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What's included:

Each Supertub order comes with three kits: the Supertub Kit, the Permafrost™ Chiller Kit, and the Water Balancing Kit. Here's what you'll find in each box.

Supertub Kit



Permafrost[™] Chiller Kit





Water Balancing Kit

- Sanitizer
- Oxidizer
- pH Up
- pH Down
- Test Strips
- Measuring cup
- Measuring spoon



Specifications

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Supertub

Material Military-grade marine vinyl

Volume 61 gallons (230 liters)

Dimensions 52x28x24" (132x71x61cm)

Weight 21lbs (9.5kg) *

0.6 Permafrost[™] chiller

Cooling capacity 0.6 horsepower

Temperature range 37-108°F (3-42°C)

Dimensions 17x11x19" (43x30x48cm)

Weight 68lbs (31kg)

Water resistance rating IPX4



0.8 Permafrost[™] chiller

Cooling capacity 0.8 horsepower

Temperature range 37-108°F (3-42°C)

Dimensions 19x14x21" (48x36x53cm)

Weight 82lbs (37kg)

Water resistance rating IPX4



Water purification system

15-micron water filter

Commercial-grade ozone generator

Getting started

Setting up your Supertub



Visit hydragun.com/pages/supertub-setup-maintenance for step-by-step instructions on how to:

- 1 Set up and inflate your Supertub;
- 2 Fill and chill the water;
- 3 Balance the water; and
- 4 Take care of your Supertub after use



Need help? Reach us any time at **support@hydragun.com**—we'll respond by email within 1-2 business days, or get in touch to set up a video call for more complex inquiries.

Operating your Supertub



See the following sections for more details on how to operate your Supertub and how to navigate the UI.

Via the Permafrost[™] chiller display

1 Temperature display

Displays the current temperature of the water in Celsius or Fahrenheit. To switch between Celsius and Fahrenheit, press the "Settings" icon on the bottom left of the main display interface, and toggle the °C or °F icon at the top right of the settings interface.

2 Temperature slider

Set your desired water temperature by tapping the \oplus and \bigcirc icons, or dragging the temperature slider to the right or left.



3 Switch icon

Tap to turn on or switch off the water flow between the chiller and the Supertub.

To turn on water flow between the chiller and the Supertub, you will need to both turn on the power switch at the back of the chiller, and tap the Switch icon.

> It is possible to set your chiller to auto-power mode, which turns on water flow once the power switch at the back of the chiller is switched on. To turn on auto-power mode, press the "Settings" icon on the bottom left of the main display interface, and toggle the "Power on" icon at the top left of the settings interface.

However, we do not recommend turning on auto-power mode, as that increases the likelihood of user errors such as accidentally turning on the water flow when there is not enough water in the chiller or when the water valves are closed, which may cause damage to the chiller.



4 Fault warning icon

Appears if there is an issue with your Permafrost™ chiller. If the Fault Warning icon appears, tap it to view more information. The error message should include steps to troubleshoot the issue.

If you are unable to fix the issue on your own, contact Customer Support (support@hydragun.com) for help.

5 Water flow icon

Displays the rate of water flow between the chiller and the Supertub. If the water flow rate falls below 13 liters per minute, you may need to change the water filter. Refer to "Caring for your Supertub" below for instructions on how to do this.

6 Room temperature icon

Displays the ambient air temperature.



7 Cooling, heating, and defrosting icons

Display the mode the chiller is currently operating in.

Cooling mode: When the set temperature is lower than the current water temperature. Your Permafrost[™] chiller will usually be operating in this mode.

Heating mode: When the set temperature is higher than the current water temperature.

Defrosting mode: When the set temperature is higher than the current water temperature, and ambient temperature is lower than $50^{\circ}F$ ($10^{\circ}C$).



8 Ozone icon

Lights up (icon in color) when the ozone generator is in operation, and turns off (icon in greyscale) when the ozone generator is not in operation.

The ozone generator produces ozone in the water to break down pollutants, microbes, and mold.

It generates ozone in cycles of your desired duration (we recommend around 3 minutes), followed by 15 minutes of rest.



To set your desired ozone cycle duration, press the "Settings" icon on the bottom left of the main display interface.

Then drag the "Ozone time" slider to your desired duration, from 0 to 5 minutes.



9 Wi-Fi icon

Tap to turn Wi-Fi on and off, to connect your Permafrost[™] chiller to the Tuya Smart app. Refer to "Via the Tuya Smart app" below for instructions on how to use the Tuya Smart app to control the chiller remotely.

