



StrongBladder

StrongBladder™ Ultimate Bladder Care is a revolutionary, fast-acting formula that has been scientifically designed to promote bladder strength and urinary tract health. It consists of a proprietary blend of Cranberry Extract, Pumpkin Seed Extract and Soy Germ Isoflavones to help improve bladder function.



Normal Bladder Control

Bladder muscle sends a strong signal to the brain when it is full



Poor Bladder Control

Bladder muscle contracts involuntarily before it is full

Ingredients



Cranberry Cranberry's antioxidant-rich and anti-inflammatory properties are known to prevent Urinary Tract Infections (UTI). It contains hippuric acid and proanthocyanidins, which help to prevent the growth of Escherichia coli (E. coli) bacteria and reduce the occurrence of UTIs. E. coli is a type of pathogenic bacteria that binds to the lining of the bladder and urinary tract. It is responsible for 80-90% of UTIs. Cranberry helps to relieve UTI symptoms such as pain or burning sensation whilst urinating, lower abdominal pain, and foul-smelling, bloody or cloudy urine. As Cranberry is naturally acidic, it can help to prevent the formation of alkaline stones in the urinary tract.



Pumpkin Seed Extract

Studies have shown that Pumpkin Seed Extract can help to increase maximum bladder capacity and muscle strength, and help to reduce urinary urgency and incontinence as well as prevent prostate enlargement in men. StrongBladder™ undergoes a proprietary process named HyperPure to obtain water-soluble Pumpkin Seed for increased stability, solubility and absorption.



Soy Germ Isoflavonoids

Soy Germ Isoflavones are plant estrogens that can help to balance the body's hormone level, relax bladder muscles and reduce tissues degeneration. It can also help to treat oestrogen deficits in menopausal and post-menopausal women.

Supplement Facts		
Serving Size: 1 Veggie Capsule		Capsules Per Container: 60 (625mg each
Amo	ount Per Serving	% Daily Value
BladderCare Proprietary Blend:	625 mg	*
Cranberry Extract, Pumpkin Seed		
Extract, Soy Germ Isoflavones		

*Daily Value not established

Other ingredients: Veggie Capsule, Magnesium Stearate and Silica

How Does It Work?





How are We Different from Others?





Storage: Store in a cool and dry place. Once protection seal is

Take 1 capsule after breakfast and 1 capsule 30

minutes before bedtime for the first 2 weeks. After 2 weeks, take 1 capsule after breakfast or 1 capsule 30

Instructions

opened, keep refrigerated and best consumed within 2 months. Keep out of reach of children.

minutes before bedtime.

Directions of Use:

Precaution: If you are nursing, pregnant, taking medication or have a medical condition, you should consult your health care specialist prior to using this product.

- > Vegetarian-certified. > Halal-certified.

> Made in Singapore.

weeks to achieve the best results.

Is StrongBladder™ suitable for men?

FAQ

How soon will I be able to see results with StrongBladder™? You may experience improvements in your bladder health within a week. However, do note that results may vary for each individual. You are advised to take StrongBladder™ consecutively for 6-12

Yes, $StrongBladder^{\mathsf{TM}}$ is beneficial to both men and women.

How does StrongBladder™ help to promote restful sleep? An overactive bladder tends to cause disturbances to our sleep. StrongBladder™ helps to control the

urge of urination and minimize bathroom trips at night, thus promoting a good night's sleep.

Will the long term consumption of StrongBladder™ result in any side effects?

No known side effect has been observed. All ingredients in StrongBladder™ are tested and approved to ensure safety, purity and efficacy. It is therefore safe for long term consumption at the recommended dosage.

Should I separate my consumption of StrongBladder™ with other medications or caffeine beverages?

Yes, because the acidity in medications and caffeine beverages may reduce the efficacy of StrongBladder™. It is advisable to take StrongBladder™ and your medications / caffeine beverages at

an interval of 1-2 hours apart.