

Winter 2024

January through March

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The Freedom and Power of the Mind

by Evan Yeh

The common intention and sentiment associated with a Western New Year celebration is "out with the old and in with the new." With the classic caricature of Baby New Year arriving and signaling permission for everyone to start the year with fresh intentions, we see this sentiment personified in western media articles throughout modern history.

To commemorate this event, we see people participating in rituals like New Year's resolutions, where they create a promise or intention towards various types of improvements for the New Year. As a new year is upon us, it is worthwhile for us to take a closer look at this ritual and to examine why it works for some but not for others.

First and foremost, it is essential to understand that each of us is creating our own experience through the thoughts we choose to focus on. When the thoughts we focus on are consistent with the



Painting from M001: Book of the Plum \$15

fulfillment of our desires, we feel positive emotion; when they are not, we feel negative emotion. So the common advice of "think happy thoughts" is simple but incredibly powerful.

The coming of the New Year offers an excuse to exercise the discipline of choosing to focus on a different thought to take our life experience in a different direction. But the reality is that this choice is available to every one of us in each new moment of our lives. The New Year simply offers a time where we become more aware of the ultimate freedom and power that we have over our life experience in each moment.

It all seems simple enough but if it is so simple, why is it that most New Year's resolutions go unfulfilled? First of all, simple is not the same thing as easy. Most of us were attracted to spontaneous style Asian brush painting because of its simplicity, but as we start our journeys as students of the art form, we quickly realize the discipline required to paint even the simplest subjects. The same thing goes for discovering the power of our minds in shaping our life experience.

Thoughts are habitual. Beliefs are just thoughts that we think over and over again. Repetitive thoughts attract circumstances that match the thoughts. And most of us have been going through this process our whole lives unintentionally. Many of us have not gone through the process of disciplining our minds so that they can be directed to focus on thoughts that are intentionally chosen. Instead we walk through our lives being exposed to a myriad of influences from family to friends to media and entertainment that is encouraging our minds to chaotically focus on things that are none of our business. These influences encourage us to be observers of other people's life experience rather than the creators of our own experience.

These challenges notwithstanding, there is no more powerful skill to learn than the ability to direct your mind to maintain a focus that creates a positive emotional state. Learning how to consistently "think happy thoughts," can create a state of being where the things you want in life flow into your life experience with relative ease. I will leave you with these immutable truths: You are here for a reason. You are loved beyond imagination. You are powerful, and you are free to create your life experience as the masterpiece of your choosing. 新年快樂, 恭喜 发财 (Xīnnián kuàilè, Gōng xǐ fā cái) / Happy New Year and Sincerest Wishes for Prosperity!

Double Xuan "A"

This paper is a thick-pulled, single-ply xuan paper, giving it the thickness of a Double Xuan while retaining the feeling of freedom you get when painting with a single xuan. This paper comes in two size options:

- Third Cut Sheets are 18"x27" approximately
- Full Sheets are 27"x54" approximately

Details: This paper is especially good for flower, bird, and animal paintings.

P08A-12: 12 Cut Sheets \$14 P08: 10 Full Sheets \$32



Two NEW Plum Blossom Lessons

Each of these Plum Blossom lessons focus on different aspects of the Plum Blossom. Simple Plum Blossom (left) focuses more on the trunk of the plum tree and the Plum Blossom Lesson (right) focuses on the buds and blossoms, paying special attention to the color variation in each stroke.



*pictured supplies not included

Simple Plum Blossom

12 Pages, English

Paintings in this lesson booklet provided by Ling Chi Yeh. GLS049: Simple Plum Blossom \$6.95 (free with qualifying orders)

