

Five Flavors Herbs
Finished Product Specifications/Certificate of Analysis
 344 40th St. Oakland, CA 94609 510-923-0178

Manufactured For: Ami Wellness	
Name of Product: Menstrual Cramp Rescue	Volume: 27,490 mL
FFH Batch#: <u>AWPC-070120</u>	LOT#: <u>0720</u>
Manufacture Date: <u>7/20/20</u>	Retest Date: <u>7/20/23</u>
FPS Version#: 1	Effective Date: 07/20

Property	Specification	Test Result	Measurement	Pass/Fail
Density	0.96-0.99 g/mL	0.976 @ 20.4°C	Examine	(pass) fail
Color	Brown (Red)	conforms	Examine	(pass) fail
Consistency	Thin Liquid	conforms	Examine	(pass) fail
Taste	Sweet, Bitter, Aromatic	conforms	Examine	(pass) fail
Odor	Mildly Aromatic, Clary Sage Notes	conforms	Examine	(pass) fail
Clarity	Transparent	conforms	Examine	(pass) fail
Aerobic Plate Count	<10,000 cfu/mL	<10 cfu/mL	USP <2021>, <2022>, <62>	(pass) fail
Total Yeast and Mold	<1,000 cfu/mL	<10 cfu/mL		(pass) fail
P. aeruginosa	Absent	absent		(pass) fail
Salmonella	Absent	absent		(pass) fail
E. Coll	Absent	absent		(pass) fail
S. Aureus	Absent	absent		(pass) fail
Arsenic	<1.667µg/mL (6mL daily dose)	<0.001 µg/mL	ICP-MS USP <730>	(pass) fail
Cadmium	<0.684µg/mL (6mL daily dose)	<0.001 µg/mL		(pass) fail
Lead	<0.0834µg/mL (6mL daily dose)	<0.001 µg/mL		(pass) fail
Mercury	<0.334µg/mL (6mL daily dose)	0.014 µg/mL		(pass) fail
<i>Ingredients Listed on Label (Include specified quality standards)</i>	Presence (✓)/ Absence (X)	Examine MMR/BPR Process Log entries.		
OG Viburnum opulus bark	✓		(pass) fail	
OG Paeonia lactiflora root	✓		(pass) fail	
Ligusticum chuanxiong rhizome	✓		(pass) fail	
Dioscorea villosa root	✓		(pass) fail	
OG Fresh Eschscholzia californica whole plant	✓		(pass) fail	
OG Angelica sinensis root	✓		(pass) fail	
OG Cimicifuga racemosa root	✓		(pass) fail	
OG Fresh Zingiber officinale rhizome	✓		(pass) fail	
OG Leonorus cardiaca aerial parts	✓		(pass) fail	
Clary Sage Essential Oil	✓		(pass) fail	
Sugar Cane/Grain Ethanol	✓		(pass) fail	
Distilled Water	✓		(pass) fail	
OG Maple Syrup Grade A	✓		(pass) fail	
None	none		(pass) fail	

COT#: Micro: 200455-01

Contaminate: 200455-01

Five Flavors Herbs
Finished Product Specifications/Quarantine Release Form
 344 40th St. Oakland, CA 94609 510-923-0178

Name of Product: <i>Ami Wellness Menstrual Cramp Rescue</i>		Size: <i>1oz.</i>	
Manufacture Date: <i>8/06/20</i>		Retest Date: <i>7/20/23</i>	
FFH Batch#: <i>AWPC-070120</i>		LOT#: <i>0720</i>	
Number of Units: <i>603</i>		FPS Version#: <i>1</i>	Effective Date: <i>08/20</i>

Label	Current Revision	Results	Method	Pass/Fail	
Bottle	1oz. Frosted Clear Boston	<i>conforms</i>	Examine	<i>(pass)</i> fail	
Closure	1oz. White Dropper	<i>conforms</i>	Examine	<i>(pass)</i> fail	
Contents	Liquid- Menstrual Cramp Rescue	<i>conforms</i>	Examine	<i>(pass)</i> fail	
Fill	>/= 1 fl. oz. (30mL)	<i>7/1 fl. oz.</i>	Examine MMR/BLR	<i>(pass)</i> fail	
Density	0.96- 0.99 g/mL	<i>0.976 @ 20.4°C</i>	Measurement	<i>(pass)</i> fail	
Is density => mg per serving	=/>	<i>>1920mg/2 mL</i>	Examine Label	<i>(pass)</i> fail	
Color	Consistency	Taste	Odor	Clarity	
	Brown (Red)	Thin Liquid	Sweet, Bitter, Aromatic	Mildly Aromatic, Clary Sage Notes	Transparent
	<i>conforms</i>	<i>conforms</i>	<i>conforms</i>	<i>conforms</i>	<i>conforms</i>
	Examine	Examine	Examine	Examine	Examine
	<i>(pass)</i> fail	<i>(pass)</i> fail	<i>(pass)</i> fail	<i>(pass)</i> fail	<i>(pass)</i> fail
Label Claims		Results	Method	Pass/Fail	
All stated ingredients appearing on label are present and listed from greatest to least.		<i>conforms</i>	Examine MMR/BPR	<i>(pass)</i> fail	
Organic Claims- Verify organic ingredients presence		<i>conforms</i>	Examine MMR/BPR	<i>(pass)</i> fail	
Fresh Extracted Claims- Verify fresh extract ingredients presence		<i>conforms</i>	Examine MMR/BPR	<i>(pass)</i> fail	
None		<i>none</i>	Examine Label	<i>(pass)</i> fail	

Retention Sample and Label Retention

Quantity: 1 Weight/Volume: 30 UOM mL Location: FPRS
 Make of container: 1oz. ABR with lid
 Retain a copy of the label used for product labeling on the reverse side of this document.

Additional Notes/Information:
