



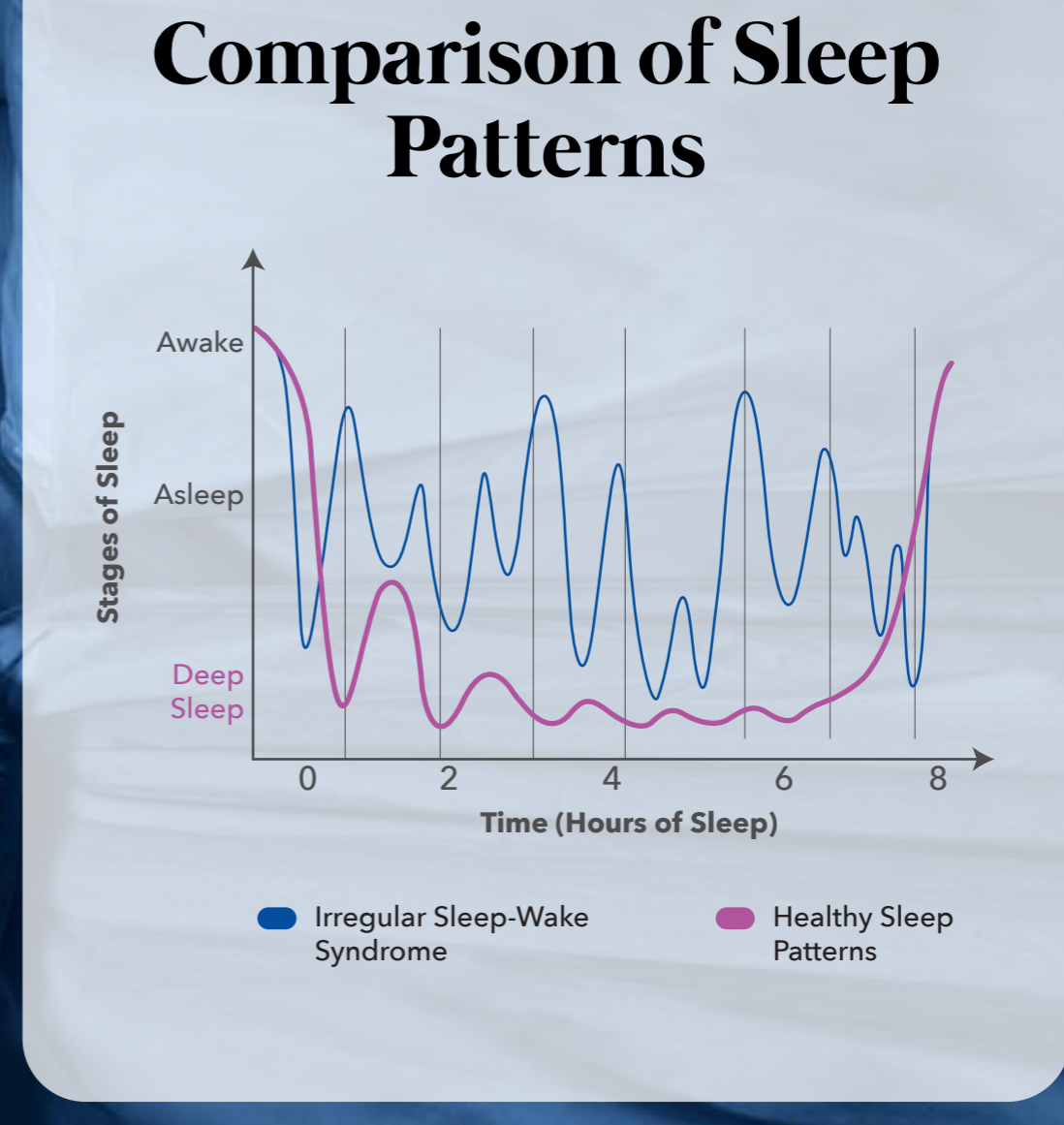
新加坡金品奖
Singapore
Product
Brand Award
2019



Enhance your Sleep Quality

Enhance Sleep Quality with SleepWell™

SleepWell™ Natural Sleep Aid is a scientifically tested formula that contains patented VENETRON® (Rafuma extract), natural herbal extracts and amino acids. It is a trusted sleep supplement designed to **improve the quality of sleep**. These ingredients act as natural relaxants and provide essential nutrients needed to **promote relaxation and ease nervous tension**, thereby **reducing** problems associated with sleep, such as **stress, insomnia, and jet lag**.



Ingredients



Valerian Extract

Valerian Extract is well known for its natural sedative properties which help to relax one's central nervous system, alleviate stress and anxiety, improve sleeping habits and reduce episodes of insomnia. Studies have also shown that Valerian can help to regulate stress levels and improve sleeping patterns.



