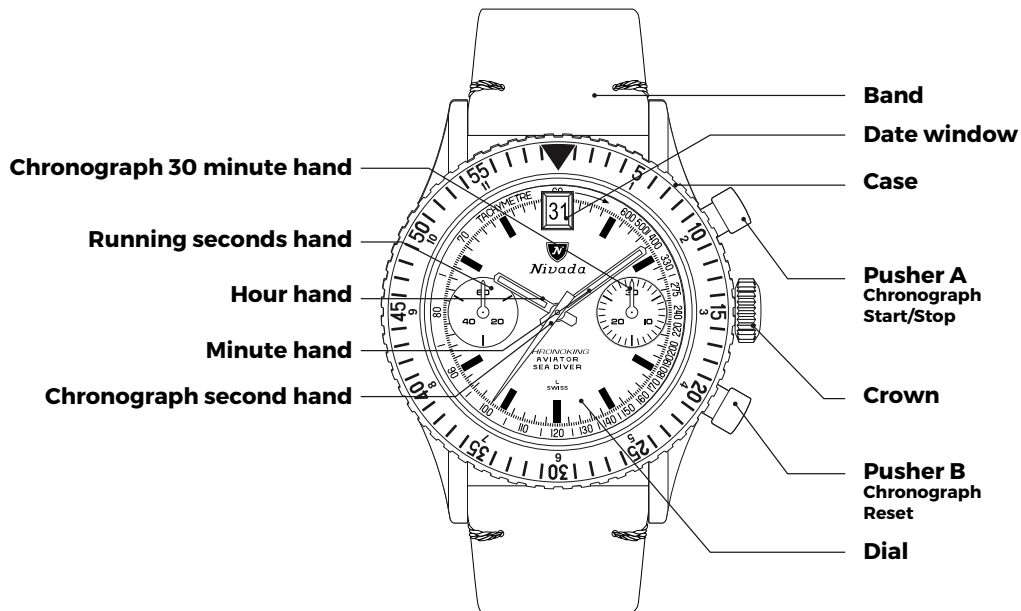


CHRONOKING

MANUAL WINDING

INSTRUCTION MANUAL

CHRONOKING MANUAL Watch parts



CHRONOKING MANUAL Crown Position



1 Normal crown position

2 Setting the date

3 Setting the time

CHRONOKING MANUAL Manual winding



1 Manual winding

Turn the crown clockwise. As you're winding your watch, you will feel a slight resistance which increases as the tension mounts.

Depending on the size of the watch, 20 to 30 forward turns should lead to resistance

★ *Purely manually wound movements require winding at regular intervals, normally on a daily basis, to keep operating. Take care to stop winding this type of movement at the first sign of resistance as damage may result from over winding.*

CHRONOKING MANUAL Setting the date



1. Pull the crown out to the **2** position.

2. Turn the crown clockwise for date setting.

★ Do not set the date between 9 PM and 3 AM, otherwise the day may not change properly.

3. Push the crown back into the normal **1** position.

CHRONOKING MANUAL Setting the time

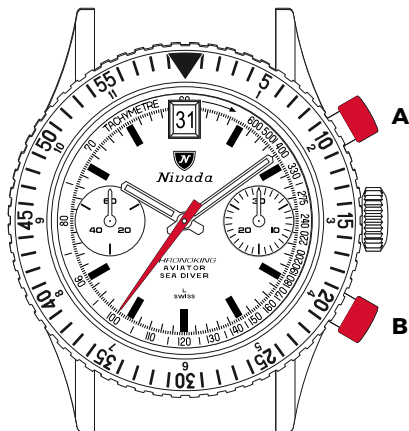


1. Pull the crown twice out to the **3** position.

2. Turn the crown to set minute and hour hands.

3. Push the crown back into the normal **1** position.

CHRONOKING MANUAL Using the chronograph



**THIS MODEL CHRONOGRAPH FEATURES
STOPWATCH THAT CAN MEASURE UP TO 60 MINUTES.**

- 1. To start the chronograph: Press the upper pusher A**
The chronograph hands will begin to move.
- 2. To stop the chronograph: Press the upper pusher A again.**
The chronograph hands will stop and indicate the elapsed time.
(Read the elapsed seconds on the large central hand and minutes on the sub-dial in the 9 o'clock position).
- 3. To reset the chronograph: Press the lower pusher B to reset the chronograph.**
All the chronograph hands will be reset to "0" position.

*Nivada
Grenchen*