



Get everything ready before pregnancy

## StrongConceive™, Fertility Vitamins For Women

US Clinicals® StrongConceive™ Ultimate Conception Support is a hormone-free formula designed to **promote overall female reproductive health**. In addition to common ingredients in reproductive care such as Zinc and Folic Acid, StrongConceive™ is boosted with Conceive+™, a proprietary blend **supporting regular ovulation cycle and healthy egg quality**. The unique blend of herbs in StrongConceive™ also helps to support conception by **regulating healthy hormone balance**.

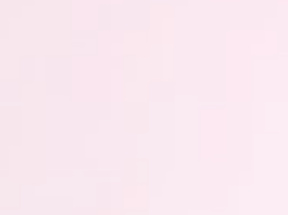


### Planning for Pregnancy?

Planning for pregnancy can be an exciting and fulfilling time in one's life. However, it can also be a time of **frustration and uncertainty**, as the journey to conception may **present its own challenges**. **Understanding the factors that can affect fertility** (related to ovulation and menstrual cycle) and taking proactive steps to improve your chances of conceiving can help navigate this path with greater confidence.

Factors such as **stress, medical conditions** (such as Polycystic Ovary Syndrome (PCOS) and hypothalamic dysfunction), **hormonal imbalances, significant changes in weight, exercise and sleeping patterns** as well as **eating disorders** can have an **impact on ovulation and the menstrual cycle**.

### Factors Affecting Ovulation and Menstrual Cycle



Stress



Medical conditions (such as Polycystic Ovary Syndrome (PCOS) and hypothalamic dysfunction)



Hormonal imbalances



Significant changes in weight, exercise and sleeping patterns

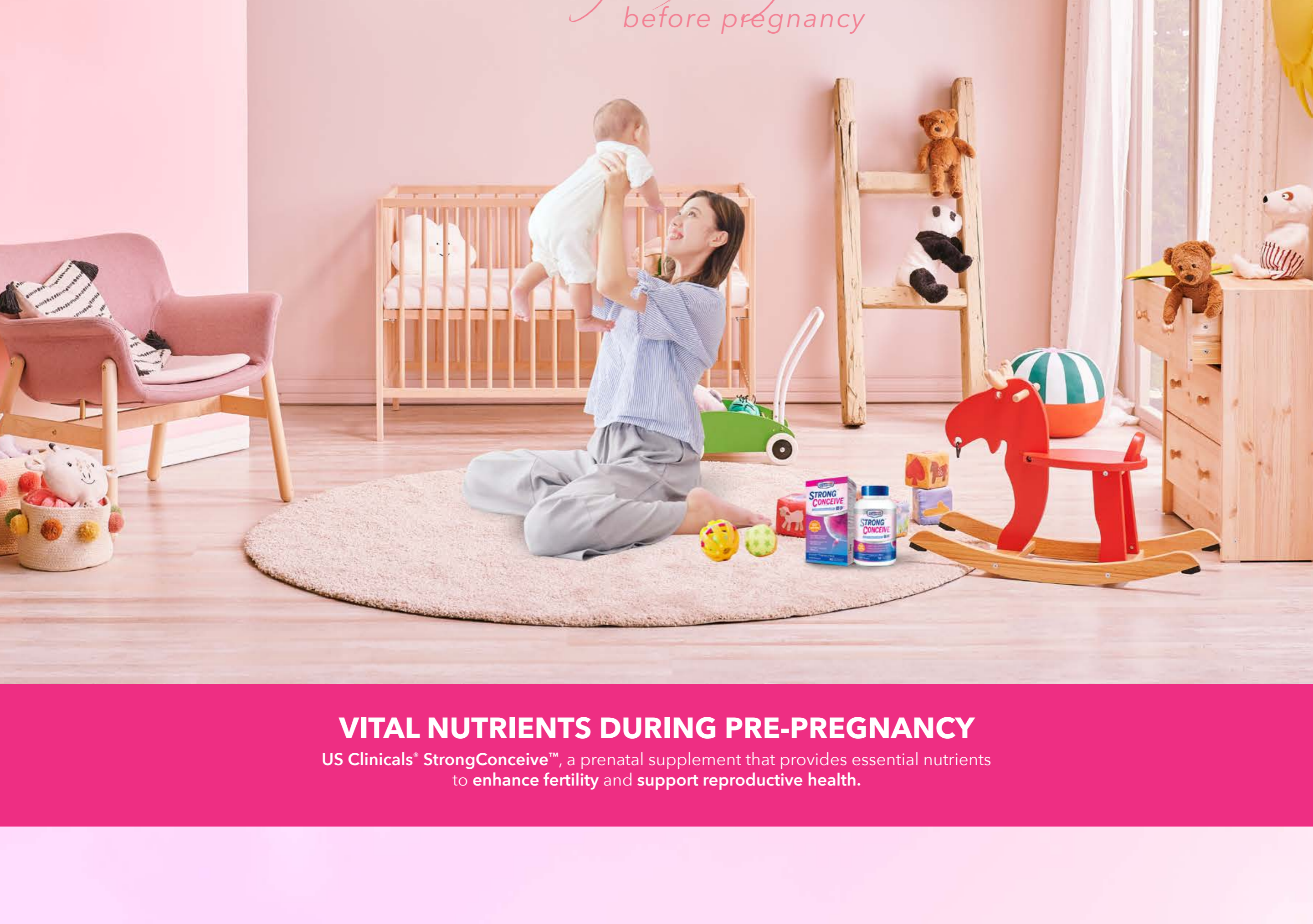


Eating disorders



### To improve your chances of conceiving, there are several steps you can take.

- 1 Firstly, it is crucial to **understand your fertile window**, which refers to the specific days in your menstrual cycle when egg releases from one of the ovaries. Regular ovulation is key to identifying this fertile window.
- 2 **Hormonal balance** plays a vital role in fertility. Hormones such as estrogen, progesterone, follicle-stimulating hormone (FSH), and luteinizing hormone (LH) regulate the menstrual cycle and support reproductive processes.
- 3 **Addressing nutritional needs** is crucial for reproductive health and fertility. Taking folic acid supplements before conception and during early pregnancy helps reduce the risk of neural tube defects in the developing fetus. Additionally, ensuring a well-balanced diet with adequate nutrients supports overall reproductive health and fertility.

