFORMANCE** - Combining performance and comfort, adidas Compression Sleeves stimulate blood circulation and boost performance.

DOTTED SILICONE INLAY - The Sleeves' dotted silicone inlay prevents slippage to keep your training focused.

PAIR OF SLEEVES - Supplied as a pair, the tight-fitting design delivers top performance mile after mile.

MACHINE WASHABLE - Fit for machine washing, the Compression Sleeves are easily cleaned and made to last.

ELASTICATED DESIGN - Made from a blend of elastane and polyester, the sleeves are both lightweight and stretchable for total comfort.

- Accelerates recovery while reducing muscle soreness
- Dotted silicone inlay prevents slippage and movement
- Helps regulate temperature for reduced irritation
- Improved circulation enhances training performance
- Elastane-polyester blend

RRP \$39.95/pair





BOOST PERFORMANCE - Combining performance and comfort, adidas Compression Sleeves stimulate blood circulation and boost performance.

DOTTED SILICONE INLAY - The Sleeves' dotted silicone inlay prevents slippage to keep your training focussed.

- Accelerates recovery and reduces
 muscle soreness
- Helps regulate temperature for reduced irritation

RRP \$39.95/pair









Black S/M ADSL-13023BK Black L/XL ADSL-13025BK Grey S/M ADSL-13023GR Grey L/XL ADSL-13025GR

Red S/M ADSL-13023RD Red L/XL ADSL-13025RD White S/M ADSL-13023WH White L/XL ADSL-13025WH



AEROREADY TECHNOLOGY



Built to enhance your grip strength, the adidas Professional Grip Trainer's iron springs and angled design help target the forearms with ridged handles for a secure and strong hold.

- Angled design
- Iron springs
- Ridged grip handles
- Sold as a pair

ADAC-11400

RRP \$29.95/pair





AEROREADY TECHNOLOGY









Designed to develop total core strength, the adidas Ab Wheel is a great addition to traditional core training.

Allowing you to perform 'rollouts', the wheel engages the entire core with padded foam handles and a textured rubber grip for comfort and stability.

- 18 cm wheel diameter
- Helps develop core strength
- Padded foam handles
- Rubber gripped wheel

ADAC-11404

RRP \$39.95ea



PUSH UP BARS





Allowing you to deepen your push-ups, the Premium Bars enhance each rep with a 14cm deficit,

Fitted with thick rubber feet and foam gripped handles, the bars provide comfort and stability for optimal performance.

- 130 kg max user weight
- Durable steel construction
- Foam gripped handles
- Rubber gripped feet
- Wide base for maximum stability

ADAC-12233

RRP \$44.95/pair





Designed to enhance each rep, the adidas
Push Up bars allow you to deepen your
push-ups for more effective training.
Featuring knurled foam handles, the bars
neutral grip eases wrist discomfort whilst
the stable design lays a solid foundation.

- Knurled foam handles
- Non-slip grips
- Stable design
- Sold as a pair

ADAC-12231

RRP \$64.95/pair



WRIST WRAPS





Made to enhance your training, the adidas

Lifting Straps help secure your connection
to the bar whilst reducing grip fatigue.

Durably woven with neoprene padding, the
straps wrap easily around the bar for total
comfort and performance.

All

- Comfortable neoprene padding
- Durable woven straps
- One size fits all
- Supplied as a pair

ADGB-12141

RRP \$29.95/pair





Made from durable elasticated material, the adidas Wrist Wraps provide support and stability to help advance your compound lifting. Featuring an elasticated thumb strap and Velcro fastening, the Wrist Wraps offer a tailorable fit for maximum comfort and protection.

- Aids compound lifting
- Elasticated thumb strap
- Provide comfort and protection
- Secure Velcro fastening
- Supplied as pair

ADAC-13100

RRP \$19.95/pair







Ideal for performing pull-ups, deadlifts and rows, the adidas Padded Lifting Grips strengthen your sets for more effective and progressive strength training.

Featuring a densely rubberised palm, the grips provide a comfortable contact zone for any Olympic bar, dumbbell or pull up bar; offering both enhanced protection and performance for more focussed and productive training sessions.

With a Velcro wrist fastening that features a padded neoprene lining, the lifting grips provide a secure and durable anchor for more reliable reps. The padded neoprene section delivers complete comfort and enhanced protection whilst the metal loop closure ensures a strong and secure fit.