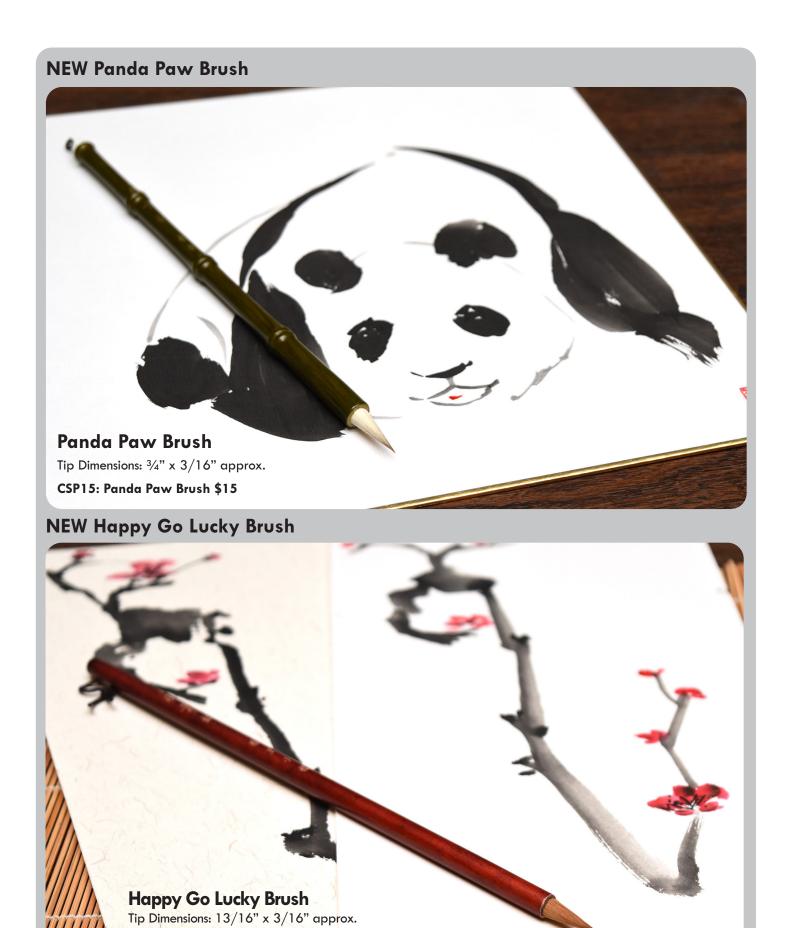


*pictured supplies not included

Plum Blossom Lesson

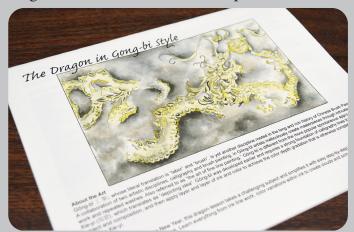
8 Pages, English

Paintings in this lesson booklet provided by Ning Yeh. GLS062: Plum Blossom Lesson \$6.95 (free with qualifying orders)



Year of the Dragon - Chinese Zodiac Cycle

The Year of the Dragon unfolds as a tapestry of profound significance in the Chinese zodiac, weaving threads of strength, good fortune, and a captivating vitality. In traditional Chinese culture, the dragon is associated with the emperor, and the emperor's throne was known as the Dragon Throne.



The Dragon in Gong-Bi Style Lesson

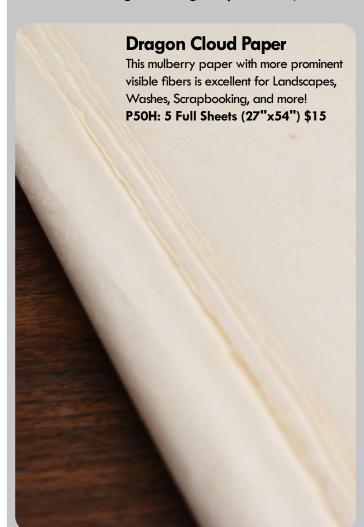
Detailed material list, step-by-step instructions, and a tracing guide. This is an excellent lesson for artists of all levels! WSF0006: The Dragon in Gong-Bi Style Lesson \$8.50

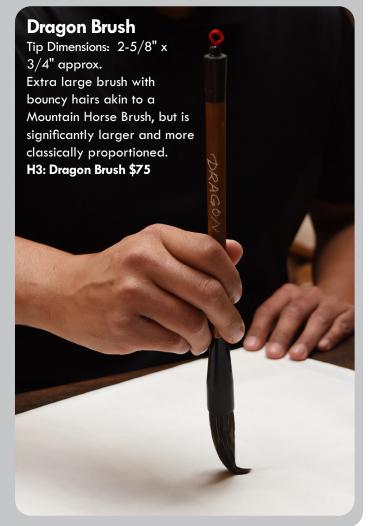


Chinese New Year: The Dragon

This calligraphy lesson includes an introduction, stroke-by-stroke instructions, and the history of the character for "Dragon."