Lemon Balm Extract

Lemon Balm is rich in antioxidants and has calming properties which help to promote healthy sleep patterns by reducing stress and anxiety. It is also used for medicinal purposes to address sleep disturbances such as restlessness and insomnia. Studies have shown that both Lemon Balm and Valerian Root can improve the quality of sleep by reducing anxiety and promoting relaxation.



VENETRON® (Rafuma Extract)

VENETRON® is derived from Rafuma leaves and contains more than 4% of hyperoside and Isoquercitrin, key active ingredients for anti-stress and antidepressant effects. VENETRON®'s dual action as a GABA receptor agonist and serotonin degradation inhibitor, making it highly effective for improving sleep quality, boosting concentration, relieving stress, and easing premenstrual and menstrual discomfort. Its efficacy is proven by clinical trials, ensuring its safety and effectiveness.



Hops Flower Extract

Hops Flower contains powerful antioxidants and anti-inflammatory properties that help to relieve anxiety, induce relaxation and promote a better quality of sleep. It is also known to calm the nervous system by creating a feeling of relaxation through alleviating anxiety and nervous tension, thereby promoting better sleep quality and healthier sleeping patterns.



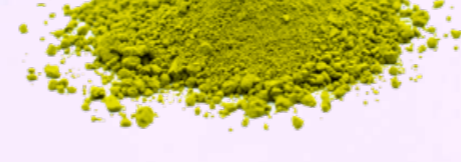
Gamma Aminobutyric Acid (GABA)

GABA is an important neurotransmitter in the central nervous system and is also a major inhibitory neurotransmitter in the brain. The inhibitory effects of GABA can help to reduce the activities of certain excitatory brain cells by inducing sedation and relieving anxiety to promote restful nights of sleep. Our brain typically produces sufficient GABA that the body needs. However, GABA levels decline with age, poor diet and illness. GABA deficiency can cause insomnia, anxiety, irritability, and depression.



Corn Silk Extract

Corn silk extract showed significant improvements in sleep quality, increased deep sleep time, and better overall well-being. These effects were associated with reduced salivary cortisol levels and enhanced mood states.



L-Theanine

L-Theanine has proven relaxation benefits effective for promoting better sleep quality. It works by stimulating GABA production for relaxation and promoting a healthier sleep pattern. Studies also show that L-Theanine can counteract the stimulatory effects of caffeine and lower blood pressure.

Please note: Images are for illustrative purposes only. SleepWell is certified vegetarian.

Benefits of SleepWell™



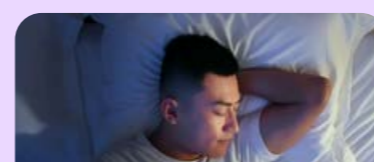
Reduce problems associated with sleep (e.g. Insomnia & jet lag)



Relieve stress & anxiety



Relieve fatigue & nervousness



Promote restful nights of sleep



Improve quality of sleep

Supplement Facts

	Amount Per Serving	Capsules Per Container: 80
		% Daily Value
VENETRON® (Rafuma Extract)	100 mg	*
Valerian Extract	400 mg	*
Lemon Balm Extract	100 mg	*
Hops Flower Extract	100 mg	*
Gamma Aminobutyric Acid (GABA)	100 mg	*
L-Theanine	50 mg	*
Corn Silk Extract	60 mg	*

Melatonin-Free

*Daily Value not established

How are We Different from Others?



	Other Sleep Support Supplements	SleepWell™ Natural Sleep Aid
Source	Contains only single / few ingredients such as Valerian extracts, Vitamin B or Melatonin, etc	Contains scientifically researched breakthrough VENETRON® with herbal extracts and amino acids.
Capsule	Hard tablet or Gelatin Vegetarian capsules that may contain Sodium Lauryl Sulphate (SLS)	100% plant cellulose vegetarian capsules
Result	Unknown.	Scientifically Tested.

Instructions



Directions of Use:
Take 1 to 2 capsules daily, 30 to 60 minutes before bedtime.

Storage:
Store in a cool dry place. Once protection seal is opened, keep refrigerated and best consumed within 2 months. Keep out of reach of children.

Precaution:
If you are nursing, pregnant, taking medication or have a medical condition, you should consult your health care specialist prior to using this product. Please do not drive after consuming SleepWell™.

Vegetarian-friendly.
Made in Singapore.

FAQ

How soon will I be able to see results with SleepWell™?

You may experience improvements in your sleeping patterns within 1 to 14 days. However, do note that results may vary for each individual.

Will the long term consumption of SleepWell™ result in any side effects or relief?

No known side effect or reliance on SleepWell™ has been observed. All ingredients in SleepWell™ are tested and approved to ensure safety, purity, and efficacy. It is therefore safe for long term consumption at the recommended dosage.

Can I take SleepWell™ with my prescribed medicine?

SleepWell™ acts as a supplementation to help individuals relax and improve their quality of sleep. However, we would recommend you to consult your health care specialist concerning drug interactions if you are taking any medication.