- Helps to maximise grip for stronger pull movements
- Ideal for pull-ups, deadlifts and rows
- Rubberised palm wraps around the bar for a solid contact
- Velcro wrist fastening with metal loop closure gives a strong, secure fit
- Padded neoprene wrist section provides comfort and protection

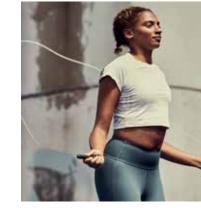
S/M ADAC-13251 L/XL ADAC-13253

RRP \$49.95/pair











Designed with an ergonomic bottleneck inspired structure, the adidas Skipping Rope is ideal for developing your cardio endurance whilst working on your foot speed and total coordination.

- Moulded plastic handles feature a smooth bottleneck design for a stronger and more comfortable grip
- Integrated tangle-free ball bearing

mechanism allows the ultimate smooth rotation

- 300 cm in length
- Complete with a drawstring mesh carry bag for easy storage and transport

ADRP-13311

RRP \$34.95ea





Designed with a dense foam core for added support and comfort, the Essential Belt bolsters each lift to enhance each set.

Featuring a strong Velcro strap, the belt wraps around for a tailored fit.

Durably bound by a stitched edging, the Essential Belt is built to last as you drive towards your next previous best.

S - Fits a 28.5 - 33.5" waist

M - Fits a 32.5 - 37.5" waist

L - Fits a 36.5 - 41.5" waist

XL - Fits a 40.5 - 45.5" waist

S ADGB-12253

M ADGB-12254

L ADGB-12255

XL ADGB-12256

RRP \$44.95ea



7mm THICKNESS













Built for general ground exercise, the adidas Fitness Mat has a ridged base to increase stability for stronger workouts. The padded cushioning creates a comfortable surface to work from whilst keeping the mat lightweight, compact and quick to roll away. Easy to clean with a large adidas logo, the fitness mat is fit for all levels, styles and training types.

- Dimensions: 173 x 61 cm
- Soft cushioning
- Easy to wash and clean
- Ideal for ground exercise and general training
- Lightweight design rolls tight for transport and storage
- Made from NBR
- Ridged bottom helps grip the floor and reduce movement

7 mm Blue ADMT-11014BL
7 mm Grey ADMT-11014GR
7 mm Red ADMT-11014RD
7 mm Solar Red ADMT-11014OR

RRP \$64.95ea



10mm THICKNESS





10mm thick, the adidas training mat has full padding for extra comfort whilst you train. The cushioned mat reduces pressure on the joints whilst closed cell technology minimises moisture absorption; keeping the mat fresh and reducing irritation.

Designed with stitched fabric edging for added durability, the mat features a ridged base which grips the floor, increasing traction for more effective training. Equipped with a separate Velcro carry strap, the adidas Training Mat is rollable for easy transport.

- Ample cushioning for comfort –
 10mm thick
- Closed cell technology minimises moisture absorption
- Dimensions: 183 (L) x 61 (W)
- Easy to wash and clean
- Large printed adidas logo
- Made from NBR
- Ridged bottom helps grip the floor and reduce movement
- Rollable for easy storage
- Stitched fabric edging for durability
- Velcro shoulder strap included

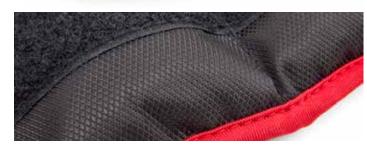
10 mm Red ADMT-12235 10 mm Grey ADMT-12235GR

RRP \$79.95ea

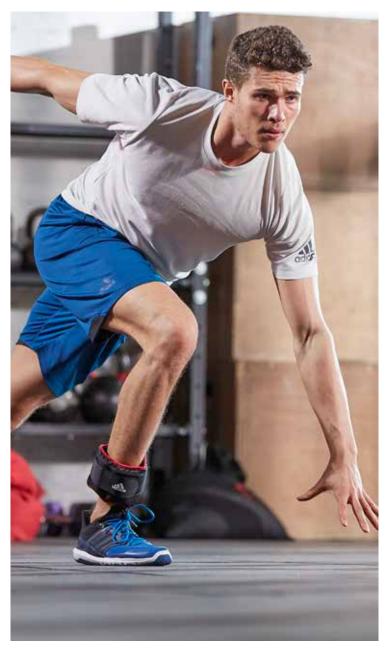


ONE SIZE FITS ALL









Designed to ramp up your bodyweight training, the adidas Adjustable Ankle Weights feature four 0.5 kg weight packs to tailor your intensity. Made from hard wearing material with an iron ore filling, the secure velcro fastening provides a tailored fit for minimal movement.

