

personal values

INTEGRITY

Accountability
Commitment
Dependability
Dignity
Honesty
Honor
Mindfulness
Openness
Responsibility
Sincerity
Transparency
Timeliness
Trustworthy
Truth

EMOTION

Acceptance
Calm
Comfort
Compassion
Contentment
Empathy
Grace
Gratitude
Happiness
Hopefulness
Inspiring
Irreverent
Joy
Kindness
Love
Optimism
Passion
Peacefulness
Poise
Respect
Reverence
Satisfaction
Serenity
Welcoming

DEVOTION

Adaptability
Altruism
Balance
Charity
Communication
Community
Connection
Consciousness
Contribution
Courtesy
Equality
Ethical
Fairness
Family
Fidelity
Friendship
Generosity
Giving
Goodness
Harmony
Humility
Loyalty
Maturity
Meaning
Selfless
Sensitivity
Service
Sharing
Spirit
Stewardship
Support
Sustainability
Teamwork
Tolerance
Unity

ACHIEVEMENT

Accomplishment
Capability
Challenge

Competence
Credibility
Determination
Development
Drive
Effectiveness
Empower
Endurance
Excellence
Famous
Greatness
Growth
Hard work
Self-improvement
Influence
Intensity
Leadership
Mastery
Motivation
Performance
Persistence
Potential
Power
Productivity
Professionalism
Prosperity
Recognition
Results-oriented
Risk
Significance
Skill
Skillfulness
Status
Success
Talent
Victory
Wealth
Winning

personal values

CREATIVITY

Creation
Curiosity
Discovery
Exploration
Expressive
Imagination
Innovation
Inquisitive
Intuitive
Openness
Originality
Uniqueness
Wonder

PLEASURE

Amusement
Adventure
Enthusiasm
Experience
Fun
Humor
Playfulness
Recreation
Spontaneous
Surprise

PRESENCE

Alertness
Attentiveness
Awareness
Beauty
Calm
Clear
Concentration
Command
Focus
Purposefulness
Silence
Simplicity
Solitude

INTELLECT

Brilliance
Cleverness
Common sense
Decisiveness
Genius
Insightful
Knowledge
Learning
Logic
Openness
Realistic
Reasoning
Reflective
Thoughtfulness
Understanding
Vision
Wisdom

STRENGTH

Ambition
Assertiveness
Boldness
Confidence
Dedication
Discipline
Ferocious
Fortitude
Persistence
Power
Restraint
Rigor
Self-reliance
Temperance
Toughness
Vigor
Will

FREEDOM

Independence
Individuality

Liberty
Self-determination
Self-sufficiency
Travel

COURAGE

Bravery
Conviction
Fearless
Valor

ORDER

Accuracy
Careful
Certainty
Cleanliness
Consistency
Control
Decisive
Economy
Justice
Lawfulness
Moderation
Organization
Security
Stability
Structure
Thoroughness
Timeliness

HEALTH

Energy
Endurance
Hygiene
Longevity
Meditation
Nutrition
Strength
Sleep
Wellness