10 Locking icon

Long press to lock or unlock the display screen.



To set your desired screen lock duration, press the "Settings" icon on the bottom left of the main display interface.

Then drag the "Screen lock" slider to your desired duration, from 0 to 5 minutes.



11 Settings icon

Tap to enter the settings interface, where you can adjust settings such as screen brightness, touch screen sounds, etc.

- 1 Ozone time
- 2 Screen brightness
- 3 Screen sleep
- 4 Screen lock
 - 5 Return
 - 6 Wifi
 - 7 Help
 - 8 Temperature switching
 - 9 Touch screen prompt sound
 - 10 Auto power





Via the Tuya Smart app

As an optional feature, you can control your Permafrost[™] chiller from your phone using the Tuya Smart app. To install and use the app, follow the instructions below.

Installing the Tuya Smart app

- 1 Download and install the Tuya Smart app by Tuya Inc. via the iOS App Store or Google Playstore on your phone.
- 2 Connect your phone to your local Wi-Fi network. (If your local Wi-Fi network has both 2.4G and 5G networks, connect to the 2.4G network)
- 3 Next, connect your Permafrost™ chiller to the same local Wi-Fi network. Tap the settings icon to enter the settings interface. Then press and hold the Wi-Fi icon at the bottom right of the screen until it starts blinking.



4 Tap the red at the top right of the screen and select "Add device".

You should see "Permafrost™ Chiller" in the list of devices. Tap the "Add device" button to begin downloading the Permafrost™ chiller's mobile UI to the Tuya Smart app.

When the download completes, tap the red Done button to be taken to the Permafrost[™] chiller's mobile UI, which you can use to remotely operate your Supertub.

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After the initial set-up, your phone no longer needs to be connected to the same Wi-Fi network as the chiller in order to operate it remotely. You can use the Tuya Smart app to operate your Supertub while your phone is connected to any Wi-Fi or mobile data network.



Using the Tuya Smart app

See the following section for more details on navigating the Tuya Smart app UI.

1 Temperature display

Displays the current temperature of the water in Celsius or Fahrenheit.

2 Temperature slider

Set your desired water temperature by tapping the \oplus and \bigcirc icons, or dragging the temperature slider to the right or left.



3 Ozone slider

The ozone generator produces ozone in the water to break down pollutants, microbes, and mold. It generates ozone in cycles of your desired duration, followed by 15 minutes of rest. (We recommend cycles of 3 minutes, which is the default setting.)

To set your desired ozone cycle duration, drag the "Ozone time" slider to your desired duration, from 0 to 5 minutes.

4 Water switch and water flow indicators

Water Switch: The two water switches detect the rate of water flow between the Supertub and the chiller; both switches should be on whenever the chiller is in operation.

Water Flow: Displays the current rate of water flow between the Supertub and the chiller. If the water flow rate is less than 13L/min, you may need to change the water filter or clean the water strainer. Refer to "Caring for your Supertub" below for instructions on how to do this.



5 Auto-power mode icon

To turn on water flow between the chiller and the Supertub, you need to turn on the power switch at the back of the chiller, as well as tap the "Switch" icon on the bottom right of the app display interface.

It is possible to set your chiller to auto-power mode, which turns on water flow once the power switch at the back of the chiller is switched on, by toggling on the "Power" icon on the left of the app display interface.

However, we do not recommend turning on auto-power mode, as that increases the likelihood of user errors such as accidentally turning on the water flow when there is not enough water in the chiller or when the water valves are closed, which may cause damage to the chiller.

6 Touch screen sound icon

Tap to turn touch screen sounds on or off.



7 Temperature units icon Tap to switch between Celsius and Fahrenheit.

8 Lock screen icon

Tap to remotely lock or unlock the chiller display screen.

9 Switch icon

Tap to turn water flow between the chiller and the Supertub on or off.

10 Switch timer

We recommend keeping your Permafrost chiller[™] on at all times. However, if you do not wish to keep the chiller on at all times, you may use the switch timer function to turn the chiller on or off automatically at your preferred schedule.

Tips for beginners



Start slow

- We recommend starting at a higher temperature (e.g. 50°F (10°C)), and gradually lowering the temperature over several sessions as your body gets used to the cold.
- The water should feel uncomfortably but not painfully cold in each session. We also recommend starting with less frequent sessions (e.g. 2-4 times a week) and gradually increasing them as you become comfortable with the routine.
- Finally, we recommend starting with shorter sessions (e.g. 1-2 minutes) and increasing to up to 5 minutes as you become comfortable.
 - While using the Supertub, pay attention to how your body is responding to each session, and make sure you are using the right temperature settings and session durations for you. If you feel any unexpected pain or discomfort during a session, stop use immediately and consult your physician.