- Durable waterproof design
- Iron ore filling
- One size fits all
- Removal weight packs (4 x 0.5 kg)
- Secure velcro fastening

1kg ADWT-12229 2kg ADWT-12230

1kg RRP \$59.95/pair



2 LEVELS OF RESISTANCE









adidas Resistance Bands are an essential accessory for lower body workouts; bringing steady and stabilising resistance to your training for greater strength and muscular endurance. The bands can also be used for rehab exercises, helping to isolate muscles and improve recovery.

Made from an elasticated polyester weave, the Bands combine durability with comfort. The lightweight, compact design makes the bands an ideal training partner on the move or within a confined space.

Complete with carry bag, the medium and heavy resistance bands are built to boost your training regime, enhancing weight training or bodyweight sessions.

- 2 resistance bands included
- 7.5 cm / 3" wide elasticated polyester weave for flexibility and durability
- An essential training accessory for lower body workouts
- Brings greater resistance for strength and muscular endurance
- Carry bag included
- Colours include legacy purple and legacy blue
- Enhances both weighted and bodyweight sessions
- Suitable for rehabilitation exercises to help improve recovery

ADTB-10711-2

RRP \$59.95/set









Made from durable latex material, the adidas Mini Bands boost your workouts with 3 levels of resistance.

Ideal for toning, stretching and rehab; the bands help isolate muscles and apply resistance to develop not only strength but also flexibility.

- 60 cm (circumference) x 5 cm (width)
- Fit for recovery and rehab
- Helps tone, strengthen and stretch
- Use weighted and un-weighted
- Made from latex
- Three incremental resistance levels

ADTB-10606

RRP \$29.95/set









Made from durable latex material, the adidas Training Bands ramp up your workouts with 2 levels of resistance.

Blue – Tensile strength 4.54 kg (pull to 200% of length) / 6.6 kg (300%) / 8.94 kg [400%]

Orange – Tensile strength 6.34 kg (pull to 200% of length) / 9.48 kg (300%) / 12.72 kg [400%]

- Fit for recovery and rehab
- Helps tone, strengthen and stretch
- Made from latex
- Two resistance levels

ADTB - 10604

RRP \$59.95/set



3 LEVELS OF RESISTANCE











Designed for both weighted and unweighted training, the adidas Power Bands help create challenging workouts. Fit for enhancing traditional weight training, the bands apply consistent resistance for more effective movements. Used in isolation, the Power Bands help strengthen and tone without the need for bulky equipment.

Level 1 (Blue) – Tensile strength 12.5 kg (pull to 200% of length) / 17 kg (pull to 300% of length)

Level 2 (Black) – Tensile strength 17.5 kg (pull to 200% of length) / 23.8 kg (pull to 300% of length)

Level 3 (Red) – Tensile strength 25 kg (pull to 200% of length) / 34.1 kg (pull to 300% of length)

- Available in light, medium and heavy
- Compact and versatile
- Dynamic resistance
- Use with weight or without
- Made from latex

Level 1 ADTB-10607BL

Level 2 ADTB-10607BK

Level 3 ADTB-10607RD

Level 1 RRP \$59.95ea

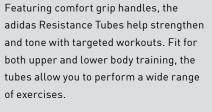
Level 2 RRP \$79.95ea

Level 3 RRP \$99.95ea



3 LEVELS OF RESISTANCE





Available in three resistance levels, the tubes help create challenging sessions whatever your ability.

