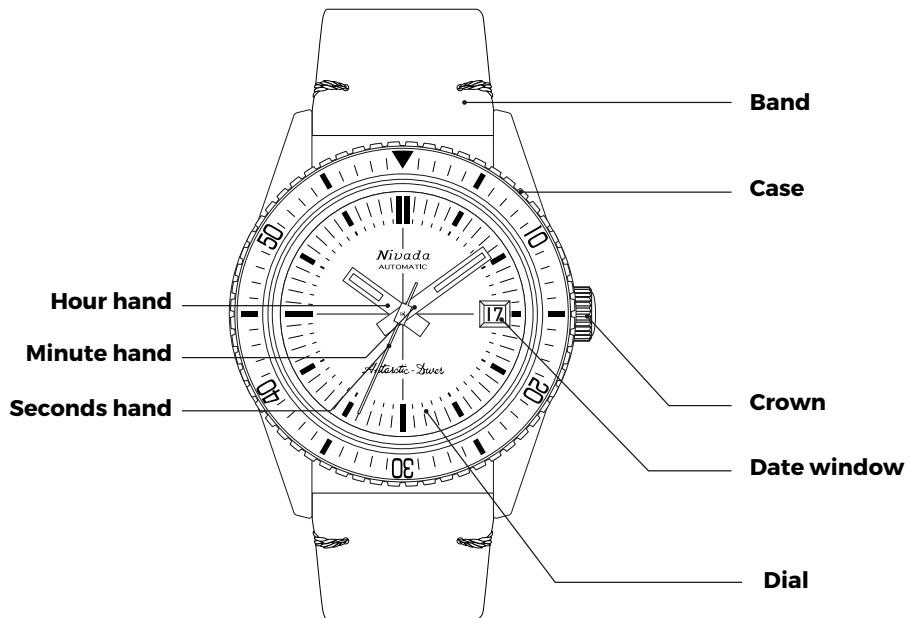


ANTARCTIC DIVER

AUTOMATIC

INSTRUCTION MANUAL

ANTARCTIC DIVER AUTOMATIC Watch parts



ANTARCTIC DIVER AUTOMATIC Crown Position



1 Manual winding

2 Setting the date

3 Setting the time

ANTARCTIC DIVER AUTOMATIC Manual winding



1 Manual winding

To manually wind the movement twist the crown clockwise approximately 8-9 times and keep wearing .

★ *This an automatic winding movement. with daily wear the movement will wind itself and will not require manual winding. but it is not worn for a certain amount of time, its power reserve (in this model, 38 hours) is exhausted, and the watch stops.*

ANTARCTIC DIVER AUTOMATIC Setting the date



1. **1** Crown out to the **2** position

2. Turn the crown counterclockwise for date setting.

★ Do not set the date between 9 PM and 3 AM, otherwise the day may not change properly.

3. Push back to **1** position

ANTARCTIC DIVER AUTOMATIC Setting the time



1. **1** Crown out to the **3** position
2. Turn the crown to set minute and hour hands
3. Push back to **1** position

*Nivada
Grenchen*