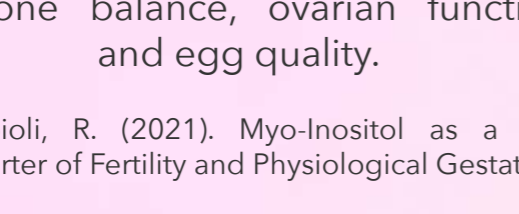


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## VITAL NUTRIENTS DURING PRE-PREGNANCY

US Clinicals® StrongConceive™, a prenatal supplement that provides essential nutrients to enhance fertility and support reproductive health.

### 3 Key Ingredients



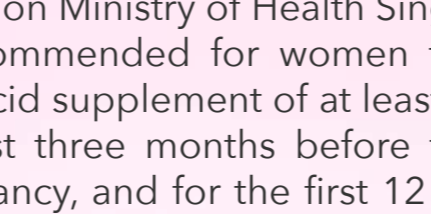
#### Conceive+™ Proprietary Blend

Inositol: Inositols play a crucial role in promoting female fertility and maintaining physiological pregnancy. Myo-Inositol and D-Chiro Inositol are 2 types of inositol isomers that help to support regular ovulation function, hormone balance, ovarian function, and egg quality.

\*Gambiall, R. (2021). Myo-Inositol as a Key Supporter of Fertility and Physiological Gestation

Chasteberry Extract: This plant aids in promoting fertility by assisting in hormone balance during ovulation and ensuring regularity in menstrual cycles, thereby supporting reproductive health.

\*Altınterim, B. et al. (2012). Chasteberry (Vitex Agnus Castus) and Prolactin



#### Folic Acid (Vitamin B9)

Folic acid is a type of vitamin B that helps promote better quality oocytes, a higher degree of mature oocytes and is associated with improved embryo quality and increased chances of pregnancy.

Based on Ministry of Health Singapore, it is recommended for women to take a folic acid supplement of at least 400mcg at least three months before trying for pregnancy, and for the first 12 weeks of pregnancy.

\*Mohammadi, S. et al. (2021). The Effect of Myo-Inositol on Fertility Rates in Poor Ovarian Responder in Women Undergoing Assisted Reproductive Techniques: A Randomized Clinical Trial



#### Zinc

Aids in the regulation of female germ cell growth and maturation of oocytes into healthy eggs.

\*Garner, T.B. et al. (2021). Role of Zinc in Female Reproduction

### Benefits of StrongConceive™



Supports Regular Ovulation Cycle



Promotes Healthy Egg Quality



Maintains Healthy Hormone Balance



Supports Healthy Fertility

Supplement Facts		Servings Per Container: 30
Serving Size: 3 Veggie Capsules	Amount Per Serving	% Daily Value
Conceive+™ Proprietary Blend (Myo-Inositol, D-Chiro Inositol, Chasteberry Extract)	1580 mg	*
Folic Acid (Vitamin B9)	900 mcg	225%
Zinc	11 mg	100%

\*Daily Value not established

### How are We Different from Others?

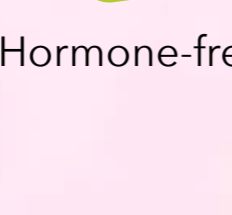


#### Other Conception Supplements

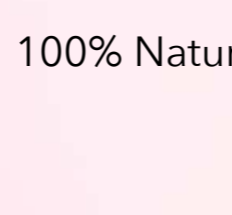


#### StrongConceive™ Ultimate Conception Support

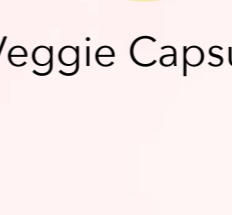
Source	Other Conception Supplements	StrongConceive™ Ultimate Conception Support
Source	Contains single/few ingredients	100% Natural. Contains scientifically researched ingredients - Conceive+™ Proprietary Blend with Folic Acid and Zinc
Capsule	Hard tablet or gelatin capsules that may contain sodium lauryl sulphate	100% plant cellulose vegetarian capsules
Result	Unknown.	Scientifically Tested.



Hormone-free



100% Natural



Veggie Capsules



### Suitable for Mothers-To-Be

Pregnancy Planning · Advanced age Women · IVF Pregnancy



### Instructions

**Directions of Use:**  
For adults, take 3 capsules daily. Consume after meals.

**Storage:**  
Store in a cool and dry place. (Best protection seal is opened, keep refrigerated (once consumed within 2 months). Keep out of reach of children.

**Precaution:**  
If you are nursing or pregnant, taking medication or have a medical condition, you should consult your health care specialist prior to using this product.

### FAQ

#### When should I start taking StrongConceive™?

Three capsules should be taken daily during the pregnancy preparation. Additionally, it is important to incorporate healthy eating, engage in regular exercise, quit smoking, and consume alcohol in moderation as part of the routine.

#### Should I keep taking it after getting pregnant?

No, Instead of Inositol, it is recommended for pregnant women to take folic acid and multivitamin.