- Helps strengthen and tone
- Ideal for both upper and lower body
- Versatile and durable

Level 1 ADTB-10501

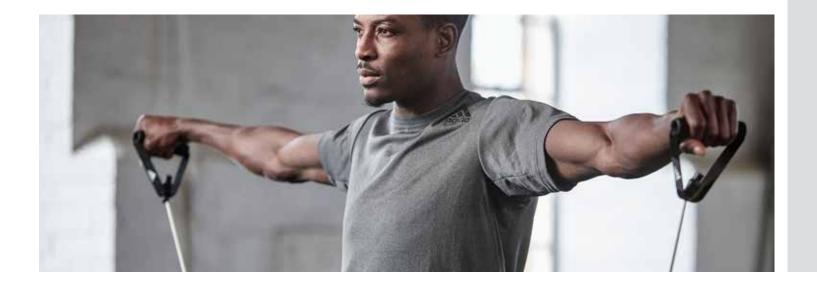
Level 2 ADTB-10502

Level 3 ADTB-10503

Level 1 RRP \$29.95ea

Level 2 RRP \$34.95ea

Level 3 RRP \$39.95ea





TONE YOUR CORE







A home gym essential, the adidas Gymball helps strengthen and tone your core with a range of stability exercises. Made from anti-slip material, the ball supports you throughout your workout with a dualtextured surface for maximum grip.

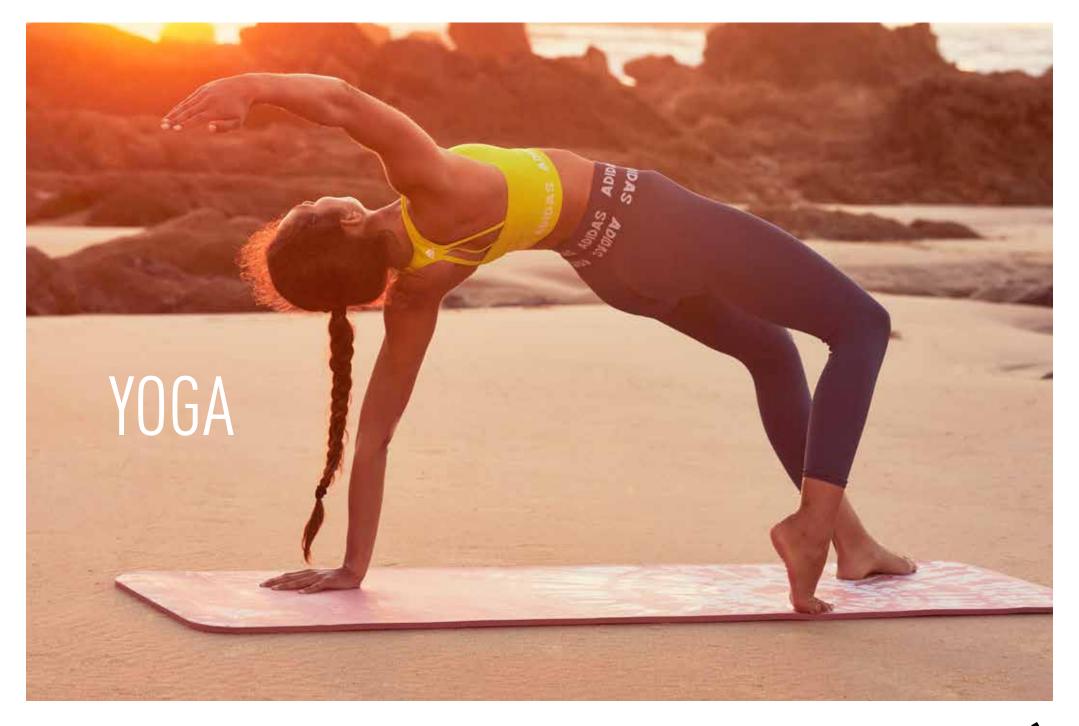
Featuring anti-burst technology, the ball slowly deflates if punctured to help avoid injury. Complete with a pump.

- 110 kg max user weight
- Dual-textured surface for max grip

Grey 55 cm ADBL-11245GR Grey 65cm ADBL-11246GR Grey 75 cm ADBL-11247GR

Grey 55 RRP \$59.95ea Grey 65 RRP \$59.95ea Grey 75 RRP \$69.95ea





5mm THICKNESS



Designed for yoga, Pilates and general exercise, the 5mm Premium Mat is both lightweight and rollable. Made from a malleable TPE material, the Premium Mat gives a firm grounding without compromising on comfort, increasing stability for added traction and stronger yoga poses.