2 Breathe

Focus on taking slow, deep breaths. Your body might react to the cold with short, shallow breaths, so it's important to slow down and focus on your breathing.



3 Warm back up naturally

After you exit the Supertub, dry off with a towel and let your body warm back up naturally to experience the full benefits of cold water immersion therapy.

When to use your Supertub

Use your Supertub for a maximum of one time daily to:



Boost physical recovery after high-intensity exercise



Increase energy and focus for many hours after use



Build mental fortitude and grit



Enhance your mood



Speed up metabolism

Caring for your Supertub



Maintenance

Visit hydragun.com/pages/supertub-setup-maintenance for step-by-step instructions on how to:

- 1 Check the water balance (every week)
- 2 Check the water flow rate and change the filter or clean the water strainer if required (every week)
- 3 Change the water (every month)
- 4 Descale the Permafrost[™] chiller (every 3-6 months)
- 5 Clean the Permafrost[™] chiller (every 3-6 months)

Takedown and storage

Visit hydragun.com/pages/supertub-setup-maintenance for step-by-step instructions on how to:

1 Drain your Supertub

2 Disassemble your Supertub



Need help? Reach us any time at **support@hydragun.com**—we'll respond by email within 1-2 business days, or get in touch to set up a video call for more complex inquiries.

O Safety first

Be sure to adhere to the following safety directions:

- Inspect the Supertub, the remote control, and the power cables for damage or fraying before use. Do not use the Supertub if the power cable is frayed or broken.
- 2 Do not use the Supertub and Permafrost[™] chiller within five feet of other electrical products.
- 3 Do not handle the power plug on the Permafrost[™] chiller with wet hands.
- 4 Do not submerge the Permafrost[™] chiller or expose it to sustained direct water spray.

5 Do not leave the Supertub in ambient temperatures below 32°F (0°C) or above 113°F (45°C).

In very hot weather, we recommend moving your Supertub to a sheltered area where it is out of direct sunlight.

In very cold weather, we recommend moving your Supertub indoors, or emptying the tub and chiller and making sure they are completely dry.

As an added safety feature, the Supertub will not operate in ambient temperatures below $32^{\circ}F(0^{\circ}C)$ or above $113^{\circ}F(45^{\circ}C)$. At these temperatures, water flow from the tub to the chiller will not turn on even if the "switch" icon is pressed.

If any of the following conditions apply to you, please consult your physician before using the Supertub:

6 Keep children away from the Supertub.

Medical conditions, especially cardiovascular and neurological

7 Do not use the Supertub while under the influence of alcohol, drugs, or medications.

8 While using the Supertub, pay attention to how your body is responding to each session, and make sure you are using the right temperature settings for you. If you feel any unexpected pain or discomfort during a session, stop use immediately and consult your physician. Old age

Loss of sense of temperature or other sensory disorders or impairments

Pregnancy

HYDRAGUN will not be responsible for any injury or damage to property which may result from a failure to follow these safety guidelines.

Take your Supertub experience to the next level

Try these best-selling HYDRAGUN products for recovery, relaxation, and pain relief:



The Hydragun

Recommended by Forbes, GQ, TechRadar and many more, the Hydragun is a powerful, whisper-quiet massage gun that uses percussive therapy to knead away tight knots and aches on targeted muscles.

Visit hydragun.com to learn more.



The HeatPod

Recommended by Prevention, Real Simple, Rolling Stone, and many more, the HeatPod is an infrared sauna blanket that allows you to experience the benefits of sauna from the comfort of your home.

Enjoy wide-ranging benefits including:

- · heart, metabolic, and skin health benefits,
- cognitive and mental health benefits,
- anti-aging and longevity benefits,
- improvements in athletic performance and recovery,
- natural pain relief,

and many more.

All HYDRAGUN devices come with a free 30-day love-it-or-return it guarantee and an automatically registered 1.5-year international warranty.

Get in touch



Questions and support

Have a question about the Supertub or any other HYDRAGUN product? Visit our Help Desk at support.hydragun.com or contact us at **support@hydragun.com**.



Share your story

We have heard many incredible stories of recovery and we'd love to hear yours too. Your story will help inspire others as well. You can reach our team at **stories@hydragun.com**.

We read every email.