WSC0010: Chinese New Year: The Dragon \$7.50



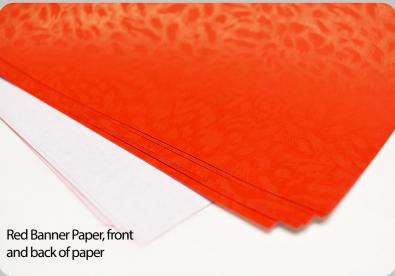


Chinese New Year

The Chinese New Year is a 15-day celebration, culminating in the Lantern Festival. It becomes a kaleidoscope of vibrant hues, echoing with laughter, feasts, and the rhythmic pulse of dragon dances. Amidst this cultural symphony, the color red emerges as a bold brushstroke, filled with the essence of luck, joy, and prosperity. It's the heartbeat of hope, the embrace of tradition, and the whisper of dreams as red lanterns sway and red envelopes exchange hands.

Make your own Hong Bao (Red Envelopes) with our Red Banner Paper and your own papercuttings with our red xuan papers! The art of papercutting can be traced back to the Han Dynasty and they were originally used for religious rituals, decorations, and folk art. Today, papercuttings are primarily window decorations.





Colored Xuan: Red

PO4RDA-9: 9 Cut Sheets (18"x27" approx.) \$15 PO4RD: 5 Full Sheets (27"x54" approx.) \$25

Gold Fleck Xuan: Red

P04GR: 5 Full Sheets (27"x54" approx.) \$25

Red Xuan Paper Duo

If you would like to try both the Colored Xuan: Red and Gold Fleck Xuan: Red, try this paper duo. It includes 6 Cut Sheets of Colored Xuan: Red and 6 Cut Sheets of Gold Fleck Xuan: Red. (18"x27" approx.)

PO4RDGR: Red Xuan Paper Duo \$25

Red Banner Paper

PN01A: 10 Cut Sheets (10 3/8" x 14 1/2") \$5 PN01H: 5 Full Sheets (27"x54" approx.) \$10

OAS Order Form

NAME				
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PHONE ()	EMAIL		
HOW TO PLACE AN ORDER:				

When placing an order be sure to write in your name, address, phone number and email address on the order form. When you have finished writing your order, please total the items including shipping (and tax where applicable). This will help us to serve you more efficiently. Thank you!

PAYMENT METHODS

OAS accepts checks, money orders, Visa, Mastercard, Discover & American Express. Please make checks and money orders payable to OAS and mail to:

Óriental Art Supply P.O. Box 6596 Huntington Beach, CA 92615-6596

 To pay with a credit card, please call 1.800.969.4471, Monday through Friday, 9:00AM - 4:00PM, Pacific Standard Time.

MONEY BACK GUARANTEE

If you are not satisfied with your order, you are entitled to a refund. Returns are accepted on approval within 30 days of purchase. We cannot accept returns on videos, DVDs, seals, signature or sale items. Shipping and handling fees are non-refundable.

For returns, package all materials securely and mail with prepaid postage to:

Oriental Art Supply 21522 Surveyor Circle Huntington Beach, CA 92646

NEW SIMPLE SHIPPING OPTION - OAS CHOICE

In our continuing quest to simplify our online ordering process, we've created a new Default Shipping option for orders submitted via our website. This shipping method is called OAS Choice and shipping is computed according to order amount, according to the following table:

ORDER AMOUNT	SHIPPING COST
\$0 - \$99.99	\$9.95
\$100 - \$199.99	\$14.95
\$200+	FREE

When choosing OAS Choice, actual shipping will be done with a mixture of methods, but most often shipping will be done via USPS Priority Mail or UPS. Shipping time varies between 2-8 business days depending on method and proximity to OAS.

You can still choose your own shipping method if you wish (USPS or UPS). However, this OAS Choice shipping method is a way to reduce your shipping costs by giving OAS the choice to ship the package in the most economical way.

SHIPPING OUTSIDE U.S. AND AIR

Priority and expedited shipping is available on request. All other shipping including priority, expedited, wholesale, shipping to locations outside the continental U.S. are billed at actual costs to OAS, starting at \$9.50.