- 5mm thick premium cushioning
- Compact and rollable
- Easy to transport and store
- Grippy non-slip texture for stability
- Ideal for yoga and Pilates
- Lightweight PVC-free material
- Subtle adidas logo

Raw Green ADYG-10300RG Mystery Ruby ADYG-10300MR Sky Tint ADYG-10300BL

RRP \$69.95ea













Designed for hot yoga, the mat's towelling surface absorbs sweat for maximum grip and stronger poses. At 2 mm thick, the soft material helps reduce irritation whilst the webbed non-slip base minimises movement for top performance.

Compact and rollable; the adidas Hot Yoga Mat is easy to transport and ideal for use alone or in addition to another mat.

- Dimensions: 173(L) x 61(W) x 0.2(H)
- Use alone or combined
- Lightweight and rollable
- Soft material reduces irritation
- Towelling material absorbs sweat
- Webbed non-slip base

ADYG-10680BK

RRP \$69.95ea









Made from quality POE material, the adidas Professional Yoga Mat is designed for top performance.

5mm thick and highly durable, offers both cushioning and solid grounding to support poses. Eco-friendly material has a textured surface to aid grip. The mat also features metal eyelets for easy storage.v

- Bound material edges
- Built-in eyelets for easy storage
- Dimensions: 183 x 61 x 0.5cm
- Highly durable for regular use
- Made from POE
- Textured surface to increase grip

ADYG-19000BK

RRP \$109.95ea



10mm THICKNESS









Made from 10 mm thick NBR material, the adidas Tie-Dye Yoga Mat delivers a perfect balance of stability and comfort. Complete with an elasticated shoulder carry strap.

Designed to be eco-friendly without compromising on performance, supporting both your poses and the environment. Featuring a smooth surface for greater stability, the mat's ribbed base compliments the surface by enhancing both traction and stability, combining to offer a well-rounded platform for you to work towards more rooted yoga practice.

Designed for indoor use, barefoot or with yoga socks, the adidas 10 mm Yoga Mats are perfectly sized for all types of user, measuring 183cm long by 61cm wide.

- 10 mm thick NBR Yoga Mat combines stability with comfort
- NBR material offer a softer density
 with a durable and cushioned texture
- Eco-friendly materials support your poses and the environment
- Complete with an elasticated carry strap for transport and storage
- Smooth surface texture promotes stability whilst the ribbed base enhances traction

Pink ADYG-10200PK Blue ADYG-10200BL

RRP \$79.95ea



5mm THICKNESS





Designed for yoga, Pilates and general exercise, the 5mm Camo Yoga Mat is both lightweight and rollable. Made from a malleable TPE material, the Mat gives a firm grounding without compromising on comfort, increasing stability for added traction and stronger poses.

- 5mm thick cushioning
- Carry string included
- Compact and rollable
- Easy to transport and store
- Grippy non-slip texture for added stability
- Ideal for yoga and Pilates
- Lightweight PVC-free material
- Subtle adidas logo and camo design

Raw Steel ADYG-10500RS
Power Berry ADYG-10500PK
Alumina ADYG-10500GR

RRP \$139.95ea













With bevelled edges for a stronger grip, the adidas Yoga Block deepens and supports your poses for effective training. Constructed from high-density EVA foam; the block stands strong through prolonged use to aid your pose progression.

- Bevelled edges for a stronger grip
- Helps deepen & support your poses
- Hygienic moisture proof material
- Made from high-density EVA foam
- Maintains form through repeated use

ADYG-20100F0AM

RRP \$19.95ea



With bevelled edges for a stronger grip, the adidas Cork Yoga Block deepens and supports your poses for effective training. Constructed from impermeable cork; the block stands strong through prolonged use to aid your pose progression. An eco-friendly alternative, the adidas Cork Yoga Block helps support your poses and the environment.

- Dimensions: 22.8(L) x 12(W) x 7.5(H)
- Eco-friendly construction
- Helps support your poses
- Hygienic impermeable surface

ADYG-20100CORK

RRP \$39.95ea



Made with a recycled EVA core, the Eco-Block deepens and supports your poses for effective training. Featuring a soft outer shell; the proprioceptive texture intensifies the pressure on your muscles whilst developing your pose progression.