CALCULATING SHIPPING FOR CHECK PAYMENT

If you prefer to pay by check, please use our website (www.orientalartsupply.com) to calculate your shipping or phone OAS at our toll free number to include enough funds.

GIFT WITH PURCHASE POLICY

If you wish to receive our Gift with Purchase items, submit online the appropriate promo code or mention by phone or mail order to ensure we include it in your order. This helps us avoid duplicate releases or patrons who wish not to receive the offer. One gift lesson per order that qualifies.

If you forget to mention or enter the promo code, you may receive it in your next order by making the request in the fulfillment notes or paying the postage necessary to mail it to you.

NEW UPDATE

Orders that include full sized sheets of paper will incure a \$15 box charge when shipped through the USPS. We recommend choosing OAS Choice or UPS shipping to avoid the charge.

PRODUCTS FEATURED IN THIS NEWSLETTER:

For a more complete order form of core products, see the next page.

Inside this issue

			Qty.	Total
The Free	edom and Power of the Mind page 2			
M001	Book of the Plum by Su-sing Chow	\$15.00		
Double :	Xuan "A" and Two NEW Plum Blossom L	essons	paae 3	
P08A-12	Double Xuan "A" (12 Cut Sheets)		-	
P08	Double Xuan "A" (5 Full Sheets)	\$32.00		
GLS049	Simple Plum Blossom (free w/ qualifying orders)	\$6.95		
GLS062	Plum Blossom Lesson (free w/ qualifying orders)	\$6.95		
Two NE\	N Brushes page 4			
CSP15	Panda Paw Brush	\$15.00		
HSP14	Happy Go Lucky Brush	\$17.00		
Year of t	he Dragon - Chinese Zodiac page 5			
WSF0006	The Dragon in Gong-Bi Style Lesson	\$8.50		
WSC0010	Chinese New Year: The Dragon - Calligraphy Lesson	\$7.50		
P50H	Dragon Cloud Paper (5 Full Sheets)	\$15.00		
H3	Dragon Brush	\$75.00		
Chinese	New Year - Red Papers page 6			
P04RDA-9	Colored Xuan: Red (9 Cut Sheets)	\$15.00		
P04RD	Colored Xuan: Red (5 Full Sheets)	\$25.00		
P04RDGR	Red Xuan Paper Duo	\$25.00		
PN01A	Red Banner Paper (10 Cut Sheets)	\$5.00		
PN01H	Red Banner Paper (5 Full Sheets)	\$10.00		

Total	Your	Order
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Grand Total	\$
Shipping	\$
CA Residents add 7.75% Sales Tax	\$
Subtotal (from both pages)	\$

OAS ships all regular orders through UPS Ground. Shipping and handling is computed according to weight and location.



Red Envelopes (Hong Bao) made out of Red Banner Paper

0	Δς	Cor	e Pi	rod	ucts
				ıvu	utts

P06 P06P

P11 P11X

P14B P14C

P03A

P03C P03M

PAM

P15P

P15

P7

P15-24

LP001

POC

CC01

CC02

CC03

CC04

CC05

CC06

CC07

CC08

CC09

CC10

CS01

CS02

CS03

CS04

W2

W6

INK I02RJ

102

104

108

109

I19A

119

114

PORCELAIN CW30 Lar

CW30A

CW45

CW60

CW50

BR10

BRP-D

M1A

M2

М3

FELT

PB

BP2

ACCESSORIES BR08A Bamb

P03

Pi Paper

Sized Shuen P18H Gla

5 Sheet Rolls 26" x 52"

Mounting Paper

Paper Samplers

Card Making Accessories

CHINESE CHIP COLORS

Yellow (@#)

Indigo (@#)

Red (@ #)

Crimson

Sky Blue

Dark Red

Rouge

WATERCOLORS & SETS

Lemon Yellow

Marie's Watercolor Set \$10.99

12-Piece Ideal Companion \$13.00

Japanese Watercolors \$43.99

Martin's Bleed Proof White 1oz. \$14.99

Shanghai Premium Ink Stick \$20.00

Yellow Mt. Pine Smoke Ink Stick (^) \$15.00

Wu Chu Student Ink 80cc \$5.00 _

DaVinci White (37ml)

WCSK050 Sakura White (30ml)

Suzuri Stone

Ink Stone (^ %)

Best Bottle Ink (#)

Wu Chu Ink 300cc

Large Dish Set (#)

Sm. Flower Plate

Lg. Flower Plate (#)

Lg. Water Bowl (#)

Brush Hanger

Brush Rest

ACBC04 Bamboo Brush Cup

Bamboo Brush Roll with single layer pockets

OAS Mounting Paste

Mounting Applicator

Felt, 24" x 36" grey or white (#) \$8.00

Plastic Flower Plate (1/2) (%)\$10.00 _

Mounting Presser

Plastic Waterbowl

Large Dish

500K Oil Ink Stick (%)

8-Piece Ideal Companion Set \$10.00 _

Burnt Sienna (@)

Vermilion (@#)

100 Sheets 30" x 56"

Glass 5 Sheets, 27"x54"

Colored Patterned/Textured Paper

P16 White Gold Fleck \$
Other Practice & Calligraphy Paper

Practice Roll 12" x 600"

Moon Palace Paper

Mounting Sampler

Chinese Mounting 38"x8'

Chinese Mounting 24"x8'

Western, 5 Shts 26"x40"

Paper Fundamentals

Paint Your Own Cards

P15-24P Chinese Mounting 24"x320'

Thin 10 Sheets 30" x 54" \$45.00

Thin 10 Sheets 26" x 37" \$24.00 _

Shimmer 5 Sheets, 27"x54" \$25.00

Cicada 5 Shts, 521/2" x 25-3/4" \$35.00

Practice Roll 18" x 600" \$12.00 _ Calligraphy Grid 100 Sheets \$7.50 _

Chinese Mounting 39"x320" \$175.00

\$280.00

\$15.00

\$8.00

\$12.00 ___

\$20.00

\$80.00

\$16.00

\$12.00

\$12.00

\$25.00 _

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\$12.95

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\$32.00

\$6.50 _

\$9.00

\$14.00 ___

\$27.00

\$9.95

\$50.00

\$15.00

\$10.95

\$6.95

\$8.95

\$12.00

\$5.00 _

\$12.95 ______

UA	S Core P	roc	lu	CTS
SETS			Qty.	Total
SET02B	Intro Calligraphy Set	\$19.99		
SET02	Calligraphy Set (^)	\$55.00		
SETUA				
	Intro Brush Painting Set			
SETDV601	Orchid & Bamboo Beg. Set (9	6) \$50.00		
BRUSHE				
Brush Se PBSET01	e ts Premium Brush Set	¢70.00		
HCPRE	PRE-Series Intro Brush Set	\$40.00		
Post Hay	d Brushes			
H1C	Happy Dot (#)	\$15.00		
H2E	Orchid Bamboo S (%)			
H2C	Orchid Bamboo M			
H2D	Orchid Bamboo L (#)			
H3	Dragon			
H6F	Spring XL	\$38.00		
	nbination Brushes			
C2M	Mini OAS Flow			
C2C	OAS Flow (^ #)			
C2B	OAS Medium Flow			
C2D	OAS Large Flow (#)			
C2E C8	OAS Super Flow OAS Phoenix	\$40.00 \$90.00		
Quality I		\$90.00		
H1A	Best Detail	\$9.50		
H2A	Idea (@)	\$10.00		
H2B	Big Idea	\$12.00		
C2A	Flower Bird (@)	\$15.00		
	y Brushes	ć10.00		
H1B	Landscape			
H1J H2J	Leaf Vein Mtn. Horse Fine			
H2H	Mtn. Horse Small			
H2G	Mtn. Horse Medium (#)			
H2FL	Mtn. Horse Large			
F3	1.5" Wash Brush			
F1	2.5" Wash Brush (#)	\$13.00		
F5	3" Wash Brush			
F6	4.5" Wash Brush			
C4C	Biff 1 Brush			
C4E	Biff 2 Brush	\$25.00		
	For Pottery	\$5.00		
S2 H2	Basic Soft Basic Hard	,		
	e Brushes	\$5.50		
H1D	Red Bean	\$7.50		
H1F	Red Feather Small	\$9.00		
H1G	Red Feather Large			
S1B	Fine Soft Small			
S1C	Fine Soft Medium	\$10.00		
	PER - RAW			
Single SI P10	huen (formerly Best Shu 10 Sheets, 27" x 54"	en)		
P10P	100 Sheets, 27" x 54"			
	•			
Premiun P27	n Double "Jade Plate" Sh 10 Sheets 27" x 54"			
P27P				
	n Double Shuen	\$300.00		
P27BL	24 Sheets 13.75" x18"	\$28.00		
	Double Shuen 24 Sheets 13.75" x18"	\$24.00		
Dun atta	Chuon			
Practice P03B	Shuen Practice Shuen 48 Sheet			
P03BL	Practice Shuen 48 Sheet			