- Helps deepen and support your poses
- Hygienic moisture proof material
- Made with a recycled EVA inner core
- Maintains form through repeated use
- Textured outer surface exerts variable pressure on your muscles

ADYG-20150

RRP \$54.95ea







Made from durable latex material, the adidas Pilates Bands enhance your movements with 2 levels of resistance.

Ideal for developing muscular control and flexibility, the bands isolate muscles and apply resistance to develop strength and tone muscles.

- 100% latex
- Enhances pose progression
- Helps tone, strengthen and stretch

Set of 2 ADYG-20300

RRP \$49.95/set





2.5m long, the adidas Yoga Strap helps increase your flexibility and achieve proper alignment. The metal D buckle secures and adjusts to help further your progress whilst the tight woven material stands up to repeated use.

- 2.5m in length
- Anti-slip and easy to adjust
- Durable tight woven texture

- Expands your range to achieve more challenging positions
- Helps aid posture alignment whilst supporting your poses
- Robust metal D buckle to adjust and secure the strap

ADYG-20200CW

RRP \$24.95ea





Made from comfortable woven cotton, the Premium Strap helps increase flexibility and achieve proper alignment. A metal D buckle secures and adjusts to further your progress whilst the durable material aids grip for total performance.

- 2.5m in length
- Anti-slip and easy to adjust

- Expands your range to achieve more challenging positions
- Helps aid posture alignment whilst supporting your poses
- Robust D buckle to adjust and secure

ADYG-20201

RRP \$39.95ea







With a simple looped design, the adidas Yoga Carry Strap fits comfortably over the shoulder for easy transport. The strap's fully adjustable design secures any size mat, with a simple pull release for quick and easy removal.

- Fits any size mat
- Simple loop design
- Sling style strap

Grey ADYG-20501GR

RRP \$24.95ea



FITS MOST MATS







Made from sturdy material, the tubular mat bag fits most fitness or yoga mats with a strong zip closure and pocket for stowing essentials. The bag's carry strap adjusts to keep you comfortable while on the move.

- External pocket with zip for storage
- Material carry bag for mats
- Premium aesthetic finish
- Woven adjustable carry strap

Grey ADYG-20501GR

RRP \$89.95ea



SILICONE STRIP



adidas headbands keep hair out the way so you can focus on your workout.
Lycra material absorbs sweat to reduce irritation with an elasticated fit and silicone strip keeping your hair and band in place.

- One size fits all
- Pack of 3 bands
- Ideal for yoga, sports and fitness
- Silicone strip reduces slipping
- Keeps hair under control with an elasticated fit

Black/White/Solar Red ADAC-16200
Black/Grey/Powerberry ADAC-16201
Grey/Grey/Signal Cyan ADAC16202
Metallic Grey/Blue/Burg ADYG-30202
Grey/Green/Mint ADYG30203
Black/White/Grey ADYG-30204

RRP \$19.95ea







REVERSIBLE STYLE















The adidas headband keeps hair out the way so you can focus on your workout.

The material absorbs sweat to reduce irritation with an elasticated fit keeping your hair and band in place.

- Helps reduce irritation during exercise
- Ideal for yoga, sport and general exercise
- Keeps hair under control with an elasticated fit
- Wide band design provides greater coverage
- One size fits all

Black ADAC-16211BK

White ADAC-16211WH

Collegiate Burgandy ADYG-30222CB

Clear Orange Graphic ADYG-30222CO

Raw Steel Graphic ADYG-30222RD

RRP \$29.95ea





Made from squeezable material, the adidas Performance Water Bottle's screw cap design and textured rubber grip make it ideal for all sports and training.

Featuring a silicone puff valve, the BPA free bottle is also dishwasher safe.

- Anti-spill silicone puff valve
- Dishwasher safe
- Dual metric scale ml & oz.
- Screw cap design
- Textured rubber grip
- Available in 600mL and 900mL

Black 900mL ADBT-16001BK
Black 600mL ADBT-14001BK
Power Blue 600mL ADBT-14001PB
Solar Red 600mL ADBT-14001SR
Solar Slime 600mL ADBT-14001SS
Transparent 600mL ADBT-14001WH

900mL RRP \$24.95ea 600mL RRP \$19.95ea

















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