ALL OFFERS EXPIRE March 30th, 2024 RICE PAPER - WET-ON-WET Ma Paper Qty. Total "Chinese Brush Painting with Ning Yeh" S35.00 "Chinese Brush Painting with Ning Yeh"

	Chinese Brush Painting		
Emmy	Award Winning Best I		y. Total
DV01 I	ntroduction (30 min.)	\$25.00	•
	Orchid (60 min.)		
	Bamboo (90 min.)		
	Panda (30 min.)		
	Camellia (90 min.)		
	Amaryllis (60 min.)		
	eony (90 min.)		
	Horse (60 min.)		
	.andscape Demo (30 min.		
	ignature, Seal &	, ,23.00	
	Mounting (60 min.)	\$15.00	
	-		
	inese Flower Painting 1		
	Introduction (#) (60 min.)		
	Iris (60 min.)		
	Poppy (60 min.)		
	Lotus (60 min.)		
	Begonia (60 min.)		
	Chrysanthemum (60 min.)	\$36.00	
	Night-Blooming (60 min.)		
	Peony (60 min.)		
	Hydrangea (60 min.)		
	, .		
	Cattleya (60 min.)		
	Magnolia (60 min.)		
	Hibiscus (60 min.)		
	Lilac (60 min.)		
	Gladiolus (60 min.)		
	Cymb. Orchid (60 min.)		
	Entire Series 15 DVD Set		
	se Flower Painting 2 - F		
DV301	Pansy (60 min.)		
DV302	Tulip (60 min.)		
DV303	Morning Glory (60 min.)	\$36.00	
DV304	Fuchsia (60 min.)	\$36.00	
DV305	Calla Lily (60 min.)	\$36.00	
DV306	Rose (60 min.)	\$36.00	
DV307-08	Plum 1 & 2 (120 min.)	\$49.99	
DV309	Orchid (60 min.)	\$36.00	
DV310	Bamboo (60 min.)	\$36.00	
DV311-12	Chrysanthemum (90 min.)	\$49.99	
DV313	Cyclamen (60 min.)		
DV314	Dutch Iris (60 min.)		
DV315	Hollyhock (60 min.)		
DV316	Wisteria (60 min.)		
DV317	Sunflower (60 min.)		
DV318-19		\$50.00	
5151615	Additional D		
DV501	Goldfish	\$36.00	
DV502	Panda (Animal Series)		
DV505	Swallow		
DV507	Crane		
DV508	Dragonfly		
DV514	Koi		
DV601	Orchid & Bamboo (%)		
DV601	Chrysanthemum & Plum		
DV602 DV608	Season's Greetings		
DV608 DV614	Marbling		
	=		
	EP-BY-STEP INSTRUCT		
	structional Guide (#)		
	of Chinese Painting		
	B Flowers Set (Books 1-4)		
	lowers Book 1 by Yeh		
	lowers Book 2 by Yeh		
	lowers Book 3 by Yeh		
	lowers Book 4 by Yeh		
	Iscape Lessons by Yeh		
	ers and Birds: Perspective	\$30.00	
	lowers by Yang		
BK11 Draw			
_	nan 1: Flower Vegetable	\$30.00	
BK13 Ling-	nan 2: Insects/Fish/Birds	\$30.00	
BK16 Draw	ring Trees		
	ing Mountains and Water		
	scape in Four Seasons		
	ings of Animals		

BK20 Goldfish and Golden Carp

BK21 Painting Cat & Tiger

\$30.00

\$30.00 _